

Client:
 Age / Program:
 Original Assessment Date:
 Cultural considerations:

EMDR Client Treatment Plan

Objective:

Substance use:	Float Back & Affect Scan Targets		Clusters:	Positive Cognitions
	Age	Target		1.
Prescriptions:			1.	1.
Diagnosis:			2.	2.
Support:			3.	3.
DES-II: _____ ACE: _____			4.	4.
			5.	5.
Resources:			Present Triggers (Current Sx):	
<input type="checkbox"/> Safe/Calm Place: _____			1.	Future Template & Possible Scenarios
<input type="checkbox"/> Scent: _____			2.	
<input type="checkbox"/> Container: _____			3.	
<input type="checkbox"/> (+) memory & Breath shift: _____			4.	
<input type="checkbox"/> Desired Quality: _____			5.	
<input type="checkbox"/> Light Stream			Blocking Beliefs to Target:	
<input type="checkbox"/> Paint Can			1.	Poss. CTPs for Future
<input type="checkbox"/> Donald Duck			2.	
<input type="checkbox"/> Deep Breathing			3.	
<input type="checkbox"/> Earth, Air, Water, Fire			4.	
<input type="checkbox"/> Spiral			5.	

★ Worst

★ Emerging for future CTPS