

# Lansing Woman's Club

## Lifting Our Skyline

*Celebrating Our Sesquicentennial*

1874-2024

We are celebrating the color blue during the month of March. Do you have the winter blues? You're not alone. Upwards of 10% of Americans experience the winter blues at this time of year. And, women are more likely to experience them than men. Here are a few tips to boost your mood:

Exercise-even a ten minute walk can help

Eat healthy- try a diet high in Vitamin D

Try an artificial light box

Take up a new hobby

Talk it through with someone

Stick to a sleep routine

Watch a "laugh-out-loud" movie

Drink a cup of hot cocoa

Invite friends over

Come to Lansing Woman's Club or Zoom our meetings. We are known to have some fun!

Beating the winter blues-

Julie



### Club Purpose



"The purpose of the corporation shall be the study and improvement of its members in Literature, the Sciences, and Fine Arts."

Constitution Article III



*"Securing the future of Lansing Woman's Club is in our hands. We invite open minded and intellectually curious women to join us in our commitment to life-long learning. Keeping pace with our multicultural world compels us to intentionally include women who reflect the diverse community in which we live."*

## Club Business

- Carolyn Boger's entertaining paper on James Thurber kept us all laughing. What a prize of a paper to reprise! Afterthoughts from Carolyn: *The Thurber paper was first presented November 15, 1996. At that time, LWC was meeting in the basement of the First Presbyterian church as restoration work was being done at the clubhouse after the fire the previous summer. A club member, Phyllis Maner, was also a member of the church and facilitated the use of the kitchen to prepare tea along with the meeting room. Back in 1996, visuals beyond displays on the piano were not condoned. I broke tradition by having and holding up the 4 posters for the Thurber paper. The outfit I wore was not worn when I gave the paper originally. I found the sweatshirt and hat in a catalog, likely Acorn or PSB, after the paper was presented. Desirous of showing off the hat, I suggested we all wear hats to the Spring Annual Meeting in support of then president Lucille Belen (a well-known Lansing City Council member as well as owning the Belen Flower Shop which at that time was just a few blocks north of the clubhouse). When I arrived at the luncheon in the Thurber "hat", I was told that was not a legitimate hat, but I left it on anyway.*
- Please remember to have your guest(s) sign and leave their address in the LWC Guest Book. Peggy Riggs so kindly offered this year to follow up with guests through a note, but she needs an address to do so.
- Next week there will be an Award Presentation at 1:30 pm after our business meeting. This is going to be exciting! You won't want to miss it!
- Please see the next page for an important announcement from the 2024-2025 program committee.
- Our LWC open house to celebrate our sesquicentennial will be held on June 9. The committee is looking for pictures highlighting the club's activities over the years. If you have pictures that you are able to share, please contact Denise Carr who will explain to you the best way to share pictures with her. Also, the committee would like to reach out to women's organizations to invite them to the open house. If you have names of organizations that you would like to have the committee invite, please send this information to Claire Berkman.
- Reading Is Fundamental (RIF) donation forms may be found on the table in the back of the main room. Please see the attachment to this newsletter from Penny Swartz.
- Gretchen Rosenbrook has a new address: 3604 Fulton Street, Apt 235, Grand Rapids, MI 49546. Gretchen and Denny are moving to be closer to their 2 sons and their families. We will look forward to seeing Gretchen over Zoom.
- Dot VanLooy is recuperating from a fall. I'm sure she'd enjoy hearing from you through a card.

March 8

*It Holds 21% of the  
World's Fresh Water:  
What is it?*

Presentation by  
Cindy Herfindahl

March 12

Board Meeting

March 15

Business Meeting

Committee Consent  
Agendas for Board  
Meeting

Due to Julie  
Buckberry by  
Sunday, March 10.

Please email me if  
you have anything  
you would like  
mentioned in the  
newsletter. Thank  
you.

[juliebuckberry@gmail.com](mailto:juliebuckberry@gmail.com)

**Aunt Samantha Wants You!  
for Lansing Woman's Club Papers**



The 2024-2025 Program Committee  
is looking for a few good women to step forward  
with either new presentations or paper reprisals.

Volunteer for the cause by contacting either  
Nancy Nay at (517) 944-3024 or [chicago868@gmail.com](mailto:chicago868@gmail.com)  
OR  
Penny Swartz at (517)648-8987 or [p.ann.swartz@gmail.com](mailto:p.ann.swartz@gmail.com)

**LWC thanks you!**



This statue could easily be titled, "Reading is Fundamental (RIF)". A small child focused on a book goes to the heart of RIF's message to instill a love of reading among children. The statue was gifted to LWC by the family of Jean Frazier, club president from 1970-1971. Jean was an author of books, historical essays and book reviews for the Lansing State Journal. Reading and writing were fundamental to her life.

The tradition of supporting education-related community endeavors has been revived as part of LWC's sesquicentennial celebration. Reading is Fundamental (RIF) of Lansing is the selected recipient of monies already set aside by the sesquicentennial committee and augmented by your generous contributions. Monies collected by the club will be presented to Melanie Baker, director of RIF of Lansing, at our LWC Open House on June 9, 2024. If you saw Melanie's presentation at the club this past February 2nd, you'll know what a worthwhile project our club has undertaken.

