



Briana Messerschmidt, M.S.
 Licensed Marriage and Family Therapist #122796
 BmessyTherapy.com
 5212 Katella Ave, Los Alamitos, CA 90703
 (707) 654-3213

Consultee Contract

Congratulation on embarking on this exciting step on your journey as a clinician who specializes in trauma treatment! Becoming Certified in EMDR therapy is an important choice that signifies your dedication to this evidence-based therapeutic modality and your clients. There are both financial and time commitments involved. In addition, this is a professional commitment to becoming proficient in, and advancing your skill in, EMDR Therapy. This document is intended as both an educational tool and a contract to guide you through the certification process.

CONTRACT OF UNDERSTANDING REGARDING CONSULTATION FOR CERTIFICATION IN EMDR THERAPY

I, Briana Messerschmidt, LMFT, registered with EMDRIA, as an EMDRIA Consultant in Training for EMDR Therapy, agree to provide _____ (henceforth referred to as Consultee) with individual and/or group consultation in EMDR Therapy as part of the EMDRIA requirements to become a Certified EMDR Therapist.

It is understood that obtaining these hours alone does not constitute a guarantee that the Consultee will receive Certification. If I do not feel confident in writing a letter of recommendation for Certification to the Consultee at the completion of the minimum 20 hours required by EMDRIA, I may suggest additional hours of consultation. It is the responsibility of the Consultee to ensure that they fulfill all requirements and complete the application process required by EMDRIA for Certification.

It is understood and agreed that I require each Consultee to provide videotapes of EMDR reprocessing sessions to facilitate the consultation process. I may also suggest additional learning activities (such as reading or attending seminars/workshops) if I believe that such activities may help the Consultee to acquire the knowledge base incumbent upon a certified EMDR Therapist.

It is understood by all parties that I will be providing educational consultation only, NOT supervision. It is assumed that the Consultee is either a licensed professional or is under the supervision of a licensed professional, and that the Consultee is providing services to clients according to the guidelines of all relevant governmental and professional entities and is wholly responsible for their own decisions and actions in relation to their clients.

It is further understood that it is the Consultee's responsibility to receive appropriate consents from the clients and to present client information in a manner consistent with the standards and law of confidentiality. This includes the use of audio or video recordings of clients that may be shown in an individual or a group setting. It is also understood that as a consultant in training, I may consult with other professionals to better assist you in reaching your goals.

Consultee Contract*BM*

Briana Messerschmidt, M.S.
 Licensed Marriage and Family Therapist #122796
 BmessyTherapy.com
 5212 Katella Ave, Los Alamitos, CA 90703
 (707) 654-3213

REQUIREMENTS

You can visit <https://www.emdria.org/emdr-training/emdr-certification-2/> on the EMDRIA Website to find EMDRIA's requirements. Currently, EMDRIA's consultation time requirement is 20 hours, 10 of which need to be individual sessions. As a Consultant in Training, I may provide up to 15 of the necessary 20 hours of consultation. The remaining 5 hours must be provided by an Approved Consultant. Also, as a Consultant in Training, I am required to obtain Consultation for Consultation. I will be consulting with Approved Consultants Michelle Gottlieb, Psy.D., MFT, LPCC and Curtis C. Rouanzoin, Ph.D.

Similar to most EMDRIA Approved Consultants, I have an evaluation check-list that will guide the consultation process. I will provide you a list of skills and abilities I will be assessing in this process. Secondly, most Approved Consultants require at least one behavioral sample of the candidate doing EMDR. I am no exception. This means that by the 4th individual session, I will need to see a behavioral sample (video recording) of you doing an EMDR therapy session. I strongly encourage you to consider bringing a sample to every session.

I also want to make it clear from the beginning, that if I don't see the proficiency of skills and abilities in the 15 hours I may provide, more consultation time may be needed. However, with the ongoing feedback and guidance I will offer you in this process, it is my intent to facilitate your attainment of skills in a timely fashion.

FEES

As stated above, the consultation requirement is 20 hours, 10 of which need to be individual, although it is acceptable for all them to be individual hours, as there is no minimum group requirement. As a Consultant in Training, I can provide up to 15 hours total.

Groups Sessions: \$30 per session.

Individual Sessions: \$60 per hour

 Signature of EMDRIA Consultant in Training

Date

 Signature of Applicant/Consultee

Date

 Printed Name of Applicant/Consultee

Phone Number