

17th Annual Education Conference of the Arizona Sleep Society

Saturday, September 26, 2026

4340 East Cotton Center Boulevard, Suite 100 Phoenix, Arizona 85040

8:00 – 8:50am	BREAKFAST/Registration/Vendors/Exhibits
8:50 – 9:00am	Opening Ceremony – <i>Melanie Badillo, AZSS President</i>
9:00 – 10:00am	The Tired Brain: How Sleep Shapes Dementia Risk <i>Joyce K. Lee-Iannotti, MD, FAASM, FAAN</i>
10:00 – 11:00am	KPAP – <i>William Noah, MD</i>
11:00 – 12:00pm	Updated AASM RLS Guidelines: Out with the Old and In with the New <i>Mark J. Buchfuhrer, MD, FCCP, FRCP(C)</i>
12:00 – 1:30pm	LUNCH/Raffle/Vendors/Exhibits
1:30 – 2:30pm	Weight-loss Medications and Associated Long-term Weight Loss and Positive Airway Pressure (PAP) Compliance - <i>Arpita Surkunte, MD</i>
2:30 – 3:30pm	Linking Insomnia and Mental Health: Pathways and Interventions - <i>Michael Grandner, PhD</i>
3:30 – 3:45pm	BREAK/Raffle
3:45 – 4:45pm	Hypoglossal Nerve Stimulation (Inspire and Genio) for Obstructive Sleep Apnea <i>Jordan Weiner, MD</i>
4:45 – 5:45pm	Pulmonary and Sleep Overlaps - <i>Ashley Garrett, MD</i>
5:45 – 6:00pm	AZSS Business Meeting Closing/Raffle