

# Tremble Clefs Arizona



Save the date!

**May 15, 2019**  
**Chase Field**  
**National**  
**Anthem**

Combined Original Tremble Clefs (OTC) & West Side Tremble Clefs (WSTC) will sing the National Anthem on Wed. May 15. Arrival at Chase Field Stadium, Phoenix, at 10:00 a.m. Everyone will need a ticket. Tickets are \$25 each and ticket selling will start mid-March. Details then.



**Benefit Raffle**  
**& Concert**  
**March 10**  
**Tickets**

**Available Now**  
**WSTC FUND RAISER**

Tickets: 1 for \$10 / 3 for \$25  
 10 for \$50 / 16 for \$100

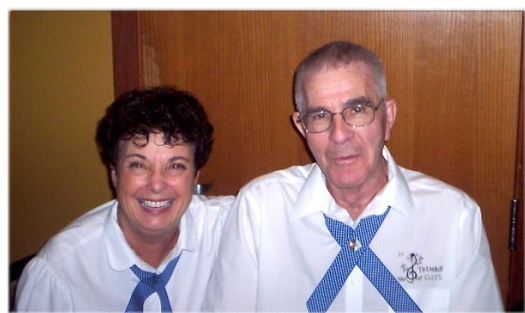
**Prizes include:**

- 3 nights in Sedona condo;
- stay in studio apt, Seattle;
- golf for 4 at Talking Stick;
- a variety of gift cards, each worth \$250, Organic Skin Care Kit from LoveGoodly & more!

You do not have to be present to win.

**Raffle tickets for sale at practices & at 1:30 before Sunday's concert.**

**Sunday Mar 10, 2:00 p.m.**  
**Pueblo El Mirage Resort**  
**11201 N. El Mirage Road**  
**El Mirage, AZ 85335**



**Jeanne and Dr. Stanley Milstein**  
 Jeanne and Stan Milstein together fought Parkinson's disease with love, music, energy, strength and ingenuity.

From an early age, Stan was passionate about languages, the arts and history. Dr. Stanley Milstein served in the Army, spoke several languages, played the cello, taught the history of medicine at ASU, was a published author and practicing physician. Jeanne and Stan had three sons. At the center of his life were his family and his Jewish faith. Dr. Milstein was diagnosed with Parkinson's disease in 1987. At that time, he retired from his medical practice, but not from life. He and Jeanne continued their love of music, singing together in the Original Tremble Clefs chorus, where Stan was a frequent soloist. In November 2018, Stan passed away. He will be forever missed by all who knew him.

Jeanne continues as an active leader of the Original Tremble Clefs - reaching out to members who miss rehearsals, helping with refreshments and stepping up to assist others and help as needed.



**John Sylvester**  
 "I walked the charity walk in Tempe because the Ali Center has kept me going. I've been attending their classes for 8 years."

Realizing the value of exercise for people with Parkinson's, John's taken many classes at the Ali Center. Currently he takes Boxing and Power Moves. John Sylvester and his wife Theresa have been members of Tremble Clefs for six years. Currently John serves as Vice President on the West Side Steering Committee and as Vice President of the Tremble Clefs Arizona Board.

John Sylvester ready to begin walking at the Thirteenth Annual Walk for the Muhammad Ali Parkinson Center @ Barrow Neurological Institute, on Feb. 9, at Tempe Beach Park. Photo by Kevin Riley.

## From Our Director

For years, I have wanted a newsletter which would reach all our members. This is a beginning. Please contact our editor, Donna Rosenheck, to submit information or photographs for upcoming issues. E-mail: [donnarosenheck@gmail.com](mailto:donnarosenheck@gmail.com) Thank you, Sun Joo Lee

## Special Thanks

Appreciation goes to our WSTC Fundraising Committee members: Fred Cohn, Dan Jilka, Perry Heilman, Barbara Powers-Ruff, Kathy Lostumbo, & Ronda Clark. This is WSTC's big fund raiser of the year. Tickets still available at OTC & WSTC practices.

## Amazon Smile

On your first visit to **AmazonSmile** ([smile.amazon.com](http://smile.amazon.com)), you are prompted to select a charitable organization. Type in "Tremble Clefs Arizona." Just remember to check your web site and make sure from then on, when you shop on Amazon, that you are opening [smile.amazon.com](http://smile.amazon.com).

## Tremble Clefs Arizona

2018 marked the year the two Tremble Clefs programs in Arizona joined to form Tremble Clefs Arizona (TCA).

Incorporation and the attainment of an independent not-for-profit charity status had been a goal of their leaders for some time.

Tremble Clefs was founded in Scottsdale in 1994. Karen Hesley, a speech therapist, met with members of a Parkinson's Support Group. They discussed starting a singing group - Tremble Clefs began. The West Side Tremble Clefs was founded in 2008 when the Muhammad Ali Parkinson Center contacted Sun Joo Lee about establishing a singing group for people with PD in the Sun City area. Don Dotts from the Original Tremble Clefs (OTC) helped the West Side (WSTC) obtain a start-up grant from the Virginia G. Piper Charitable Trust.

While Ms. Lee is the only director the WSTC has ever known, she is the fourth director of the OTC. The history of Tremble Clefs is the history of the people who have participated in the choral groups. There's not room in this newsletter to begin to list them all.

**OTC and WSTC have always depended upon donations.** Through the years, they received financial assistance from members, their family and

**"Thanks go to Jim Hiland, who took the leadership role and made sure Tremble Clefs sought and followed expert legal advice as we incorporated and gained not-for-profit status."**

friends, national Parkinson organizations, the Ali Center, the Virginia G. Piper Charitable Trust, from local businesses, and from fees and monies raised

by our own fund-raising efforts. We also depend on members who volunteer their time and expertise.

**Over the years, leaders in both choirs discussed the advantages of taking steps to become fully independent.** We previously benefited from having charity status as part of a larger organization; but our goals and purposes were not always aligned with the larger organization. Last year, our goals and those of the Parkinson Network of Arizona (PNA) diverged. While Tremble Clefs could never have achieved the ability to stand on our own without the support we received over the years, it was time to move forward. We remain ever grateful to the Muhammad Ali Parkinson Center and PNA.

Jim Hiland, President of the WSTC Steering Committee, met with a SCORE mentor. SCORE is a non-profit organization providing free mentoring services to small businesses:

Jim writes: "The SCORE mentor met with Don Dotts, Dan Jilka and me, and recommended that we merge into one organization and gave us recommendations of local legal firms specializing in forming organizations and filing for non-profit status. Representatives of each choir, including Sun Joo Lee, who became the initial Board of Directors, met with one of the recommended attorneys who formed our organizational documents and filed them on our behalf. The process was smooth, quick, and reasonably priced. TCA was approved as a 501(c)(3) not-for-profit organization by the IRS effective April 12, 2018."

The Organizational Meeting of the Initial Directors of Tremble Clefs Arizona was held in May 2018.

**Initial Board members were: Dave Briscoe, Don Dotts, Jim Hiland, Sun Joo Lee, Kevin Riley, Donna Rosenheck, and John Sylvester.**

Jim Hiland was elected President.