## CHEW & BREWS SHORT RIBS. BRAISED IN BROOKLYN LAGER

2 servings | 15 min prep + Overnight. Marinading | 6 hour cook

## INGREDIENTS

3 TBSP CHEW & BREWS RIB RUB

2 Beef Short Ríbs (300g each)

60ml Sunflower Oíl

Oníon

200ml Brooklyn Lager

250ml Chícken Stock

40g Black Treacle

Thyme

40g Ketchup

40g American Mustard

25g Brown Sauce

## DIRECTIONS

- 1. Míx the Ríb Rub with 2 tbsp Sunflower Oil and tbsp Salt Flakes and rub well into the short ribs.

  Cover and place in fridge overnight.
- 2. Next Day heat the remaining sunflower oil, and add the diced onion until you get a nice deep
  - colour probably at least 10 minutes. Add the lager and reduce by half before adding the treacle, stock and thyme. Stir well, simmer.
- 3. Place the ribs In a good roasting tin and pour over the onion/beer liquid, cover with foil (nice and tight) and cook In the over for 5 hours.
- 4. Once the ribs are cooked, remove to a plate and cool. Strain the liquid Into a saucepan, remove the top layer of fat and put the remaining liquid over a high heat, add the ketchup/mustard/brown sauce and mix well.
- 5. To finish, place the ribs on a wire rack under the grill and cook until there is a nice charred sticky crust (make sure to baste them regularly)
- 6. Serve with a crisp Slaw, chew and brew Cajun Wedges and another cheeky can of Brooklyn!

## **SHOPPING LIST**

**Beef Short Ribs** 

Chew & Brews Rib Rub

Sunflower Oil

1 Can Brooklyn Lager

Onion

Chicken Stock Cube

**Black Treacle** 

Fresh Thyme

Ketchup, Mustard & Brown Sauce.