## **Our Mission**

Deadly Inspiring Youth Doing Good Inspires, Equips And Empowers Young People To Take Action And Change The World

## **Our Vision**

One Day Every Young Person Will Discover Their Power To Make A Difference

### **Our Service**

My Life My Way is dedicated to inspiring, equipping, and empowering its participants, with a strong focus on fostering a connection to Aboriginal and Torres Strait Islander practices.



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## **ABOUT US**

My Life My Way is a service that goes beyond the conventional support framework. It's a holistic approach that recognizes the importance of cultural identity and community integration in the lives of its participants.

By inspiring, equipping, and empowering individuals while connecting them with their heritage, the service not only enhances their well-being but also contributes to the enrichment of the broader community.



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# SERVICES ON OFFER

#### **Short Term Accommodation**

Experiencing home away from home

#### **Community Access**

**Everyday Stuff** - Attending events, pro social activities, shopping, cultural events, appointments **Fun Stuff** - Doing activities participants are interested in

#### **Skills Development**

**Youth Mentoring** - Culturally appropriate mentoring that navigates daily challenges

**Deadly Decisions** - Decision making, daily planning, budgeting and accessing public transport

### **Daily Supports**

Capacity Building - Teaching basic living skills, making meals, packing lunches, making beds, cleaning rooms, organising school days, self-care activities and building routines

## Contact our services directly by calling us today

Program Manager: 0401798 347 Contract Coordinator: 0412 891 805 Email: mylife.mywayediydg.org.au