

**DEADLY INSPIRING
YOUTH DOING GOOD**

**KNOW YOUR
RIGHTS**

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**INSPIRED
EQUIPPED
EMPOWERED**

**BE
BE
BE**

Our keepers of local knowledge

As we forge our way to a stronger future, we embrace the millennia of footsteps that came before us. We feel the presence of our ancestors and their guidance, as we navigate our continued responsibility to the lands, seas and skies in which we connect to. Their spirit will carry on in the generations to come as we inspire, equip and empower our people and our community.



Where Your Mob From?

Knowing who we are and where we come from, grounds our spirit and settles our minds. Find out where you come from and connect with your community.



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DEADLY INSPIRING YOUTH DOING GOOD

YOUTH EMPOWERING YOUTH



ABOUT US

DIYDG provides a range of opportunities to assist young people and their extended networks to manage their social, emotional and well-being. Our staff strive to empower young people to make healthy lifestyle choices to take control and overcome any crisis's and setbacks, plus strengthen their connections to community.

Our energetic team can provide tailored sessions addressing topics associated to; mental health and wellbeing; contributing factors impacting first nations youth; and challenges of leadership and youth mentoring.

OUR VISION, OUR MISSION

Our Vision is that one day every young person will realise their power to make a difference. **Our mission** is to inspire, equip and empower young people to take action & Change the world.

OUR VALUES

Family: We believe that family is the foundation of our spirit and identity. We create a sense of family and community within our organisation to provide connection and belonging for young people, their families and wider community. We believe that a strong support system is crucial for personal and collective growth.

Leadership: We believe that young people have the power to create positive change in the world. We empower our youth to develop resilience, leadership skills, and achieve their goals. We encourage them to become leaders in their communities and inspire others to take action.

Opportunities: We believe that every young person deserves equal access to opportunities to pursue their passions and dreams. We strive to provide a safe and supportive space where young people can explore new experiences, take risks, and challenge themselves to grow.

Wellbeing: We believe that true empowerment requires a holistic approach to wellbeing. We prioritise physical, mental, and emotional health, and encourage our youth, their families and wider community to prioritise self-care and self-awareness. We believe that a healthy spirit creates a foundation for personal and collective success.

Growth: We believe that growth is a lifelong journey. We foster an environment where young people, their families and wider community can learn, explore, and thrive. We encourage our youth to embrace their unique strengths and identities, and to support one another in their personal and collective growth.



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Our Future Our Way



Statement of Standards

Deadly Inspiring Youth Doing Good (DIYDG) is unwavering in its commitment to upholding the standards outlined in the relevant legislation, specifically, Qld Government Standards of care. The statement of standards, as outlined below, serves as a comprehensive framework guiding our provision of care. These standards not only offer a measure of the quality of care but also establish the foundation for assessing the acceptability of the care environment. At DIYDG, these standards are interpreted with meticulous consideration for the unique needs of each individual child.

1. Respect for Dignity and Rights:

- The child's dignity and rights will be respected at all times, reflecting DIYDG's commitment to cultural sensitivity and inclusivity.

2. Physical Care:

- Adequate provisions are made to meet the child's physical needs, including access to Men's Support Groups, NDIS Services, Education and Training, Leadership, and Peer Mentoring.

3. Emotional Well-being:

- DIYDG provides emotional care that fosters a sense of being cared for and valued, integrating culturally sensitive practices across all services.

4. Cultural and Ethnic Needs:

- The child's needs related to their culture and ethnic grouping are recognised and addressed, with DIYDG embedding Aboriginal and Torres Strait Islander ways of being and doing across its services.

5. Material Well-being:

- The child's material needs, encompassing schooling, physical and mental stimulation, recreation, and general living, are met through DIYDG's comprehensive range of services.

6. Educational and Developmental Opportunities:

- DIYDG ensures the child receives education, training, and employment opportunities relevant to their age and ability through a holistic approach across its services.

7. Positive Guidance:

- Positive guidance is provided when necessary, incorporating culturally sensitive practices drawn from DIYDG's Men's Support Groups, NDIS Services, Education and Training, Leadership, and Peer Mentoring.

