

Positive mental health and wellbeing for First Nations children and youth:

A Systemic Approach to Creating Positive Change

Positive mental health enacted and empowered through a relational web of wellbeing.

A social ecosystem able to provide relationships and experiences that are positive and supportive.



Services: ACCHO Growth & Leadership

- ACCHOs as providers of preventive and early intervention care
- NGOs take lead from, and collaborate with ACCHOs
- All services culturally and historically aware, and trauma-informed and trained
- Awareness of First Nations service providers' own trauma impact
- Service gaps filled (including housing, education and employment).

Government: Collaboration & Shared Decision-making

- Shift in investment to prevention and early intervention care
- Prioritising funding for ACCHOs to provide preventative, culturally appropriate care
- Higher investment in growth and development of ACCHOs
- Build ACCHO and NGO/Gov workforce capacity
- Long term secure funding
- Accountability structures appropriate to Indigenous models of care.

A BETTER WAY FORWARD:

Structural change at services & government levels must be priority focus



Main Barriers to Positive Change

Services:

- Imbalance of prevention to crisis care
- Underrepresentation of Aboriginal community- controlled organisations
- Imbalance of provision of care within services
- Gaps in core services.

Government:

- Funding fragmented and short term
- Inappropriate accountability structures and requirements.

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