

Salads:

Garden Salad, Caesar Salad, Greek Salad, Spicy Dill Beet Salad,
Napa & Kale Coleslaw, Greek Quinoa Salad with Feta & Kalamata Olives

Chick Pea & Mixed Bean Salad

Mexican Barley with Black Bean and Corn

Soups:

Mushroom, Broccoli & Cheddar, Potato Leek, Chicken Noodle, or Minestrone

Hot Buffet Mains:

Served with Salad and Dessert

Roast Chicken Breast with Mushroom Sauce, Seasonal Vegetables, and Rice Pilaf

Chicken Parmesan, Broccoli, Carrots, and Penne with Rosé Sauce

Chicken Fajitas with Sautéed Peppers and Onions, Spanish Rice,
Guacamole, Sour Cream, Salsa, and Cheese

Breaded Sole Fillet with Lemon, Tartare, and Baked French Fries

Pan Seared Haddock Fillet with Rice Florentine

Roast Cod Loins with White Wine, Capers, Dill, and Tomato Rice

Salmon Fillet with Green Bean Almondine, and Mini Red Skin Potatoes

Shrimp Creole with Sweet Peppers, Onions, Tomatoes, and Cajun Rice

Steak and Vegetable Kebabs with Sweet Potatoes, Tzatziki and Pita

Grilled New York Striploin with Mushrooms, Seasonal Vegetables, and Mash Potato

Tender Roast Beef with Gravy, Horseradish, and Home Style Potatoes

www.capitolcatering.ca, Tel. 905-499-4382

Please contact for custom menus

Beef and Mushroom Stir Fry with Egg Noodles
Sesame Beef and Vegetable teriyaki with Steamed Rice
Pork or Veal Schnitzel with Spanish Sauce, Roasted Vegetables, and Tortellini Alfredo
Vegetarian Lasagna or Eggplant Parmesan

Artisan Sandwich Platters

Roast Beef with Horseradish, Turkey with Cranberry Mayo,
Grilled Chicken with Tzatziki and Cucumber,
Grilled Veggie and Hummus Wraps, Italian Salami and Prosciutto,
Ham with Dijon and Cheddar Cheese,
Smoked Salmon with Cream Cheese on Pumpernickel, and
Egg Salad, Tuna Salad, and Chicken Salad
Freshly Made on an Assortment of Breads, Rolls, Kaisers, and Wraps

Desserts Samples:

Assorted Pastries
Dessert Squares, Nanaimo Bars, Brownies, and Cookies
Baked Cheese Cake, Lemon Coconut, Chocolate Truffle, and Carrot Cake
Fruit Squares and Cheesecake Squares
Variety of Cakes & Gluten Free Options Available
Or
Fruit Platters with Cantaloupe, Honeydew, Pineapple, Grapes, and Strawberries

Bottled Water, Soft Drinks, Juice, Coffee, and Tea Available

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