8. Health and Therapeutic Services:

- The child receives dental, medical, and therapeutic services necessary to meet their needs, with these services seamlessly integrated into DIYDG's offerings.

9. Social and Recreational Activities:

- DIYDG provides opportunities for the child to participate in positive social and recreational activities appropriate to their developmental level and age through its diverse service portfolio.

10. Family and Personal Relationships:

- The child is encouraged to maintain family and other significant personal relationships, with DIYDG services supporting and facilitating these connections.

11. Disability Care:

- If the child has a disability, DIYDG ensures they receive care and assistance appropriate to their special needs, incorporating these considerations across its range of services.

12. Behavioural Management Techniques:

- Techniques for managing the child's behaviour exclude corporal punishment or any form of punishment likely to cause emotional harm, aligning with the values upheld in all services offered and auspiced by DIYDG

13. Compliance with Chief Executive's Directions:

- In instances where the chief executive has custody or guardianship of the child, DIYDG ensures that the child's carer acts in accordance with

Legislative Reference:

For detailed information on the legislative framework guiding our commitment, please refer to Qld Government Standards of care. This legislation provides the legal basis for DIYDG's adherence to the highest standards of care, ensuring a safe, supportive, and culturally sensitive environment for each child in our care.



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Rights and Responsibilities

At Deadly Inspiring Youth Doing Good (DIYDG), our commitment goes beyond providing care; we empower young people, their families, and the community by actively promoting awareness and understanding of their rights. Recognising the significance of the Charter of Rights for a Child in Care under the Child Protection Act 1999, DIYDG takes proactive measures to ensure that every individual involved in our programs are informed, engaged, and empowered.

Your Rights

- You have the right to use our service if it matches your need and what we are funded to provide.
- You have the right to privacy and confidentiality, and we will explain to you what this means when you use our service.
- You have the right to be treated with respect.
- You have the right to feel safe - emotionally, physically, spiritually, and mentally.
- You have the right to have your cultural needs respected.
- You have the right to receive the same quality and level of service regardless of your ethnicity, ability, age, gender, religion, or sexuality.
- You have the right to expect our service to meet health and safety requirements.
- You have the right to expect that we will work in partnership with you to identify your needs and develop a plan with you and other agencies to meet your needs.
- You have the right to expect that we will provide you with a range of information so you can make informed decisions about your needs and goals.
- You have the right to expect that we will represent your needs and advocate on your behalf.
- You have the right to make decisions about things that affect your life and goals.
- You have the right to make a complaint and we will respond in a confidential, respectful, and timely way.
- You have the right to have a support person to help you to use our service and advocate on your behalf.
- You have the right to be valued, believed, and listened to.
- You have the right to expect that we will tell you about your rights and responsibilities when you receive a service from us.
- Child Protection Placement Services, Child Protection Support Services, and Families be provided with information about the Department of Child Safety, Youth and Women's Time in Care Information Access Service.

Our Responsibilities

- To provide you with a safe environment.
- To let you know what is expected of you while you are accessing the service.
- To take any complaints seriously.
- To ensure your rights are respected.
- To offer you support to achieve your goals.

Your Responsibilities

- To not act in any way that threatens the health and safety of the service or people in it.
- To take care of your own belongings.
- To be responsible for your own decisions and actions.
- To let us know about any complaints you have..

Your
**VOICE
MATTERS**

Legislative Reference:

For detailed information on the legislative framework guiding our commitment, please refer to Charter of rights for a child in care. This legislation provides the legal basis for DIYDG's adherence to the highest standards of care, ensuring a safe, supportive, and culturally sensitive environment for each child in our care.



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Privacy and Confidentiality

At Deadly Inspiring Youth Doing Good (DIYDG), we are committed to upholding the highest standards of privacy and information management. In accordance with the Information Privacy Act 2009 (IP Act) in Queensland, DIYDG adheres to the Information Privacy Principles (IPPs), which guide the collection and handling of personal information in the public sector environment.

Our Commitment

Your personal information is collected, stored, accessed and/or edited, used and/or disclosed as per the 11 Information Privacy Principles outlined in the Information protection Act (2009) (Queensland).

You can ask a worker to give you a copy of the "11 Information Privacy Principles" or check out the QR code below for more information.

