

RELEASE AND WAIVER OF LIABILITY

This Release is by the party signing below (herein referred to as "Releasor"), and is given to **Lower Columbia Youth Football**, Heads Up Football, LLC, USA Football, Inc., and each of their respective subsidiaries, affiliates, divisions, owners, officers, agents, board members, employees, consultants, grantors, sponsors, agents, legal representatives, administrators, assigns, heirs, executors, those for whom each is acting and those acting with any of their authority and permission (collectively as "Releasees").

Initial _____ **RELEASE OF ALL CLAIMS.** Releasor, being of lawful age (or, in the case of a minor, through his/her parent or guardian), in consideration of being permitted to participate in the football and cheer program, including football games, practices, workouts, camps and clinics, jamborees, scrimmages, and post-season competitions (collectively and individually, the "Season"), hereby releases and discharges Releasees from all present and future liabilities, debts, obligations, costs, expenses, damages, losses, charges, judgments, executions, liens, claims, demands, actions or causes of action of whatever nature or description, in equity or at law, whether caused in whole or in part by the Releasees or any other person or thing during the Season while Releasor is present, which the Releasor or his/her child or ward (each a "child"), family, estate, heirs, representatives, executors, administrators, successors or assigns (collectively, "Related Parties") may have, whether known or unknown, suspected, asserted or not asserted, arising out of participation by the Releasor or his/her child in the Season, and agrees that Releasees are not responsible for any of the foregoing arising out of the Season, even if caused by their ordinary negligence. The Releasor understands, acknowledges and accepts that this Release and Waiver is intended to be binding on the Releasor and anyone related to Releasor.

Initial _____ **RISKS ACCEPTED; MEDICAL TREATMENT.** The Releasor further understands, acknowledges and accepts that participation in the Season involves certain inherent risks, including, but not limited to, property damage, economic loss and serious bodily injury (including death), and agrees that the Releasor or his/her child is voluntarily participating in the Season with full knowledge of the risks involved and accepts all risks of participation. The Releasor declares that the Releasor or his/her participating child is physically fit and has the requisite skill level to participate in the Season. The Releasor authorizes **Lower Columbia Youth Football** to provide medical treatment to the Releasor or his/her child, at the Releasor's cost, should the need arise. The Releasor understands, acknowledges and accepts that he or she must provide his/her own medical insurance for the participant.

Initial _____ **GRANT OF PUBLICITY RIGHTS.** The Releasor further grants the Releasees the right, but does not otherwise impose the obligation, to photograph, videotape and/or otherwise use the Releasor and/or his or her participating child's name, face, likeness, voice and appearance in connection with exhibitions, publicity, advertising and promotional materials, free of charge without reservation or limitation.

The Releasor understands, acknowledges and accepts that this Release and Waiver of Liability is intended to be as broad and inclusive as permitted by the laws of the state(s) in which the Season is taking place and agrees that if any portion of this Release and Waiver is invalid, the remainder will continue in full legal force and effect.

Signature: _____

Date: _____

Name (please print): _____ **Phone:** _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Participant Name (please print): _____ **Participant Age:** _____

League Name: _____

Club Name: _____