#### July Newsletter

July 2023

Founder: Thremene Murphy

Editor: Abigail Milford

he mission of My Healing Within is to "advocate for and empower domestic violence survivors by providing free, safe, confidential shelter and support services. This program is for women and their children."



#### FOURTH OF JULY

Every Fourth of July, we take the time to celebrate the Declaration of Independence being passed by the Continental Congress on July 4 of 1776. The Declaration of Independence declared the separation of the 13 American colonies from Great Britain. Being a federal holiday since 1941, Americans use this time to be thankful for our freedom through celebrations with barbecues, fireworks, parades, concerts, and more.

### WORLD DAY AGAINST TRAFFICKING IN PERSONS

On July 30th, we observe the World Day Against Trafficking in Persons. This special day is dedicated to bringing attention to the findings of the United Nations Office on Drugs and Crime (UNODC) and encourages governments, law enforcement, and other public services to enhance their efforts to prevent trafficking, assist victims, and put an end to impunity.

The Sustainable Development Goals (SDGs) created by the UN aim to fulfill the promise of "Leave no one behind" by providing support, identifying vulnerable groups, and ultimately eradicating human trafficking.



# My Healing Within Inc.

ABOUT US: My Healing Within is a 501 © (3) tax-exempt, non-profit organization that serves survivors in Pitt County and surrounding areas. Founded by Thremene Murphy, MHWI works to provide a safe haven to survivors and our clients, we outreach and connect resources to women including mental health resources, support groups, information, housing, and more to those who seek it. If you or someone you know needs assistance, contact the National Domestic Violence Protection Hotline at 1-800-799 SAFE (7233) and MHWI at 252-227-0527.



#### July Newsletter

July 2023

Founder: Thremene Murphy

Editor: Abigail Milford

#### JOIN US

Join us on the third Friday of every month at our support group. We meet at Greater Works Church of Apostolic Faith in Winterville, North Carolina from 6 - 7:30 pm. Child care and refreshments are provided. We will be meeting on July 21st! Contact us below with any questions.



#### CONTACT & SUPPORT US

Email: info@myhealingwithininc.org

Phone: 252-227-0527

Mail and checks can be sent to us at:
My Healing Within
P. O. Box 560
Farmville, NC 27828

Want to donate online?
Cashapp: \$Myhealingwithininc
or through our website!

#### MONTHLY SCRIPTURE

"For one who has died has been set free from sin" Romans 6:7



## My Healing Within Inc.

### HOW DOES YOUR DONATION HELP?

Your monthly donation of:

- \$25.00 per month for 3 months will help provide bedding and towels for our future facility.
- \$50.00 per month for 3 months will help provide appliances and furniture for our future facility.
- \$100.00 per month for 3 months will help provide New Mattresses for our future facility.
- \$140 per month will pay for storage unit each month.
- \$250.00 per month will help cover relocation costs for one family, providing its members with a safe new home and brighter future.



Resources: https://ncadv.org/blog/posts/domestic-violence-and-the-lgbtq-community