Information that can be shared with your consent:

With your consent, information may be shared with other services or people who are involved in supporting you. For example: Centrelink, Department of Housing, Real Estates, other Youth Services and Community Controlled organisations. Our team would have completed a consent to share information form with you prior to our organisation connecting with other services.

Information maybe shared without your consent by the workers of DIYDG with mandatory reporting agencies such as the Department of Child Safety

There are limits to confidentiality, this means there are other reasons we would share your information without your consent:

- If we believe you are at risk of harm to yourself or others.
- Health issues—for example if you become sick and need medical attention.
- When information is required by law or police for example for your safety or other legal matters.

If you believe your rights have been breached you can make a complaint to the program by following the complaints procedure.



Legislative Reference:

For detailed information on the legislative framework guiding our commitment, please refer to [the Qld Gov Privacy Principals](#). This legislation provides the legal basis for DIYDG's adherence to the highest standards of care, ensuring a safe, supportive, and culturally sensitive environment for each child in our care.



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Digital Commitment to Safe Spaces

At DIYDG, we stand united in our commitment to fostering a digital space that exudes respect, inclusivity, and professionalism. Our community thrives on the principles of collaboration, understanding, and the celebration of diversity. Here's a glimpse into our unwavering dedication to digital respect, aligned with key ethical standards:

Our Commitment

1. Embracing Kindness and Courtesy:

- In our digital realm, kindness is the cornerstone of all interactions. We encourage constructive conversations, valuing diverse perspectives while maintaining a respectful tone. This commitment aligns with the principles outlined by the Australian Human Rights Commission (AHRC), promoting a culture of respect and understanding ([AHRC](#)).

2. Zero Tolerance for Hate Speech and Bullying:

- DIYDG is a safe haven where everyone deserves to feel secure. We maintain a strict policy against any form of hate speech or bullying, promoting an environment that celebrates differences without judgment. This ethos is in line with the anti-discrimination laws overseen by the AHRC ([AHRC](#)).

3. Meaningful Engagement, No Spam:

- Our community thrives on meaningful exchanges. We discourage spam and irrelevant links, ensuring that each interaction contributes to the enrichment of knowledge and positive engagement. This commitment resonates with principles of responsible online conduct outlined by the eSafety Commissioner ([eSafety Commissioner](#)).

4. Upholding Privacy with Trust:

- Trust is sacred in DIYDG. We respect the privacy of every participant, fostering an atmosphere where open discussions coexist with a commitment to confidentiality. This commitment aligns with privacy laws governed by the Office of the Australian Information Commissioner (OAIC) ([OAIC](#)).

5. Pro-Social, Safe, and Clean Content:

- DIYDG is a hub for drug and alcohol-free, pro-social activities. We uphold a standard of content that reflects these values, creating a space that is both enjoyable and respectful. This commitment aligns with various corporate governance principles overseen by the Australian Securities and Investments Commission (ASIC) ([ASIC](#)).

As participants of DIYDG, you play an integral role in upholding these principles. By embracing digital respect, we collectively contribute to the creation of a community that exemplifies professionalism, positivity, and mutual support.

Join us in building a digital space where every interaction reflects our shared commitment to excellence and respect.



Ethical Standards:

Visiting the eSafety website is crucial for First Nations people, offering tailored resources to navigate digital challenges with cultural sensitivity. For parents, it provides guidance on fostering a secure online environment, aligning with traditional values. First Nations youth benefit from a hub of knowledge, gaining insights into cyber safety and celebrating their cultural identity in the digital space.

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Committed to Continuous Improvement

At DIYDG, we're all about continuous improvement, and your feedback is essential to making that happen. We believe in listening to our community—this includes you! Whether it's suggestions, comments, or concerns, we are committed to providing fair, accessible, and accountable processes for everyone. We encourage you to exercise your right to have your voice heard and your concerns addressed.

