

**Skin Care after Facial**

Avoid wearing make-up for at least six hours after a facial treatment. Always cleanse, tone and moisturize your face. To prevent loss of moisture, protect the skin from make-up (if applicable), keep the skin soft and supple. Always remove all traces of make-up at the end of the day.

Do Not Engage in the Following:

* Picking at your skin.
* Using heavy makeup.
* Stepping into a sauna.
* Hitting the gym.
* Using an exfoliator or face scrub.
* Applying harsh at-home treatments.
* Sunbathing.
* Getting a wax or laser treatment.