

# EXPRESSIONS IN RHYTHM STUDIO

**Don't fit in. STAND OUT!**

## CLASS LEVELS

The Faculty of Expressions in Rhythm Studio is meticulous when choosing the correct level class for each Expresser. It is very important to remember that all Expressers are individuals with very different talents, skills, and ability levels and they will not all progress at the same rate. Our performing arts studio provides Expressers of all skill levels a fun and positive atmosphere to learn and express the art of standing out through the performing arts.

Levels are sets of skills, abilities and concepts in each genre that increase in complexity as an Expresser progress. Parents/Guardians may ask the instructor to evaluate their Expresser on the first day of class if there are questions about ability or readiness. Expressers are expected to spend at least one performance season, and often two or more performance seasons, at a particular level before moving on to the next level.

In order to maximize your training at Expressions in Rhythm Studio, we recommend that you pair the following classes:

<b>IF YOU TAKE....</b>	<b>...YOU SHOULD ALSO TAKE</b>
Acro	Ballet
African	Hip Hop
Ballet	Jazz
Hip Hop	Acro
Jazz	Acro
Jazz/Hip Hop Combination	Tap/Ballet Combination
Liturgical	Ballet
Lyrical	Ballet
Tap	Jazz
Tap/Ballet Combination	Jazz/Hip Hop Combination

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**Level 1-** Expressers have been studying for less than 2 performance seasons and will learn the basic components for Acro dance style with strong emphasis in terminology, proper alignment, anatomy, musicality, expression, aesthetic, dance history and technical proficiency.

**Level 2-** Expressers who have been studying for at least 2 performance seasons and take at least 3 technique classes per week including Ballet. Expressers understands and applies terminology, proper alignment, anatomy, musicality, expression, aesthetic, dance history and technical proficiency to each class. Intermediate Expressers have developed the appropriate strength, flexibility, coordination, endurance and skill required to perform choreographed combinations, sequences and dances of increasing complexity.

**Level 3-** Expressers who have been studying for at least 4 performance seasons and take at least 5 technique classes a week including Ballet. Advanced level Expressers have the ability to choreograph combinations- using terminology, proper alignment, anatomy, musicality, expression, aesthetic, dance history and technical proficiency for each choreographed combination. Advanced Expressers have a strong sense of musical dynamics, the ability to maintain balance for 8+ counts in various positions and a deeper performance quality

**Level 4-** Expressers who have been studying for at least 6 performance seasons, take at least 5 technique classes a week-including Ballet, understand anatomy, placement, and a strong core. Pre-Professional Expressers have the ability to choreograph an entire piece with knowledge of musicality & phrasing.

