

17th Annual Education Conference of the Arizona Sleep Society

4340 East Cotton Center Boulevard, Suite 100 Phoenix, Arizona 85040

Saturday, September 26, 2026

8:00 – 8:50am	BREAKFAST/Registration/Vendors/Exhibits
8:50 – 9:00am	Opening Ceremony – <i>Melanie Badillo, AZSS President</i>
9:00 – 10:00am	The Tired Brain: How Sleep Shapes Dementia Risk <i>Joyce K. Lee-Iannotti, MD, FAASM, FAAN</i>
10:00 – 11:00am	KPAP – <i>William Noah, MD</i>
11:00 – 12:00pm	Updated AASM RLS Guidelines: Out with the Old and In with the New <i>Mark J. Buchfuhrer, MD, FCCP, FRCP(C)</i>
12:00 – 1:30pm	LUNCH/Raffle/Vendors/Exhibits
1:30 – 2:30pm	Weight-loss Medications and Associated Long-term Weight Loss and Positive Airway Pressure (PAP) Compliance - <i>Arpita Surkunte, MD</i>
2:30 – 3:30pm	Linking Insomnia and Mental Health: Pathways and Interventions - <i>Michael Grandner, PhD</i>
3:30 – 3:45pm	BREAK/Raffle
3:45 – 4:45pm	Hypoglossal Nerve Stimulation (Inspire and Genio) for Obstructive Sleep Apnea <i>Jordan Weiner, MD</i>
4:45 – 5:45pm	Pulmonary and Sleep Overlaps - <i>Ashley Garrett, MD</i>
5:45 – 6:00pm	AZSS Business Meeting Closing/Raffle

Current 2026 AZSS Board Members:

Melanie Badillo, RPSGT Steven Lenik, RPSGT Kimberly Vana, PhD Don Townsend, PhD Bernie Miller, RPSGT Troy Sebastian, RPSGT Gerald Fougner, RPSGT	President Education Committee Chair Secretary Education Committee Past President, Education Committee Treasurer Communication Chair	
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Arizona Sleep Society Website: <https://azsleepsociety.com/>

Arizona Sleep Society open positions: <https://azsleepsociety.com/volunteer-opportunities>

Please be sure to visit these Exhibitors and thank them for supporting this year's Sleep Conference!



Thank you to our affiliate supporters who offered volunteers, raffle prizes, and support!

