

# COUPLES SPA PACKAGE

60 Minute Massage, 30 Minute Infrared Sauna Session, and a 15 Minute Vibrational Massage Crystal Gem Mat Session - \$270 for 2 \*



Amy D. Mauro, LMT  
Therapeutic Massage

To Purchase, Call, Text or Email

860-620-2104

[amydmaurolmt.com](http://amydmaurolmt.com)

[amydmaurolmt@gmail.com](mailto:amydmaurolmt@gmail.com)

3 0 4 M A I N S T R E E T  
S U I T E 2 0 9  
F A R M I N G T O N , C T

*\*sauna sessions are experienced individually  
shower is available for after your sauna*

Enjoy the combined benefits of a therapeutic massage and an infrared salt sauna. Makes a great gift!

## Infrared Sauna Benefits

better sleep  
detoxification  
relief from joint pain  
improved circulation  
relief from sore muscles  
relaxation and stress reduction

