



BetterMan

SUPPORT SERVICES CAIRNS

KUNJUR FIRST NATIONS MEN'S COLLECTIVE

Program Manager Bernard Sabadi: bernard.sabadi@diydg.org.au - 0403 676 067

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Program Coordinator Nona Nona: nona.nona@diydg.org.au - 0484 871 709

Support Worker Dexter Wymarra: dexter.wymarra@diydg.org.au -

Other Services

13 Yarn	Contact: 139 276, Monday-Sunday 24/7
Mensline DV Connect	Contact: 1800 600 636 (9am-12am 7days)
Changing for Good	Contact: 1300 015 120 (9am-5pm Monday-Friday)
Relationships Australia	Contact: 1300 364 277 (8am-8pm Monday-Friday/Saturday 10am-4pm)
1800 RESPECT	Contact: 1800 737 732 Monday-Sunday 24/7
Beyond Blue	Contact: 1300 224 636 Monday-Sunday 24/7
Lifeline	Contact: 13 11 14 Monday-Sunday 24/7
Suicide Call Back	Contact: 1300 659 467 Monday-Sunday 24/7
Suicide Crisis Mobile	Contact: 0459 299 147
Cairns & Hinterland Mental Health	Contact: 1300 642 255 Monday-Sunday 24/7
Alcohol & Drug Services	Contact: 1800 177 833 Monday-Sunday 24/7