

# **NEWS**

## August 2022

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### **Gear up for Fun and Games!**

The CM Pickleball Club 2022-23 season is about to begin

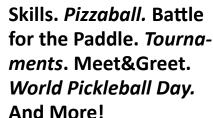
Welcome to another fun-filled year at CantaMia. The Pickleball Club executive board and volunteers are developing a series of events and activities to make this another incredible year.

#### It's all about the events that bring on the smiles!





















### President's letter

The summer heat did not stop CMPC. Open Play was popular in the "cooler" morning hours.

Our CMPC board hosted the first 2022 community orientation in July as an introduction to the club as well as the pickleball amenities. Even the heat did not scare away a crowd that exceeded all our expectations. Our Club has reached nearly 250 members and we will continue to grow. Please welcome the new faces on the courts and help integrate them into our Pickleball community.

The paddle bands (Banz) were another success over the summer, meeting our goal of 100 orders.

The committees have been busy with timelines and budget creation for the upcoming year's events and activities. Find out what's in store at our next club meeting on September 28. The Club meetings are always worth attending.

Many of our members have been using a local artist for to design CantaMia Pickleball Club shirts. If you are interested in customizing your apparel contact Holly Aragon. Her contact information is: 602-475-3414 or antdiva80@gmail.com.

We hope that everyone had a successful summer and that we are ready for our Club and all our members to have an even more successful 2022-23 CMPC season.

Happy Pickleballing All, Rita Haussler, President, CantaMia Pickleball Club

#### Welcome New Members

Let's give a warm welcome to our new members who have recently joined the CMPC:

(if we missed you on this list we will include you next time)

- Bill Wheeler
- Rachel Fiorentino
- Joseph Fiorentino
- Al Kiersarsky
- Paulette Kiersarsky
- Deb Joseph
- Greg Joseph

- Norman Bartel
- Roberta Happel
- Richard Happel
- Todd Klein
- Kandace Mickelsen
- Tim Mickelsen

## Pickleball Humor

In the spirit of keeping Pickleball fun—

Q. How many Pickleball players does it take to to change a burned-out light bulb?

A. None. Players say "Out? What do you mean out! It's in!"

I had to use my glasses to play Pickleball— it's a nocontact sport.

I don't always play Pickleball—oh, wait, I do.

Submit your own Pickleball jokes to pickleballcanta-mia@gmail.com

# **Calendar** 2022-2023

**First CMPC Meeting** 

Sept. 28, 2022

**World Pickleball Day** 

Oct. 2, 2022

Lessons by Skills Committee

November and monthly 2022-23

**Dinkin' and Donuts** 

Nov. 5, 2022

**Fall Tournament** 

November, details to come

Pizza Ball

Jan. 14, 2023

**Goodyear Firefighters**Battle for the Paddle

Feb. 25, 2023

**Spring Tournament** 

March, details to come

**CMPC Year-end Party** 

Mar. 26, 2023

Coffee and Conversation

April 8, 2023

# Social Committee spearheads another year of entertaining activities

When the Social Committee puts together CMPC events...



...you know it's a party!



As the "Fun Group" the Social Committee encourages everyone to join in all the events and look for any opportunity to join in and get involved! L to r top: Lisa Gutierrez, Dale Sargent, Diana Kranz, Amy Smith, Ellen Peters, Chris Fredericks, Kathy Johns, Bonnie Nunziata

The Social Committee are among other things the clubs party planners and like years past we are planning a year full of events designed to bring members together to play pickleball, socialize and have a whole lot of fun together.

While some events will be familiar to you, we plan on adding a few tweaks to change things up a bit. A sample of things to come include the annual celebration of World Pickleball Day, Dinkin' & Donuts, Club Members Fall Tournament, a Meet and Greet in conjunction with a club membership meeting, Pizza Ball, CMPC & Goodyear Fire Department Community Outreach (Battle for The Paddle), Club Members' Spring Tournament, and CMPC End of Year Picnic and Awards presentation. Whew!

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# CMPC Skills Committee launches another year of improvements







#### Classes

Are you ready to improve your pickleball game or maybe learn to play the game of pickleball? If you answered "YES!" then the plans that the Skills Development Committee have for the coming season are perfect for you. Starting in November we will be offering 3 different 4-week classes. These classes will not only teach basic strokes and strategies of the game, but will give you the opportunity to meet others who play pickleball. This is a great way to have fun on the courts. All classes are taught by Club volunteers. The three different classes are Skills 1, Skills 2, and Skills 3:

The three different classes are Skills 1, Skills 2, and Skills 3:

- The Skills 1 class is designed for those new to pickleball or with minimal experience playing the game.
- Skills 2 is for those who know the basics of the game, but need to practice and improve basic strokes (serve, return of serve, dinks, volleys).
  Learning strategies to play with a partner are also part of this class.
- Skills 3 is for players who can control the placement of their strokes and understand the basics of partner play. The third shot drop and partner communication are a big part of this class.

