

KeepSafe Connections

KeepSafe Connections are **Able, Approachable, and Available** to help with suicide. They know how to do suicide first aid (trained in suicide intervention). Different kinds of helpers in your community may have this training but some may not. It is best to check before adding them to this list.

1-877-727-4747

SUICIDE PREVENTION 24 HOUR HOTLINE

1-909-623-6131 (8pm to 4am Monday-Thursday and all weekend long)

SUPPLEMENTAL CRISIS LINE

1-800-852-8336 (6pm to 10pm everyday)

TEEN LINE

1-877-988-5559, House of Ruth

DOMESTIC VIOLENCE HOTLINE & SUPPORT SERVICES

1-909-626-4357, Project Sister RAPE Hotline

SEXUAL ABUSE HOTLINE

1-800-540-4000, LA County DCFS

CHILD ABUSE HOTLINE

1-909-399-5411 Claremont

1-909-596-1913 La Verne

1-909-622-1241 Pomona

POLICE & PARAMEDIC NON-EMERGENCY

1-800-222-1222

POISON CONTROL 24 HOUR

1-909-399-0305, NAMI Pomona Valley

MENTAL HEALTH SUPPORT AND ADVOCACY

1-800-654-2673, Aurora Behavioral Health

MENTAL HEALTH HOSPITAL 24 HOURS

1-800-548-6047

EMERGENCY SHELTER

1-323-461-3131, Covenant House

YOUTH SHELTER & CRISIS LINE

1-866-488-7386, Trevor Project LGBTQ

TEEN 24 HOUR LIFELINE

1-866-623-9500, Tri-City Mental Health Services

MENTAL HEALTH CLINIC AND OUTREACH TEAM

1-844-233-6496 Tri-City Mental Health Services

CHILDREN/YOUTH/FAMILY CLINIC

1-909-623-1619 Project Sister

RAPE/SEXUAL ASSAULT COUNSELING

1-888-436-3246, Community Navigators

PRIVATE PRACTITIONERS

1-888-436-3246, Community Navigators

MEDICAL CLINIC

1-888-436-3246, Community Navigators

AIDS INFORMATION AND TESTING SITES

1-909-802-1300, DCFS Office Pomona

CHILDREN'S SERVICES OFFICES

1-888-436-3246, Community Navigators

CHILD CARE REFERRALS

1-888-436-3246, Community Navigators

PARENT TRAINING

1-909-242-7600, Wellness Center

1-909-399-0305, NAMI Pomona Valley

FAMILY SUPPORT SERVICES

1-909-242-7600, Wellness Center

SUPPORT GROUPS

1-909-398-4383, Prototypes; Community Assessment Service Center (CASC)

SUBSTANCE ABUSE COUNSELING

1-626-914-1861

ALCOHOLICS ANONYMOUS

1-909-391-4882, Inland Valley Hope Partners

RELIGIOUS/SPIRITUAL SUPPORT

Who or what might be on your own list of KeepSafe Connections?

Who or what might be on others' lists of KeepSafe Connections?

***In the case of a life-threatening emergency please call 911**