













# Enrich Your Life and Relationships

## What Is Happening in Your Life These Days?

-  Are there areas of your life where you can't seem to create what you want in quality of life and quality of relationships?
-  Are you doing good but know you can do better?
-  Do you find yourself repeating behaviors and thoughts over and over without understanding why?
-  Do you sometimes fade before the finish line?
-  Are you succeeding more at work and less in relationships?
-  Do you genuinely love people but have trouble showing it?
-  Do you love yourself but sometimes don't stand for yourself?

## What You Will Learn, Practice and Use!

-  **REDUCE THE IMPACT YOUR PAST HAS ON YOUR FUTURE**
-  **MASTER YOUR MINDSET TO ACHIEVE YOUR HIGHEST GOALS**
-  **CONFIDENTLY ASK FOR WHAT YOU WANT**
-  **KNOW WHAT TO DO WHEN OTHERS RESIST YOUR FEELINGS AND IDEAS.**
-  **EXPRESS YOURSELF IN A WAY OTHERS WILL WANT TO LISTEN**

## Comments from Past Participants:

- "Surprised how practical and usable the skills are."*
- "Amazed to realize how much my past is controlling part of my life."*
- "Thanks. I now have a skill I am not afraid to use that enables me to directly ask for what I want and need."*
- "The 'questions dance' gives me a whole new approach to gaining broad and satisfying mutual understanding with people in my life."*
- "The chance to practice made all the difference for me."*

## On Line Registration:

[thorengroup.com/registration.html](http://thorengroup.com/registration.html)

## WORKSHOP

6-8 PM

Oct. 25, Nov. 1, 8 & 15

## INVESTMENT\*

\$190 for all 4 sessions

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## QUESTIONS?

Call Don 480-560-3525

## LOCATION



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## PRESENTERS

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\* Presented by:

Enrich Relationships LLC  
A 501(c)3 non-profit Corp.  
"Helping People Succeed."