To help us continue improving, please take a moment to share your feedback by completing our online Feedback and Complaints Form on the link below. Your input is invaluable and helps us shape our services to better meet your needs. We are committed to keeping you informed about the positive changes that result from your feedback. Together, we're building a stronger DIYDG community! **Feedback and Complaints** - <https://forms.office.com/r/9FA2eNTmpw>

Let us know if you have concerns

We are not perfect and sometimes we make mistakes. If you are concerned about our services and want to register your complaint. Please contact us immediately so we can address your concern. We approach all matters in the following ways:

- 1. Receipt of Complaint/Appeal:**
 - Complaints or appeals are received through various channels, including in-person, written submissions, or online forms.
- 2. Record and Acknowledge:**
 - The received complaint or appeal is documented, and an acknowledgment is sent to the complainant, confirming receipt and outlining the expected timeline for resolution.
- 3. Preliminary Assessment:**
 - A preliminary assessment is conducted to determine the nature and severity of the complaint or appeal.
- 4. Assignment of Responsibility:**
 - The complaint is assigned to a designated staff member or team responsible for handling the specific type of complaint or appeal.
- 5. Investigation:**
 - A thorough investigation is conducted, involving gathering relevant information, interviewing involved parties, and reviewing applicable policies and procedures.
- 6. Resolution Proposal:**
 - Based on the investigation, a resolution proposal is formulated, outlining actions to address the complaint or appeal.
- 7. Review and Approval:**
 - The proposed resolution is reviewed and approved by relevant authorities, ensuring alignment with policies and ethical standards.
- 8. Communication of Decision:**
 - The decision and resolution are communicated to the complainant, detailing the steps taken and any actions planned for improvement.
- 9. Implementation of Resolution:**
 - Actions outlined in the resolution proposal are implemented, and progress is monitored.
- 10. Feedback Loop:**
 - A feedback loop is established to ensure ongoing communication with the complainant, gathering insights on the effectiveness of the resolution.
- 11. Documentation:**
 - All steps, from the initial complaint to the resolution and feedback, are documented for record-keeping and continuous improvement purposes.



Feedback & Complaints



hr@diydg.org.au or
0422 009 419



Are You Concerned About A Young Person

If you have a reason to suspect a child in Queensland is experiencing harm, or is at risk of experiencing harm or being neglected, talk to someone about your concerns:

- During normal business hours - contact your nearest [Regional Intake Service](#).
- After hours - contact the Child Safety After Hours Service Centre on 1800 177 135. The service operates 24 hours a day, 7 days a week.

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DEADLY INSPIRING YOUTH DOING GOOD

Our Future Our Way

Deadly Inspiring Youth Doing Good (DIYDG) Aboriginal and Torres Strait Islander Corporation is a youth-led, non-profit organisation. We are empowered by young people, our families and our communities. Our practices are informed by our strong cultural values and beliefs.

DIYDG achieve our goals by INSPIRING, EQUIPPING and EMPOWERING the next generation to take action to change their world. DIYDG focuses on 3 streams of programs:



Stream 1

Growing Our Way

Our programs support the growth of our young leaders to champion their aspirations, elevate their voices and enable action to create change.

Lift Leadership

Wanna Know

Good Vibrations

Youth For A Voice

Stream 2

Strengthening Our Families

Our programs are designed to provide essential support to young people and their families facing challenges. Drawing upon First Nations' holistic family approaches, our aim is to inspire them to discover their inner leadership and drive positive change for themselves.

Pamle Pamle Youth & Family Support Services

Grounded Together

Level Up

My Life My Way NDIS

Burn Brighter Support Services

Stream 3

Empowered By DIYDG

Self-motivated individuals and collectives in the community identified gaps and develop innovative solutions to address them, resulting in the creation, development, and delivery of these programs. The programs were delivered in partnership with DIYDG, and they fully align with DIYDG's values and vision.

Naytive Mentorship

Kunjur First Nation Men's Collective

No Shame in My Game

Deadly Drivers

Kirgir Omaskir Cairns



Empowered By DIYDG

Empowered By DIYDG supports community groups by providing financial management, resources, and guidance to help them grow and succeed.

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Stream One - Growing Our Way

BE INSPIRED**BE EQUIPPED
BE EMPOWERED**

DIYDG programs are designed to inspire and nurture future leaders by empowering young people to pursue their aspirations, elevate their voices, and take meaningful action to create positive change. Through culturally grounded support, we aim to strengthen their mental health, building confidence, resilience, and leadership skills. Our programs foster a sense of belonging and purpose, helping participants to become champions for themselves, their communities, and future generations.

