Refreshing Times Counseling Center – Intake Form

**Name of client** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Age** \_\_\_\_\_\_\_ **Sex** \_\_\_\_\_\_\_\_\_\_\_

**Date of Birth** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Drivers License Number** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Vocation** (job) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Marital Status** (check one) \_\_\_**Single \_\_\_Engaged \_\_\_Married (\_\_\_\_ mos/yrs)**

**\_\_\_Separated (\_\_\_\_mos/yrs) \_\_\_Divorced (\_\_\_\_mos/yrs) \_\_\_Widowed (\_\_\_\_mos/yrs)**

**Tenure of previous marriages:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Spouse’s Name** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Age** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date of birth** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Driver’s license number** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Spouse Vocation** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Address** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**City** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **State** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Zip** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Home phone** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Cell phone** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Emergency contact** (name/number) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Email address** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Names and ages of your children**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Which number is the best to contact/leave messages for you?** (circle one) Home Cell

**1. Why are you seeking counseling?** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**2. What would you like to see different in your life when your counseling is completed?**

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**3. Have you received counseling in the past?** Yes \_\_\_\_\_\_\_ No \_\_\_\_\_\_\_  
 **What type? Professional (Medical) \_\_\_\_\_\_ Pastoral \_\_\_\_\_\_ Group \_\_\_\_\_\_**

**How long did you receive help?** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**What was the purpose of your counseling?**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**4. Are you committed to submit fully to all counseling and instruction you receive?** \_\_\_\_\_\_\_

**5. Will anyone else be joining you during your sessions?** Yes \_\_\_\_\_ No \_\_\_\_\_

**Name and relation (if yes)**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**6. Do you currently or have you ever had a life-threatening illness? Yes No** (if yes, explain) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Have you been given a life expectancy?** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**7. If you are married and seeking counseling together have either parties filed for a divorce?** Yes \_\_\_\_\_\_\_ No \_\_\_\_\_\_\_

**8. If you are married and seeking counseling together do you still live together?**

Yes \_\_\_\_\_\_\_ No \_\_\_\_\_\_\_

**9. If you are seeking marriage counseling on your own, do you think your spouse is open to attending with you at a later date?** Yes \_\_\_\_\_\_ No \_\_\_\_\_\_

**10. Have you ever struggled with any of the following issues?** (check all that apply)

\_\_\_\_\_ Worry \_\_\_\_\_ Suicide \_\_\_\_\_ Rejection

\_\_\_\_\_ Unforgiveness \_\_\_\_\_ Anger \_\_\_\_\_ Guilt – Shame

\_\_\_\_\_ Low self-esteem \_\_\_\_\_ Daydreaming \_\_\_\_\_ Compulsive thoughts

\_\_\_\_\_ Lustful thoughts \_\_\_\_\_ Doubt \_\_\_\_\_ Depression

\_\_\_\_\_ Anxiety \_\_\_\_\_ Grief \_\_\_\_\_ Fear

\_\_\_\_\_ Physical Abuse \_\_\_\_\_ Sexual Abuse \_\_\_\_\_ Verbal Abuse

\_\_\_\_\_ Emotional Abuse \_\_\_\_\_ Pornography \_\_\_\_\_ Addictions

\_\_\_\_\_ Anorexia \_\_\_\_\_ Compulsive overeating \_\_\_\_\_ Bulimia

\_\_\_\_\_ Eating disorders \_\_\_\_\_ Insomnia \_\_\_\_\_ Paranoia

\_\_\_\_\_ Nightmares \_\_\_\_\_ Chronic illness (if so please name) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Other\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**11. Would you consider yourself optimistic or pessimistic?** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**12. Is there any history of mental illness in your family?** Yes \_\_\_\_ No \_\_\_\_ (if yes, explain)

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**13. Are you currently taking any medications? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**14. Concerning your emotions, whether positive or negative, which of the following best describes you?** (check one)

\_\_\_\_\_\_ I readily express my emotions

\_\_\_\_\_\_ I express some of my emotions, but not all

\_\_\_\_\_\_ I readily acknowledge their presence, but am reserved in expressing them

\_\_\_\_\_\_ I tend to suppress my emotions

\_\_\_\_\_\_ I find it safest not to express how I feel

\_\_\_\_\_\_ I tend to disregard how I feel since I cannot trust my feelings

\_\_\_\_\_\_ Because of the pain associated with the emotions, I try to deny them

**15. Describe your personal relationship with the Lord Jesus Christ.** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**16. When did you put your faith in Jesus Christ for salvation?** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**17. Describe the spiritual disciplines in your life (for example: bible study, prayer, fasting, quiet time, meditation, worship, scripture memorization).**

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**18. Describe your church involvement (what ministry teams you may be involved in, etc.)**

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**19. What/who do you have in your life that provides emotional support for you?**

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**20. Would you like prayer incorporated in your sessions?** (circle one) Yes No

**21. Would you like Scripture references incorporated in your sessions?** (circle one) Yes No

**Court Appearances** are billed at $250.00 per hour with a minimum charge of ten (10) hours, for a total of two thousand five hundred dollars ($2,500). The client-therapist relationship is built on trust with the foundation of that trust being confidentiality. Because of this, it is often damaging to the therapeutic relationship for the therapist to be asked to present records to the court, testify whether factual or in an expert nature, in court or deposition. The therapist asks that clients only request a court appearance only in extreme cases. Unfortunately, this will likely result in the need to terminate therapy and you will be referred to another therapist. In such cases as the therapist is ordered to testify by the court about his/her counseling with you, the therapist will be monetarily compensated as set forth below.

In the event that it is necessary for the therapist to testify before any court, arbitrator, or other hearing officer to testify at a deposition, whether the testimony is factual or expert, or to present any or all records pertaining to the counseling relationship to a court official, the client agrees to pay the therapist for his or her services, including travel, preparation, and necessary expenditures (copies, parking, meals, and the like) at the rate of $250.00 per hour, rounded to the nearest half hour. The client further agrees to pay the $2,500.00 (10 hours x $250.00) two weeks prior to the appearance, presentation of records, or testimony requested.

**Notice of Cancellation:** My goal is to provide quality care in a timely manner for all of my clients. In order to do so, I have an appointment cancellation policy in place. The policy enables me to better utilize available appointments for clients in need of care. In order to accommodate all of my clients, time has been specifically reserved for your appointment. Please call at least 24 hours ahead of time if you must cancel your appointment. **There will be a $65 cancellation fee assessed to all clients who fail to show up for a scheduled appointment or who cancel with less than 24 hours notice. This fee is due and payable before scheduling of another session or within 30 days whichever is first.**

*I have read and understood the cancellation policy above. I agree to the terms and conditions of the policy as stated.*

Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_