

We Welcome People with Parkinson's disease

We invite anyone with Parkinson's disease to join us. No musical experience is required or expected. New members may start at any time.

If a person with PD attends with another person our \$5 fee per session includes that person as well as the person with PD. Your first visit is free.

Tremble Clefs Arizona (TCAZ) has four music therapy choirs in Maricopa County; they are listed below. We also offer an online Zoom session. More details may be found on our website.



ORIGINAL TREMBLE CLEFS

Meetings: Thursdays
3:00 p.m. to 5:00 p.m.

Location: Granite Reef Senior Center
1700 N. Granite Reef Road
Scottsdale, AZ 85257
For more information, contact:
Don Dotts DonDotts@aol.com

SUN LAKES TREMBLE CLEFS

Meetings: 1st & 3rd Thursdays of each month
10:00 a.m. to 12:00 noon

Location: Sun Lakes United Methodist Church
9248 East Riggs Road
Sun Lakes, AZ 85248
For more information, contact:
Carolyn Perkins
carolyn.perkins77@gmail.com

Our Zoom sessions are "live" events which means the classes are offered at different times depending on the attendees' time zone. They are \$10 per session; the first session is free. For more information contact Tim Sheehan: clefnote2019@gmail.com

WEST SIDE TREMBLE CLEFS

Meetings: Wednesdays
10:00 a.m. to 12:00 noon

Location: Shepherd of the Desert Evangelical Lutheran Church
11025 N. 111th Ave.
Sun City, AZ 85351
For more information, contact:
Sue Friess SueFriess@msn.com

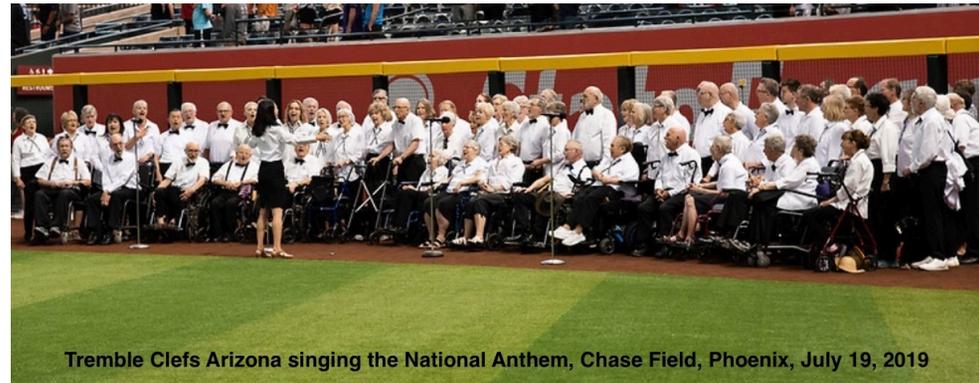
MESA TREMBLE CLEFS

Seasonal Meetings: November to end of March on Mondays
3:00 p.m. to 5:00 p.m.

Location: Venture Out RV Resort
5001 E. Main St.
Mesa, AZ 85205
For more information, contact:
Libby D'Adamo
libbydamo@gmail.com

Tremble Clefs was founded in Scottsdale in 1994. In 2018, two groups, one meeting in Scottsdale and one meeting in Sun City, combined, incorporated and were awarded non-profit status by the IRS. Our music therapy for people with Parkinson's disease depends upon donations and volunteers.

We employ professional staff - music directors and accompanists. Our Music Director, Sun Joo Lee, has two Master's degrees from ASU, Music Therapy and Voice Performance. She is currently completing her studies for a Doctorate at the University of Iowa. In addition to Ms. Lee, Carolyn Perkins, Merri Zohar and Kiersten Jungbluth direct music therapy sessions. Mutsumi Mori, Jan Schaafsma and Linus Jung are our talented pianists.



Tremble Clefs Arizona singing the National Anthem, Chase Field, Phoenix, July 19, 2019



More information is available on our website
TrembleClefsArizona.org
(QR Code at right)



Donations Appreciated!

To donate with a credit card or PayPal go to our website's DONATIONS page. If you wish to send a check: Make the check payable to "Tremble Clefs AZ" & mail it to:
Tremble Clefs Arizona
P.O. Box 1161
Sun City, AZ 85372

Please include your contact information. If you want to donate to a specific choir, include that information. If you are donating in honor of someone or in their memory, include all details, including the address of the person you wish to be notified of your gift.

Tremble Clefs Arizona is a non-profit 501(c)(3) charity. The state of Arizona has awarded us Qualifying Charitable Organization status - AZ QCO Code 22218

Photos opposite page, left to rt.: West Side singer at Parkinson's Foundation Moving Day, Nov. 2023; Sun Lakes singer with family & friends, August 2023; two music directors, Ms. Lee & Ms. Jungbluth, July 2023.