

17th Annual Education Conference of the Arizona Sleep Society

4340 East Cotton Center Boulevard, Suite 100 Phoenix, Arizona 85040

Saturday, September 26, 2026

8:00 – 8:50am	BREAKFAST/Registration/Vendors/Exhibits
8:45 – 8:50am	Opening Ceremony – Melanie Badillo, AZSS President
8:50 – 9:40am	The Tired Brain: How Sleep Shapes Dementia Risk Joyce K. Lee-Iannotti, MD, FAASM, FAAN
9:40 – 10:30am	Linking Insomnia and Mental Health: Pathways and Interventions - Michael Grandner, PhD
10:30 – 11:20am	KPAP – William Noah, MD
11:20 – 12:10pm	Updated AASM RLS Guidelines: Out with the Old and In with the New Mark J. Buchfuhrer, MD, FCCP, FRCP(C)
12:10 – 1:30pm	LUNCH/Raffle/Vendors/Exhibits
1:30 – 2:30pm	Weight-loss Medications and Associated Long-term Weight Loss and Positive Airway Pressure (PAP) Compliance - Arpita Surkunte, MD
2:30 – 3:30pm	Pulmonary and Sleep Overlaps - Ashley Garrett, MD
3:30 – 3:45pm	BREAK/Raffle
3:45 – 4:45pm	Hypoglossal Nerve Stimulation (Inspire and Genio) for Obstructive Sleep Apnea- Jordan Weiner, MD
4:45 – 5:45pm	Follow-up Cases: Interesting Data Downloads & things seen in Follow-up visits. Bernie Miller, RPSGT, CCSH, RRT, BS, MHCM
5:45 – 6:00pm	AZSS Business Meeting Closing/Raffle

Joint Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Arizona Sleep Society. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Professions in scope for this activity are listed below. Amedco Joint Accreditation Provider Number: 4008163

Physicians: Amedco LLC designates this live activity for a maximum of 7.00 *AMA PRA Category 1 Credits™* for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Board of Registered Polysomnographic Technologists (BRPT) designates this educational activity for a maximum of Seven (7) Continuing Sleep Technology Education credits. Individuals should claim only those credits that he/she actually earned in the educational activity.

The American Association of Respiratory Care (AARC) designates this educational activity for a maximum of Seven (7) Continuing Respiratory Continuing Education credits (CRCE.) Individuals should claim only those credits that he/she actually earned in the educational activity.

Arizona Sleep Society Website: <https://azsleepsociety.com/>

Arizona Sleep Society open positions: <https://azsleepsociety.com/volunteer-opportunities>

Arizona Sleep Society Current Board Members: <https://azsleepsociety.com/about-us>

Please be sure to visit these Exhibitors and thank them for supporting this year's Sleep Conference!



Thank you to our affiliate supporters who offered volunteers, raffle prizes, and support!

