

# Pickleball

## Self-Ratings



### Skill Level Self-Rating Definitions:

#### **Newbie**

You are just starting to play pickleball and starting to understand the rules of pickleball.

#### **Beginner**

You have a limited experience playing pickleball. You can keep a short rally on the pickleball court and you have a basic understanding of the rules, particularly if you keep the score during play.

#### **Novice**

You can generally hit forehand drives, serves, and returns with medium pace, as well as dinks, but generally lack consistency and control or depth. You understand basic strategy and rules including keeping score properly.

#### **Intermediate-1**

You can hit drives, serves, and returns with pace, including developing backhand shots, as well as dinks and drop shots. You are developing some consistency and control hitting serves and returns in play. You understand basic strategy and rules of pickleball and are starting to vary your shots between the hard and soft game and are moving quickly to the Non-Volley Zone line when you have the opportunity.

#### **Intermediate-2**

You can generally hit both forehand and backhand drives, serves and returns with pace, as well as dinks, drop shots, and volleys (including blocking volleys) of different speeds with consistency and control. You understand the strategy and rules of pickleball (including stacking). You have a moderate number of unforced errors, and you understand how to attack your opponents' weaknesses on the court.

#### **Advanced**

You can generally hit both forehand and backhand drives, serves, returns, dinks, drop shorts, and volleys with pace, spin, depth direction, consistency and control. You understand the strategy and rules of pickleball. You have a limited number of unforced errors, and you can change your game play to attack your opponents' weakness on the court. You have mastered the strategy and rules of pickleball including stacking. You rarely make unforced errors, and you attack your opponents' weakness on the court.