

# June Newsletter

June 2023

Founder: Thremene Murphy      Editor: Abigail Milford

The mission of My Healing Within is to "advocate for and empower domestic violence survivors by providing free, safe, confidential shelter and support services. This program is for women and their children."



## LGBT PRIDE MONTH

June is LGBT Pride Month, where we celebrate the accomplishments of the LGBTQ+ community. This month has been recognized since the 1969 Stonewall Uprising in Manhattan, New York, and continues to serve as a symbol of unity and observance. At My Healing Within Inc., we acknowledge that members of the LGBT+ community are at risk of experiencing domestic violence. According to the National Domestic Hotline website, 61% of bisexual women and 37.3% of bisexual men have experienced physical violence or stalking by an intimate partner in their lifetime, compared to 36% of heterosexual women and 29% of heterosexual men. We want members of this community to know that we support you and are here for you.

## JUNETEENTH

On June 19, we come together to celebrate Juneteenth, a day for remembrance and to commemorate the United States' second Independence Day as African Americans were officially emancipated. On this day, June 19, 1965, General Granger announced to the enslaved African Americans in Galveston, Texas that they were free, officially beginning the support of the Emancipation Proclamation. We here at My Healing Within Inc. are celebrating Juneteenth at the Eppes Recreation Center on June 17 from 10-2 pm.



# My Healing Within Inc.

**ABOUT US:** My Healing Within is a 501 © (3) tax-exempt, non-profit organization that serves survivors in Pitt County and surrounding areas. Founded by Thremene Murphy, MHWI works to provide a safe haven to survivors and our clients, we outreach and connect resources to women including mental health resources, support groups, information, housing, and more to those who seek it. If you or someone you know needs assistance, contact the National Domestic Violence Protection Hotline at 1-800-799 SAFE (7233) and MHWI at 252-227-0527.



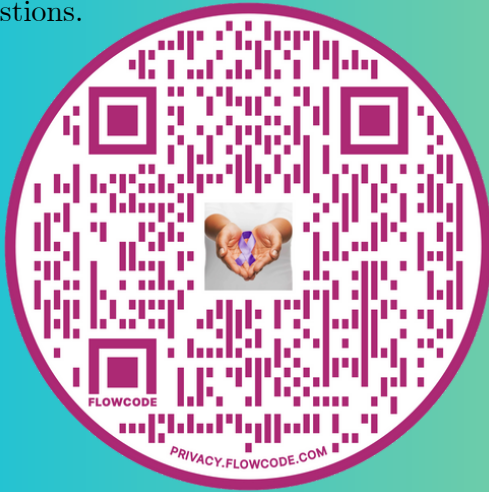
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## JOIN US

Join us on the third Friday of every month at our support group. We meet at Greater Works Church of Apostolic Faith in Winterville, North Carolina from 6 - 7:30 pm. Child care and refreshments are provided. We will be meeting on June 16! Contact us below with any questions.



## CONTACT & SUPPORT US

Email: [info@myhealingwithininc.org](mailto:info@myhealingwithininc.org)

Phone: 252-227-0527

Mail and checks can be sent to us at:

My Healing Within  
P. O. Box 560  
Farmville, NC 27828

Want to donate online?

Cashapp: \$Myhealingwithininc  
or through our website!

## MONTHLY SCRIPTURE

"This is my commandment, that you love one another as I have loved you."

John 15:12



# My Healing Within Inc.

## HOW DOES YOUR DONATION HELP?

Your monthly donation of:

- \$25.00 per month for 3 months will help provide bedding and towels for our future facility.
- \$50.00 per month for 3 months will help provide appliances and furniture for our future facility.
- \$100.00 per month for 3 months will help provide New Mattresses for our future facility.
- \$140 per month will pay for storage unit each month.
- \$250.00 per month will help cover relocation costs for one family, providing its members with a safe new home and brighter future.

