

UN MOMENTO:

A Taste of Italian-American Pastimes

Gina Fava

*Isn't it funny how old-fashioned notions
find their way to the present?
Take a moment to immerse in the Italian culture,
learn a few things, and savor stories and recipes
rich with heritage and tradition.*



**“Gina Fava makes the reader feel like one of the family...
Her personal experiences and recipes
will whet your appetite for all things Italian.”**

**-Steven P. Marini, award winning author
of the Jack Contino Crime Series**

**"Young or old, Italian or not, you will immerse in the pastimes
and traditions in *Un Momento*. [It] made me laugh and
reminisce...[and] appreciate my upbringing. [A]n inspiration!"**

-Daniela Parisi Gawel, reviewer

“Amazing! Intoxicating!”

-Katrina Grella, author of *Away with Words*

Gina Fava, a thriller author of suspense novels and a feature writer on travel, Italian culture, art, wine, cooking, books, and cinema in various print and online media for over a decade has written a new book, *UN MOMENTO: A Taste of Italian-American Pastimes*. The book, *UN MOMENTO* (A Steepo Press Ebook and Trade Paperback; On-Sale July 2018 on Amazon and other retailers), a non-fiction collection of published essays and recipes touted as an authentic nostalgic journey toward new trends, draws from her regular column in *Bostoniano* magazine, as well as work published in *Buffalo Magazine*, *Bucket List Publications*, and *StudyBridgeInternational.com*.

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Gina is also the author of award winning short stories and the acclaimed novels *The Race* and *The Sculptor*, Best Mystery/Suspense Ebook by 2015 Indie Book Awards. A native of Buffalo, NY, Gina graduated from the University at Buffalo and later earned a law degree but it was the bomb scares she endured while studying at the American University of Rome that spurred her to write page-turning, heart-pounding thrillers. Gina lives with her family in New England, and she often travels to Italy to hunt down her characters' favorite wines.

UN MOMENTO is Fava's first nonfiction book, which combines abundant research from living and traveling throughout Italy, over a decade of experience as a wine and spirit vendor, and a heart-warming ode to her family and the traditions and recipes they share. Fava's readers will find much to enjoy in UN MOMENTO. Covering such diverse topics as bocce tournaments, Christmas Eve's Feast of the Seven Fishes, informative checklists on study abroad, and Italian superstitions, the book is fun, factual, and family-oriented. And the time-honored family recipes expertly paired with superb wines are delicious and accessible. It's an interesting and thought-provoking perspective on Italian pastimes that's sure to entice readers to take a moment to further explore and appreciate their own heritage.

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