**Lift Leadership**

Lift Leadership empowers young Aboriginal and Torres Strait Islander leaders in schools and post-school through customised development. It cultivates their voice, identity, and leadership skills for impactful action, fostering collective change and social justice.

FEE FOR SERVICE**Contact Us: lift.leadership@diydg.org.au****Good Vibrations**

Good Vibrations is a program that strengthens the well-being of young future leaders. We foster safe environments that empower young people aged 16 to 29 years to explore, connect, and develop support structures.

Contact Us: good.vibrations@diydg.org.au**Wanna Know**

Engaging and establishing connections with young individuals to obtain authentic data poses a common obstacle for researchers. To address this challenge, Wanna Know provides facilitation assistance to individuals seeking to engage with young people for research and development endeavors.

FEE FOR SERVICE**Contact Us: wanna.know@diydg.org.au****Youth For A Voice**

Youth For A Voice empowers young people by offering a dynamic platform through DIYDG, where they can passionately volunteer for campaigns that resonate with their beliefs. This initiative not only cultivates a sense of community engagement but also provides a channel for the younger generation to actively contribute to causes they are passionate about.

Contact Us: youth4avoice@diydg.org.au**Want to Volunteer?**

We are always seeking motivated and enthusiastic people who are interested in volunteering at our community events or within our DIYDG organisation in Cairns. If you're keen to participate, then check out the link in the QR code today.

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Stream Two - Strengthening Our Families

BE INSPIRED

BE EQUIPPED

BE EMPOWERED

At DIYDG, we equip participants with the tools to foster their physical, emotional, social, and spiritual well-being through holistic Aboriginal and Torres Strait Islander models of care. By connecting to cultural heritage and community values, we empower individuals to contribute meaningfully to their personal and collective well-being, while promoting resilience and self-determination.

**Pamle Pamle Youth & Family Support Services (PPY&FSS)**

PPY&FSS provides diverse support for young people and families, tailored to their needs. It offers holistic responses rooted in Aboriginal & Torres Strait Islander practices, protocols, and connections. Services include crisis support, outreach, family communities, case management, and diversion activities.

FEE FOR SERVICE**Referrals: Pamlepamle.referrals@diydg.org.au****My Life My Way NDIS Support Services (MLMW)**

MLMW is dedicated to embracing the Aboriginal and Torres Strait Islander ways of being and doing in their support for individuals with disabilities. My Life My Way aims to enhance the abilities of people with disabilities in a manner that respects and aligns with their cultural heritage, promoting self-determination and well-being.

FEE FOR SERVICE**Referrals: mylife.myway@diydg.org.au****Level Up - Learning Our Way**

Level Up supports disengaged young people in the criminal justice system, aged 10-17 years, connecting them to educational activities in the local community. The primary goal is to help them return to mainstream education or alternative learning providers. If this is not suitable, Level Up provides customised lesson plans for each individual.

Referrals: levelup.referrals@diydg.org.au**Kunjur First Nations Men's Collective & NDIS Supports**

The Kunjur First Nations Men's Collective, in addition to delivering NDIS services, is dedicated to empowering Aboriginal and Torres Strait Islander men through cultural healing, personal development, and the cultivation of resilience. Our mission is to put an end to silent suffering by creating a secure space for men to establish a positive support system and strengthen their spirits.

Contact Us: kunjur.referrals@diydg.org.au**Grounded Together**

The Grounded Together Program empowers Aboriginal and Torres Strait Islander youth through three key projects: No Shame In My Game: Music Program, Mayi Buri Gubingal (Cooking with Fire), and The Warriors Project. These initiatives blend cultural, artistic, and traditional practices to inspire confidence, creativity, and leadership in young people, helping them connect with their heritage while building vital life skills. Grounded Together fosters a sense of belonging, resilience, and cultural pride.

FEE FOR SERVICE**Contact Us: grounded.together@diydg.org.au****Know your NDIS rights!**

NDIS participants have the right to be safe and to receive quality services from the providers and workers they choose to support them under the NDIS.

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Stream Three - Empowered By DIYDG

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At DIYDG, we believe in the power of community and collaboration. Our Empowered By DIYDG initiative is dedicated to supporting groups and associations that share our values, purposes, and intentions. This initiative serves as a platform for like-minded organizations to develop and grow their ideas, fostering a vibrant network of empowered community leaders.

