



Every Day Activities

Water Aerobics - 8:00 & 9:15 AM

Monday

Tennis – 8:30 AM (mixed)
Aerobic & Chair Exercise - 9:00 AM
Mah Jongg - 6:00 PM
Hand & Foot - 6:15 PM

Tuesday

Tennis lady's – 9:00 AM
YOGA - 10:00 AM
CHAIR YOGA – 11:00 AM
Canasta - 12:30 PM
Bridge – 1:00 PM

Wednesday

Tennis – 8:30 AM (mixed)
Aerobic & Chair Exercise - 9:00 AM
Crafts - 1:00 PM
Poker lady's - 1:00 PM
Hand & Foot - 6:15 PM

Thursday

YOGA - 10:00 AM
CHAIR YOGA – 11:00 am

Friday

Tennis – 8:30 AM (mixed)
Aerobic & Chair Exercise - 9:00 AM
Mah Jongg – 10:00 AM
Ladies Golf – 2:00 PM
Hand & Foot - 6:15 PM

Saturday

Golf - 7:00 AM
Open Tennis - 8:30 AM - 11:00 AM
YOGA - 10:00 AM
CHAIR YOGA – 11:00 AM

JUNE						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 6:30 BINGO	5 Pool Closed until 6/23	6 D-Day	7
8	9	10 9:30 SOCIAL CLUB MTG	11 Ladies Lunch FULL MOON	12	13	14 FLAG DAY
15 Father's Day	16	17	18 11:00 Book Club 6:30 BINGO	19 Juneteenth	20 Summer begins	21
22	23	24	25	26	27	28
29 Birthday Open House 1:30-2:30	30	July 1	July 2	July 3	July 4 Independence Day BBQ	July 5

2025

