

# BREAKFAST

## CONTINENTAL

### Assorted Freshly Baked Goods **V**

Croissants, Muffins, Danish with Butter & Jam

### Fresh Fruit Salad **VG / GF**

Cantaloupe, Honeydew, Watermelon, Pineapple, Grapes, Oranges

### Yogurt Parfait **VG**

Granola and fresh berries

### Coffee & Tea

Milk, Creamers, Sugar & Sweeteners



## HOT

### Scrambled Eggs **GF**

Fluffy farm fresh eggs, scrambled with butter

### Mini Omelette **GF**

Cheese and Tomato Salsa

### Quiche **V**

Spinach, Cheese, & Cherry Tomatoes

### Bacon **GF / DF** or Turkey Bacon **VG**

Thick-cut smoked bacon cooked crispy

### Sausage **DF**

Flavour-packed pork sausage

### Chicken Sausage **DF**

Lean Flavourful Mini Sausage

### Home Fried Potatoes **V / GF**

Pan-Fried and Seasoned Crispy Potatoes

### Buttermilk Pancakes **V**

Golden Brown, Light and Fluffy, with Maple Syrup

### Cinnamon French Toast **V**

Brioche Bread with Cinnamon and Vanilla

### Toasted Western Sandwich **DF**

Kaiser Bun with Bell Peppers, Onions, Ham, & Cheese

### Breakfast Burrito **V**

Scrambled Eggs, Cheese, & Pico De Gallo

### Baked Beans **VG / GF**

Maple Molasses

### Scrambled Just Eggs **VG / GF**

Plant-Based Protein Mung Beans

**V - Vegetarian**

**VG - Vegan**

**GF - Gluten Free**

**DF - Dairy Free**