Through Empowered By DIYDG, we offer various forms of support tailored to meet the unique needs of each group. This includes auspicing financial assistance, sharing valuable resources, and facilitating the growth of community initiatives. While these services are not directly part of DIYDG's offerings, we stand behind our partners, providing guidance and empowerment from behind the scenes.

Our mission is to inspire innovation and collaboration within the community, ensuring that everyone has the opportunity to make a positive impact. Join us in creating a stronger, more connected community where every voice is heard, and every idea has the potential to thrive.

Get involved with Empowered By DIYDG and be part of a movement that champions community-led growth and empowerment!

**Key Counselling Services**

Key Counselling Services at DIYDG offers culturally safe counselling, art, and play therapies for young people. These trauma-informed supports focus on healing, emotional wellbeing, and empowerment, using creative approaches to connect with youth and their families.

Contact Us: key.counselling@diydg.org.au

**Naytive Mentorship**

Naytive Mentorship empowers Aboriginal and Torres Strait Islander individuals by offering skill-building and work experience in the creative arts, particularly entrepreneurship in the music industry. This program aims to upskill participants and provides a platform for sharing stories through music, while also nurturing the careers of emerging musicians from regional and remote communities.

Contact Us: naytive.mentorship@diydg.org.au

**Cairns NAIDOC Committee**

The Cairns NAIDOC Committee is a dedicated group of individuals working towards promoting and celebrating the rich cultural heritage and achievements of Aboriginal and Torres Strait Islander peoples in the Cairns region. Through various events, activities, and initiatives, they foster unity, understanding, and respect within the community.

Contact Us: naidoc Cairns@diydg.org.au

Donate Today...

DIYDG a not-for-profit organisation, designed to empower self-determination for Aboriginal and Torres Strait Islander people. Your donation goes towards empowering our team to Inspire, Equip & Empower our people.



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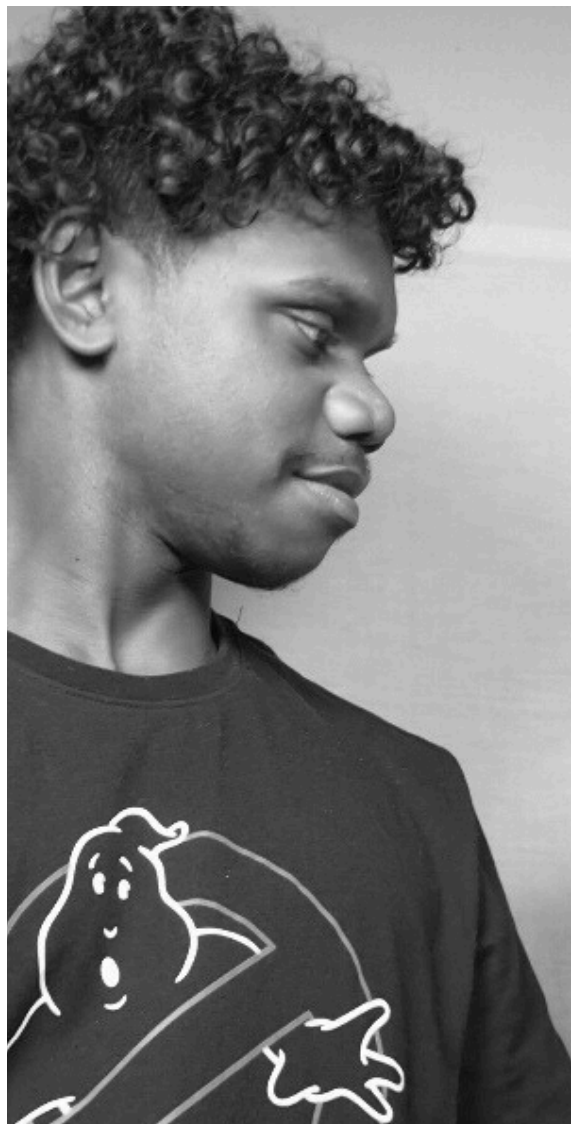
INSPIRE, EQUIP, EMPOWER

The Deadly Inspiring Youth Doing Good's approach to service delivery is based on 3 aspirations - Inspire, Equip and Empower

Inspire - DIYDG is like a big family that inspires young people and the whole community. They believe that family is super important—it's like the roots of a tree. This belief helps everyone feel connected and supported, which is crucial for everyone to grow and succeed. DIYDG doesn't just talk about family; they make it real in everything they do, creating a strong sense of togetherness that motivates everyone to face challenges and aim high.

