

SNACKS

Prepared fresh in house

RUSHBROOK TRAIL BARS

Do you need some extra energy? Try our signature trail mix baked into an energy bar, made w/gluten free oats & sesame seed butter. Single 5 3 bars for 13.5

RUSHBROOK TRAIL MIX

Allergen-friendly seed clusters (flax, chia, sunflower, sesame, pumpkin seed), popcorn, dark chocolate, dried blueberries, raisins & seaweed 4 Kids cone 2.5

HONEY APPLES

Freshly sliced crisp apples with Bulkley Valley Honey. 4

RUSHBROOK PARFAIT

Bulkley valley honey, plain yogurt and the best parts of our signature Rushbrook Trail Mix 5.5

SANDWICHES

Made to order, served on sourdough bread
Whole grain +1 Sourdough YPR Focaccia +2

ROAST BEEF

Roast beef, Yaga green dressing, fresh greens & white cheddar with house pickled red onions. 7.5

HAM & CHEESE SANDWICH

Ham, maple mustard aioli, fresh greens & cheddar. 7.5

TURKEY SANDWICH

Turkey, apple jelly, mayonnaise, fresh greens & cheddar. 7.5

BEET & APPLE VEGAN SANDWICH

Roasted beets, thin sliced apple, fresh greens, topped with a vegan caesar dressing made fresh in house. 7.5

EXTRAS Cheese +1 Dressing +1 Greens +2 Meat +3

yaga

HOME GROWN HYDROPONIC SALADS

Lovingly cultivated by our team on site from seed.
Non-GMO & free from pesticides.

ROASTED CHICKEN & VEGETABLE SALAD

Roasted chicken & root vegetables, pickled red onion, watermelon radish, made-in-house croutons with mixed greens & signature vinaigrette. 16.5

YAGA CAESAR

Romaine, kale, roasted edamame, avocado, croutons & house-made vegan Caesar dressing with roasted garlic & tahini. 14.5 Add Chicken +4

NORTH COAST COD NICOISE

Baked lingcod, hard boiled egg, asparagus, tomatoes, nori, roasted potatoes served on mixed greens with a house made vinaigrette. 17.5

APPLE, CHICKEN & CHEESE SALAD

Roasted chicken, sliced apple, rough cut aged cheddar, toasted pumpkin seeds, dried cranberries over mixed greens with a lemon tarragon dressing, made in house. 15

BIG GREEN SALAD

Roasted edamame, cherry tomatoes, carrot slaw, radish, on mixed greens with a lemon tarragon vinaigrette. 11

ADD-ONS Egg +2 Edamame +2 Avocado +3
Chicken +4 Lingcod +5.5

BREAKFAST

Available all day

CINNAMON SUGAR QUINOA BOWL

Cinnamon, nutmeg & brown sugar quinoa topped with toasted sunflower seeds & dried cranberries, finished with steamed milk. 6.5 Sub oat milk +1

AVOCADO TOAST

Our unique take on this hipster classic: YPR Sourdough toasted to golden brown with freshly harvested Yaga greens, topped with smashed avocado, lemon juice & a drizzle of olive oil 7.5

DAILY MUFFIN

Single 4 3 for 10

SUMMER FEATURES

Only while supplies last

CHICKEN RANCH SANDWICH

Roast chicken breast, house made ranch sauce, carrot slaw, cucumbers, Yaga greens on Sourdough YPR focaccia. 10.5

VEGAN CHICKPEA RANCH SANDWICH

Roast chickpeas, house made vegan ranch sauce, carrot slaw, cucumbers, Yaga greens on Sourdough YPR focaccia. 9.5

ROASTED CHICKEN RANCH SALAD

Yaga greens, roasted chicken, carrot slaw, grape tomatoes, cucumber, radish & house-made ranch dressing w/ fresh dill. 16.5

KARMA FRUIT SODA

Fresh, handpicked BC fruit in every can. No added sugar, no artificial sweeteners, and not from concentrate. Apple or Cherry 3



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN