

DIGITAL MEDIA KIT

# BLOOD ORPHAN

DR. ASHLEY S. GLOSSON

A MEMOIR OF SURVIVAL,  
FAITH, AND RESILIENCE

*One little girl. One violent home.  
One lifelong fight to reclaim her voice.*





# ABOUT THE AUTHOR

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## DR. ASHLEY S. GLOSSON

**Dr. Ashley S. Glosson** is an infectious diseases scientist, global health expert, and memoirist whose work explores the intersection of resilience, trauma, faith, and healing.

An alumna of Northeastern University, New York Medical College, and A.T. Still University, Dr. Glosson is passionate about advancing women's health and advocating for survivors of abuse. Through both science and storytelling, she examines how adversity shapes the human experience while demonstrating that recovery, purpose, and hope remain possible.

Outside her professional work, she enjoys traveling, hiking, playing the violin, and writing poetry.

# ABOUT THE BOOK

## BLOOD ORPHAN

SOME CHILDREN GROW UP AFRAID OF THE DARK. ASHLEY GREW UP AFRAID OF WHAT WAITED ON THE OTHER SIDE OF HER BEDROOM DOOR.

In ***Blood Orphan***, Dr. Ashley S. Glosson shares the true story of growing up in a home ruled by fear, violence, and secrecy before embarking on a lifelong journey toward healing. With honesty and remarkable vulnerability, she reveals the lasting impact of childhood trauma while showing how faith, resilience, and determination helped her reclaim her life.

More than a memoir about abuse, ***Blood Orphan*** is a story about survival, healing, and breaking free from the cycles designed to destroy us. It reminds readers that while our past may shape us, it does not have to define us.



## READERS WHO WILL CONNECT WITH THIS BOOK



Survivors of  
childhood  
abuse



Victim  
advocates



Mental  
health  
professionals



Faith-based  
readers



Readers of  
trauma  
recovery



Memoir  
readers  
seeking hope

## COMPARABLE TITLES

*Know My Name* by Chanel Miller

*Educated* by Tara Westover

*The Glass Castle* by Jeannette Walls

*I know Why the Caged Bird Sings* by Maya Angelou



# KEY FACTS



## BOOK BLURB

In *Blood Orphan*, infectious diseases scientist and global health expert Dr. Ashley S. Glosson shares the remarkable true story of surviving a childhood marked by violence, secrecy, and abuse before forging a life defined by education, faith, and resilience. With unflinching honesty, she explores the lasting impact of trauma while offering a powerful message of hope for survivors and those who support them.

Blending deeply personal memoir with themes of healing, perseverance, and breaking generational cycles, *Blood Orphan* is an inspiring story that resonates with readers of transformational memoirs and true stories of overcoming adversity.

***“OUR PAST MAY SHAPE US, BUT IT  
DOES NOT HAVE TO DEFINE US.”***

## BOOK INFO

**Book Title:** Blood Orphan

**Author Name:** Dr. Ashley S. Glosson

**Genre:** Memoir

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**Publication Date:** March 17, 2026

**Formats Available:** Hardcover, Paperback, eBook

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**Page Count:** 340 pages

**Hardcover ISBN:** 979-8256303495

**Paperback ISBN:** 979-8279693924



# CONVERSATION STARTERS

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## BOOK Q&A

### **Why did you decide to tell your story now?**

For many years, I carried my experiences in silence, but I began noticing how many people around us are silent survivors of trauma. I realized my story could help others understand they are not alone. My hope is that readers walk away knowing that what happened to them is not their shame to carry and that, with the right support, healing is possible.

### **What do you hope readers remember long after they finish *Blood Orphan*?**

More than anything, I want readers to remember that they are worthy human beings and are not broken despite the inhumanity and brokenness of their abusers. Healing after extreme trauma is possible through self-belief, self-love, and faith. Our past may shape us, but it does not have to define who we become.

### **Why is this story especially relevant today?**

Abuse is a topic our society has avoided for far too long, even though it affects countless lives. As more stories of child abuse and gender-based violence make headlines, I believe we need to become more comfortable having these difficult conversations. The more we remove the shame from victims and place accountability where it belongs, the better equipped we are to help survivors heal.

## DISCUSSION PROMPTS

- What moments in *Blood Orphan* best show the difference between surviving and healing?
- Ashley writes that "what happened to you is not your shame to carry." How does this idea challenge common beliefs about trauma and victimhood?
- Faith plays an important role in Ashley's journey. How did it influence her resilience and recovery throughout the memoir?
- Ashley believes society needs to become more comfortable discussing child abuse and gender-based violence. Why do you think these conversations remain difficult, and what can communities do differently?
- After reading *Blood Orphan*, what is one lesson or perspective you will carry into your own life or relationships?



# INTERVIEW QUESTIONS

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## **What inspired you to write *Blood Orphan*?**

I wrote *Blood Orphan* for survivors of abuse. I wanted to share my story to let them know that healing is possible and that their dreams are still possible. As I looked around, I realized how many people are silent survivors of trauma, and I wanted them to know they are not alone and that what happened to them is not their shame to carry.

## **What is the biggest misconception people have about abuse survivors?**

One of the biggest misconceptions is that victims are somehow responsible for what happened to them or that they should carry the shame. I believe we need to shift that shame where it belongs, to the perpetrators of abuse. The more we are willing to have honest conversations about abuse, the more we can help survivors heal.

## **What do you hope readers remember long after they finish the book?**

I hope readers remember that they are worthy human beings and not broken despite the inhumanity and brokenness of their abusers. Healing after extreme trauma is possible through self-belief, self-love, and faith. Our pasts may shape us, but they do not have to define who we become.

## **Why is this story especially relevant today?**

Abuse is a very poignant topic in today's society. Child abuse, female gender-based violence, and sexual exploitation continue to dominate headlines, and these conversations can no longer remain taboo. I hope *Blood Orphan* encourages greater accountability for abusers while helping society build stronger support systems for victims.

## **How did writing *Blood Orphan* change you?**

Writing this book helped me realize the holistic impact abuse has on both personal and physical well-being. It reinforced my belief that recovery requires a multifaceted, whole-health approach and acknowledgement of the lasting effects of trauma. The greatest challenge was allowing myself to be vulnerable after spending so many years believing that hiding was the safest way to survive.

## **If someone finishes *Blood Orphan* today, what do you hope they do next?**

For victims, I hope they seek social support and recovery resources and begin their healing journey. For everyone else, I hope they learn how to support survivors in healthy, compassionate ways. Ultimately, I want this book to inspire conversations that remove shame from victims, hold abusers accountable, and remind people that healing is possible.



A MESSAGE FROM  
**ASHLEY**

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*"I want you to know this..."*

What happened to you is not your identity.  
Our pasts may shape us, but they do not have to  
define us.

**Healing is possible.**

**Peace is possible.**

**Joy is possible.**

Even after unimaginable hardship, it is still  
possible to build a beautiful life.

*"If my story helps even one person feel less alone,  
then every difficult page was worth writing."*

— Ashley S. Glosson



# CONTACT INFO

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