Equip - DIYDG is all about giving young people the tools they need to be strong leaders. They take wisdom from Aboriginal and Torres Strait Islander elders and leaders and blend it with five important values, including family. This mix is the secret sauce—they're not just preparing individuals for leadership, but they're also making sure everyone understands and celebrates their cultural roots. Through learning, building skills, and caring about the whole person, DIYDG sets up young people to face challenges, be leaders, and reach their goals.

Empower - DIYDG is all about power to the people! They want every young person to have the chance to follow their dreams, no matter where they come from. DIYDG sees leadership as something everyone can do, and they encourage young people to inspire others. It's not just about personal success; it's about lifting up the whole community. The heart of this empowerment is in values like family, which means caring about each other, and in embracing cultural ways of looking at wellbeing. DIYDG wants everyone to be healthy in body, mind, and spirit, creating a strong foundation for everyone's success.



BE INSPIRED
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"MY NAME IS KYLE. I'M 17, IM IN CHILD SAFETY AND I'M A VOLUNTEER PARTICIPANT AT DIYDG. I LOVE COMING TO DIYDG AND BEING PART OF IT BECAUSE IT'S A PLACE WHERE I CAN ACTUALLY BE MYSELF AND BE PART OF THE FAMILY. MY COUSIN DANIEL, HOOKED ME UP WITH DIYDG AND GOT ME TO BE PART OF DIYDG AND SO FROM THE FIRST TIME I PARTICIPATED IN THE GOOD VIBRATIONS I ENJOYED IT AND STARTED COMING EVERY WEEK. BEING A PART OF DIYDG HELPED ME. I WANT TO ENCOURAGE OTHER PEOPLE TO COME TO DIYDG AND TELL THEM WHAT DIYDG IS ABOUT AND WHAT WE DO, SO THEY CAN TELL THEIR PEOPLE. I'VE BEEN AT DIYDG FOR A WHOLE YEAR AND IT'S BEEN A GREAT EXPERIENCE AND GREAT MEETING AND WORKING WITH THESE MOB."



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Our Future Our Way

Navigating life's challenges is a universal experience, and at times, we all feel stressed, sad, or angry. Knowing that support services are available is crucial. However, seeking help may be more challenging for Aboriginal or Torres Strait Islander individuals when interacting with professionals who may not fully comprehend their experiences.

To facilitate access to assistance, Deadly Inspiring Youth Doing Good (DIYDG) has compiled a guide featuring Aboriginal and Torres Strait Islander organisations and services. This guide connects you with understanding individuals who can empathise with your journey.



National Phone Lines Run by Indigenous People:

13 YARN: A national helpline for Aboriginal and Torres Strait Islander individuals in need of a supportive conversation. All operators are trained to offer non-judgmental support in a confidential, culturally safe space.

Phone: 13 92 76 (24 hours, 7 days a week)

Website: 13yarn.org.au

Brother to Brother: A 24/7 crisis line for Aboriginal men addressing various life and community issues. Run by experienced Aboriginal men, including elders, who understand challenges related to relationships, family violence, parenting, and more.

- **Phone:** 1800 435 799 (24 hours, 7 days a week)
- **Website:** dardimunwurro.com.au/brother-to-brother

Other Aboriginal and Torres Strait Islander Helplines:

These national phone lines offer valuable support and operate 24/7.

- **Lifeline (13 11 14):** Australia's prominent mental health helpline.
- **Kids Helpline (1800 55 1800):** A national hotline assisting young people aged 5 to 25 years.
- **1800 RESPECT (1800 737 732):** Specialised in helping individuals who have experienced family abuse or sexual assault.

Websites with Aboriginal Support Services:

If you prefer online resources, these websites provide information and assistance crafted with input from Aboriginal and Torres Strait Islander communities.

