



PEMF INFORMED CONSENT FORM

Name: _____

Address: _____

City: _____ State: _____ ZIP _____

Email: _____ Phone: _____

Magnetic therapies can alter circulation, stimulate cell and tissue repair, stimulate nerve cells, cause relaxation, affect blood pressure and heart rate, alter the absorption of medications and nutrients, affect acupuncture energy movement, stimulate vision changes, among many other actions. So, overreactions by the body, perceived or measurable, do happen.

Sudden increases in circulation, especially in ischemic tissues (areas with restricted or reduced blood flow) may lead to uncomfortable increases in circulation for a short time after the magnetic field has been applied. These sudden improvements in circulation may also lead to aggravations of existing extensive or severe inflammatory processes, typically in the skin. Aggravation of hives is likewise possible and should be considered before starting treatment.

When nerve cells are suddenly stimulated, pain may be temporarily aggravated due to the increased signal traffic in the nerve and/or improved circulation to the nerve/s.

Magnetic therapies commonly lower blood pressure and decrease heart rate, actions that are almost always positive. These actions can pose a concern for individuals who are elderly, on medication with blood-pressure-lowering actions, are frail, have labile or easily altered blood pressures, have been on extensive bed rest, are in shock or have overwhelming systemic infection, or who have non-brisk, compensatory vascular reflexes. Please let your provider know if you are concerned with this, as they will want to allow adequate time for you to get up from treatment to avoid fainting or light-headedness. Usually, these reactions settle down as magnetic therapy continues and stabilizes body functions.

Possible reactions include: increased fatigue, aggravations of sleep, increased pain, vague weakness or loss of energy, metallic tastes, dizziness, “brain fog”, thirst, increased urination, warmth, cold sensations, prickly sensations in the skin, colors in the visual fields, heaviness of the extremities and palpitations.

If the adverse reactions are intolerable, we can lessen them by making some small changes to your protocols, include lowering intensity, decreasing treatment times, and limiting the amount of the body that is being treated. Reactions tend to diminish relatively quickly with continued treatment.

You are encouraged to discuss your concerns with your provider and discontinue treatments if you wish.

PEMF therapy is not recommended if:

- You have any metal implants or implanted electronic devices including pacemaker, defibrillator, cochlear hearing device, etc.
- You are pregnant.
- You are actively bleeding.

If you experience any natural reactions such as nausea, headache, fatigue or any uncomfortable sensations, let your PEMF practitioner know right away.

- I hereby state that I am at least 18 years of age.
- I have read the above information in its entirety and hereby request Wild Roots Awakening to provide Pulsed Electromagnetic Field Therapy (PEMF Therapy).
- I hereby release Wild Roots Awakening against any and all liability or claims arising out of, or related to, my use of the PEMF Therapy.

NAME: _____ Date: _____

SIGNATURE: _____