There are two convenient ways to contribute financially:

1. You may write a check payable to LWC with "RIF" in the memo line and give or send your gift to Karen Jurgensen, LWC treasurer. (Pre-addressed envelopes to Karen are available at the clubhouse.)
2. You may want to write a check payable to RIF. Since RIF is a 501(c)3 non-profit, there may be some tax advantages to you. These monies can be sent to Melanie Baker, Director, Lansing RIF, Dr. Eva L. Evans Welcome Center, 2400 Pattengill Avenue, Lansing, MI 48910. Your donation will be acknowledged by the RIF program.

Thank you for your support!

Penny Swartz

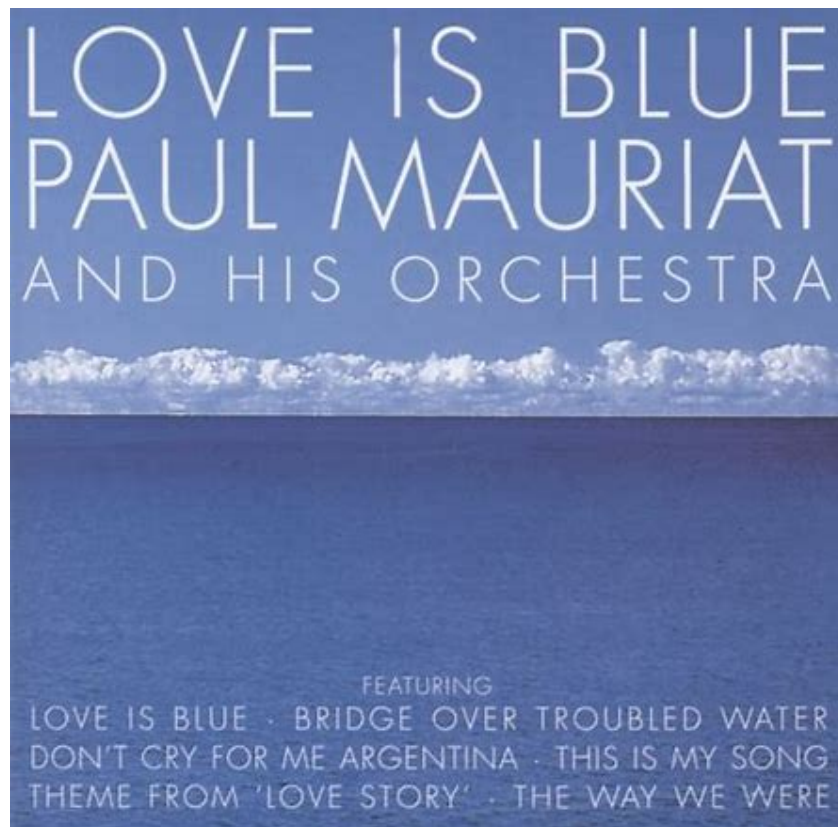
## Sesquicentennial Calendar

March 15, 2024	History of Women's Literary Clubs
April 26, 2024	Sesquicentennial Annual Meeting
June 9, 2024	LWC Open House
July 11, 2024	Mt. Hope Cemetery Tour
August 28, 2024	Ladies of LWC'S Downtown Homes
October 4, 2024	President's Day: LWC Photo
November 15, 2024	LWC's First Guest Speaker
December 6, 2024	Holiday Program and Finale



Lansing Woman's Club  
*Lifting our Skyline*

Who remembers this song from 1968? *Love Is Blue*. Click [here](#) to hear it.

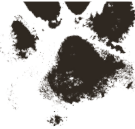


If you are celebrating a birthday this week,  
please click [here](#) for a birthday surprise.

History



Hounds®



## Free History Hounds® lectures for members of your historical organization!

You can attend the Historical Society of Michigan's (HSM) weekly History Hounds® Lecture Series free of charge as a benefit of your membership with your historical organization. All programs are remote, via Zoom, so you can participate on your home computer.

Register for the programs on HSM's website at [www.hsmichigan.org](http://www.hsmichigan.org). On the registration form, select "A member of an HSM member organization" and enter the name of your organization. Select the programs you wish to attend. HSM will email you the Zoom link the day before each program. Free admission is courtesy of your historical organization's membership with HSM.

### Upcoming Lectures:

**March 5:**  
Triumph and Tragedy:  
John DeLorean and the GTO

**March 13:**  
Michigan's Father of  
Modern Horticulture:  
Dr. Liberty Hyde Bailey

**March 19:**  
Conference Break:  
No History Hounds

**March 27:**  
Higher Power Calling: Lucretia  
Mott and Harriet Tubman

And More!



Did you know? Household members of the Historical Society of Michigan can access recordings of past History Hounds on the HSM website! Members must be logged in with an active membership to view past lectures on demand. To learn more about memberships, visit [www.hsmichigan.org/join](http://www.hsmichigan.org/join).



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