- **The Black Dog Institute's iBobbly app:** A resource for social and emotional self-help for young Aboriginal and Torres Strait Islander individuals.
- **Yarn Safe:** An online mental health resource for Indigenous people.
- **ReachOut's Yarn Up collection:** Features stories from Aboriginal and Torres Strait Islander individuals on staying safe and strong.
- **The Manual of Resources for Aboriginal and Torres Strait Islander Suicide Prevention:** Offers information on promoting safety for yourself, your family, and your community.



Help Us Do Better...

Your feedback helps us improve DIYDG. Share your thoughts to help us better serve our community and continue growing stronger together!

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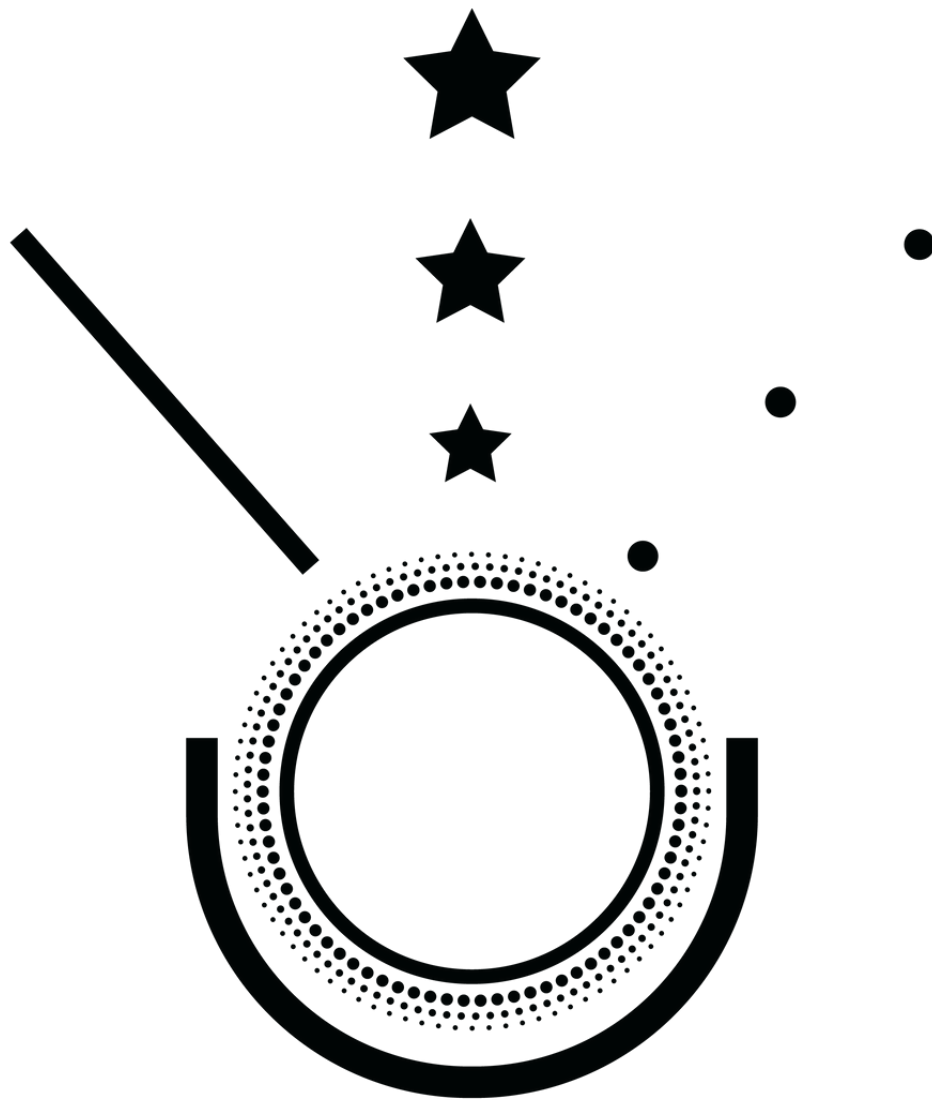
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We are seeking investment to bring our vision to fruition. If you can support, please contact us on the details below.

Contact Us

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Email: whichway@diydg.org.au

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