

- **Melanie Badillo, RPSGT CRT-SDS** has served in Sleep Medicine in the Tucson area for many years and served in Supervisory to Director roles at Various Tucson Sleep Centers. Melanie has served the Arizona Sleep Society Board since their inception. Melanie served many years as the AZSS Secretary and worked hard to obtain credits for all the sleep society meetings with the AAST, AARC, and BRPT. Melanie now works with Valley Sleep Center in the Tucson and is working on expanding Sleep services in the Tucson area with a new sleep center. Melanie is currently the President of the AZSS and is filling in to assist in Secretary/Treasury duties
- **Bernie Miller, RPSGT, CCSH, RRT, BS, MHCM** has been with the Mayo Clinic Arizona Center for Sleep Medicine since 2001. He's also an assistant professor of Medicine at the Mayo Clinic College of Medicine and an adjunct for the GWCC. Bernie has served with the Gateway Community College Sleep Program Advisory Board and the Arizona Sleep Society Board since their inception. Bernie also has lectured at many conferences on Sleep Medicine. Bernie currently is assisting in Secretary/Treasury duties and is the AZSS past president.
- **Steven Lenik, RPSGT, RST** is a Registered Sleep Technologist with over 40 years' experience in Sleep and Cardiopulmonary medical technology. He has managed AASM accredited sleep centers, pulmonary function laboratories and neurodiagnostic centers since the 1970's and taught college courses in Sleep and Respiratory technology for nearly 30 years. He has been an invited lecturer at national conventions for polysomnographic and neurodiagnostic technologists for decades. Steven is currently active in the CEC accreditation committee of the AAST. Steven currently is the Education chair for the AZSS.
- **Gerald Fougner, RPSGT RST** started his Sleep Medicine career under Andrew Binder, MD in Santa Barbara, CA in 1998 and returned to Arizona where he worked with Samaritan/Banner Health Sleep Program 4+ years, had a brief period with American Health Services, worked with Valley Sleep Center for 19+ years, worked with Desert Pulmonary and Sleep Consultants and now started works on a start-up Ronin Sleep Solutions. Gerald Attended Arizona State University and learned Polysomnography from the Ohio Institute of Sleep Medicine. Gerald has served with the Gateway Community College Sleep Program Advisory Board and the Arizona Sleep Society Board since their inception. Gerald is a member of the AAST and the AASM. Gerald is currently the Communication chair for the AZSS and works on websites, media and other projects.
- **Kimberly Vana DNP, RN, FNP-BC** is a clinical professor at the College of Nursing and Health Innovation. She currently teaches in the RN-BSN and Concurrent Enrollment Programs in the Undergraduate Nursing Programs. Her current research interests include sleep health and nursing education pedagogy. Kimberly is our newest Board Member and assists the other Board Members in various capacities and advisory roles. She has been helping some with Treasurer duties as well.
- **Don Townsend PhD** is a clinical psychologist and sleep medicine specialist. He received his PhD from Virginia Commonwealth University and completed residency at Rush Medical Center in Chicago. He then completed a formal sleep medicine fellowship in Michigan and has been working in sleep medicine for over 20 years. Dr. Townsend is board certified in sleep medicine (2002) and behavioral sleep medicine (2005) and specializes in the assessment and treatment of Insomnia with Cognitive Behavioral Therapy. Don is our newer Board Members and assists in various capacities and advisory roles including Education Chair duties.
- **Troy Sebastian, MSHCA, RPSGT, RST** is dual credentialed in sleep technology; has been involved in the sleep medicine industry for more than two decades. Troy has opened sleep centers throughout the Southwest and was the sleep center director responsible for obtaining AASM Accreditation of the San Carlos Apache Healthcare Corporation sleep center in Peridot, Arizona; a first for an AASM center on native land in the United States. Troy has also worked as adjunct faculty at Gateway Community College in Phoenix, Arizona; teaching courses in polysomnography. Sebastian's military background played a key role in his journey into sleep medicine. He served as a combat corpsman for the [U.S. Marine Corps](#), where he earned the nickname "Doc." Reflecting on this experience, he shared, "As a combat corpsman, I worked similarly to a physician assistant. I treated various injuries during deployments, such as open fractures, dehydration, and minor illnesses." After leaving the military, he discovered a passion for sleep medicine. Troy has served as a Board Member of the Arizona Sleep Society since its inception. Troy took a brief break from the sleep society while working for the Veterans Administration Sleep Centers across the United States where he continues to serve. Troy has returned as Treasurer in a remote capacity to help the Arizona Sleep Society function at its best.

