



CHILDREN'S BIRTHDAY PARTIES

Sports Themed Events

Our Story

Marlon Commock founded Pulse Social in 2018, with the social purpose of increasing involvement, inclusion, and confidence with all participants playing sports throughout London and Hertfordshire.

As a not-for-profit community sports social enterprise, we provide a variety of inclusive sporting activities, for all ages to enjoy with the aim of Creating a Sporting Smile on all the participants' faces.





BIRTHDAY PARTIES SERVICES

Book us today, to come to your local park for **90 minutes**. Our birthday package sparks joy, and joy facilitates learning. It absolutely is a win-win situation.

We incorporate inclusive games for all abilities, and most importantly a diverse range of fun sports activities.

All proceeds will be reinvested into local community sports projects across London and Hertfordshire.

We offer:

- **Football**
- **Dodgeball**
- **Multi Sports**
- **Rounders**
- **Mini Basketball**

All participants will receive an **e-certificate**.



FOOTBALL

Football themed parties are our most popular single sports party suitable for all playing abilities.

90 minutes includes football ice breakers games and football matches / mini-tournaments.

Suitable for a group size of up to **20 participants**.

Suitable for children **aged 3+**





DODGEBALL

90 minutes of Dodge, Duck, Dip, Dive and Dodge. All levels are welcome and can get involved with all the fun.

The rules are super easy and quick to learn, no prior playing experience needed.

Suitable for a group size of up to **20 participants**.

Suitable for children **aged 6+**





MULTI SPORTS

90 minutes of multi sporting fun.

Our Multi-Sports birthday parties are no exception as we provide fun and bespoke interactive games tailored for the playing audience.

Suitable for a group size of up to **20 participants**.

Suitable for children **aged 3+**





ROUNDERS

A great way to be spontaneous for **90 minutes** for your little one's birthday and have a Rounders themed birthday party.

It's a great excuse to get parents involved in the fun as well.

Suitable for a group size of up to **20 participants**.

Suitable for children **aged 6+**





MINI BASKETBALL

Give your child a birthday to celebrate. Whether participants are experienced basketball players or brand new to the sport.

Our team of qualified coaches provide a mixture of inclusive games to enable all participants to enjoy themselves in a fun environment for **90 minutes**.

Suitable for a group size of up to **15 participants**.

Suitable for children aged between **3 to 8 years old**.





CONTACT US



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