For more information on these classes, check out the Skills page on the CMPC website. here

#### Clinics

Plans are also under way to offer a variety of 2-hour clinics on specific strokes and strategies. These will be taught by member volunteers and will cover such things as serves, how to soften your game, positioning on the court, and stacking.

If you are interested in teaching or assisting with a class or clinic, please let one of the committee members know.

Hope to see you at one of our classes or clinics!

The Skills Development team: Mary Dubitzky, Pat Henry, Cindy Johnson, Jenn Sherman, Edna Vasquez, and Bobbie Weber

## Battle for the Paddle will be back and more rewarding than ever





#### Mark your calendar for Saturday, February 23, 2023

On that day, CantaMia will once again host the Goodyear Fire Department at the second annual "Battle for the Paddle" fundraising event. And Gizmo is coming back!

Last February, the people of CantaMia worked together to show our appreciation for the Goodyear Firefighters and all they do to keep us safe.

The CM Pickleball Club arranged a friendly Pickleball competition with the Firefighters. Joining their team were CantaMia residents who had been First Responders themselves. And Jay "Gizmo" Hall, professional Pickleball player and a former First Responder, rounded out their dedicated team. CantaMia players made it a fun competition.

CantaMia clubs groups hosted fundraisers for the Goodyear Firefighters' charity. The Cooking Club, Art Studio, Artisan Table Club, Massages by Karen Meyer, contributors to the silent auction, and the CantaMia Association together raised almost \$12,000.

The goal is to exceed last year's total, and to have more CantaMia residents than ever make this event a record-breaker.

For more information on how you can help, contact pickleballcantamia@gmail.com











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# How do players receive a rating?

- Professional appraisal: For a small fee, anyone can arrange to be rated by a professional pickleball player.
   The professional will watch you play, and assign you your ratings number.
- Self Appraisal: USAPA allows you to download their Skill Assessment Sheets for every level, available <u>here</u>
- DUPR: DUPR is a phone app and system that enables players to enter information on their results every time they play. DUPR charges a small subscription fee. Go to

www.support.mydupr.com

For a more in-depth discussion of ratings and how they might apply to you, check out this article on the CM Pickleball website – <u>Pickleball</u> <u>Ratings Appraisal</u>

# Pickleball Ratings: What Are They? How Are They Assigned? Why Should You Care?

Please Note: This article is intended to provide information on how pickleball ratings are established and who might benefit from being rated. <u>The CMPC does not require its members to get rated</u>. This decision is up to the individual.



#### What is a Pickleball Rating?

A pickleball rating is a number that is intended to tell the world your general skill level as a player. Many other sports have ways of assigning a skill level to individual players – for example, tennis has a rating system, and golf and bowling have a handicap system.

The commonly used USAPA rating ranges from 1.0 (you just picked up a paddle and figured out which end is the handle) to 5.5 or over (you are a professional who competes regularly with other professionals for prizes).

#### What Do Ratings Indicate About a Player's Abilities?

Some categories that go into a rating are:

- Rules and Regulations
- Positioning on the court
- Serving a variety of shots
- Return of Serves
- Dinking
- Shots and shot variety
- Lobbing
- Volleying
- Foot mobility
- Strategy of play

#### The Big Question: should I get rated?

- If you attend outside tournaments, being rated will help you enter competitions at the appropriate level.
- When CantaMia attends league play at other communities, ratings help determine who you should play against.
- Other communities require ratings for play on their courts.
- And in the end, the more honest all of us are concerning our level of play, the better we will be able to grow our skills.

### Good things to know

#### Join the club

There are registration forms by the Pickleball box inside the supply room next to the Pickleball and Bocce courts. Drop your completed form and \$20 membership fee (cash or check made out to CMPC) in the box .

#### At www.cmpickleball.com,

you can also open the menu in the upper left corner and click on Forms, Documents, Rules. Open CMPC Registration Form, download and print.

# All CantaMia residents can use HoldmyCourt to reserve a court

Go to www.cmpickleball.com

Open the menu on the upper left and scroll to Court Reservations. Or click <a href="https://example.com/here">here</a> Register your account. (Only one account per current resident is allowed.) Sign in to make your reservations

Welcome to CantaMia Pickleball HoldmyCourt.

Please only reserve courts when you know you will use them. If you don't need a court, please cancel, if possible a day ahead.

#### CantaMia Pickleball website

Just go to <a href="www.cmpickleball.com">www.cmpickleball.com</a>. Our website will familiarize you with the CantaMia Pickleball Club (CMPC), and what membership includes. Learn more about opportunities to play for all CantaMia residents, plus events for CMPC members.

Most of the website is open to everyone. Explore and find out more.

#### Ask questions

Email us at <u>pickleballcantamia@gmail.com</u>. One of our members will be happy to answer your questions and explain the benefits of becoming a member yourself.

A special thanks to Ritch Fuhrer, Ritch Fuhrer Photography, for taking photos of CMPC events. Many of his photos are featured in this issue.

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