

## SNACKS

Prepared fresh in house

### RUSHBROOK TRAIL BARS

Do you need some extra energy? Try our signature trail mix baked into an energy bar, made w/gluten free oats & sesame seed butter. Single 5 3 bars for 13.5

### RUSHBROOK TRAIL MIX

Allergen-friendly seed clusters (flax, chia, sunflower, sesame, pumpkin seed), popcorn, dark chocolate, dried blueberries, raisins & seaweed 4 Kids cone 2.5

### HONEY APPLES

Freshly sliced crisp apples with Bulkley Valley Honey. 4

### RUSHBROOK PARFAIT

Bulkley Valley Honey, plain yogurt and the best parts of our signature Rushbrook Trail Mix 5.5

## SANDWICHES

Made to order, served on sourdough bread  
Whole grain +1 Sourdough YPR Focaccia +2

### ROAST BEEF

Roast beef, Yaga green dressing, fresh greens & white cheddar with house pickled red onions. 7.5

### HAM & CHEESE SANDWICH

Ham, maple mustard aioli, fresh greens & cheddar. 7.5

### TURKEY SANDWICH

Turkey, apple jelly, mayonnaise, fresh greens & cheddar. 7.5

### BEET & APPLE VEGAN SANDWICH

Roasted beets, thin sliced apple, fresh greens, topped with a vegan caesar dressing made fresh in house. 7.5

**EXTRAS** Cheese +1 Dressing +1 Greens +2 Meat +3

# yaga

## HOMEGROWN HYDROPONIC SALADS

Lovingly cultivated by our team on site from seed.  
Non-GMO & free from pesticides.

### ROASTED CHICKEN & VEGETABLE SALAD

Roasted chicken & root vegetables, pickled red onion, watermelon radish, made-in-house croutons with mixed greens & signature vinaigrette. 16.5

### YAGA CAESAR

Romaine, kale, roasted edamame, avocado, croutons & house-made vegan Caesar dressing with roasted garlic & tahini. 14.5 Add Chicken +4

### APPLE, CHICKEN & CHEESE SALAD

Roasted chicken, sliced apple, rough cut aged cheddar, toasted pumpkin seeds, dried cranberries over mixed greens with a lemon tarragon dressing, made in house. 15

### BIG GREEN SALAD

Roasted edamame, cherry tomatoes, carrot slaw, radish, on mixed greens with a lemon tarragon vinaigrette. 11

**ADD-ONS** Edamame +2 Avocado +3 Chicken +4

## BREAKFAST

Available all day

### CINNAMON SUGAR QUINOA BOWL

Cinnamon, nutmeg & brown sugar quinoa topped with toasted sunflower seeds & dried cranberries, finished with steamed milk. 6.5 Sub oat milk +1

### AVOCADO TOAST

Our unique take on this hipster classic: YPR Sourdough toasted with freshly harvested Yaga greens, topped with smashed avocado, lemon juice & olive oil 7.5

### DAILY MUFFIN

Single 4 3 for 10

### YAGA BREAKFAST SANDWICH

Yaga fluffy baked eggs, ham, white cheddar, mayo on a potato bun, toasted fresh to order 7.5

### BROWN SUGAR ESPRESSO OVERNIGHT

### OATS

Gluten free oats, chia seeds, brown sugar, cinnamon, espresso, and oat milk 4.5

## MAKE IT A COMBO

### ADD A SIDE TO YOUR SANDWICH ORDER

Side Caesar +7 Daily Soup +7 Side Green Salad +6

### RUSH LUNCH

Daily from 11:30am to 1pm add a side salad or soup and save 3.

 **GLUTEN-FREE**

 **DAIRY-FREE**

 **VEGETARIAN**