# Adapt Riders Physical Assessment and Questionnaire

# The purpose of this form is to see how we can best assist you in participating at your highest level in our competitions.

## Interview Details

|  |  |  |  |
| --- | --- | --- | --- |
| Name: |  | Date: |  |

|  |  |
| --- | --- |
| Event date: |  |

|  |  |  |  |
| --- | --- | --- | --- |
| Medical Diagnoses: |  | Phone Number: |  |

## Questions to Ask Interviewer

|  |  |
| --- | --- |
| Question #1: | Have you ever fired a handgun in 9mm or higher and an ar15 in 5.56 before? |
| Additional info: |  |

|  |  |
| --- | --- |
| Question #2: | On a scale of 1-10 what is your grip strength |
| Notes: |  |

|  |  |
| --- | --- |
| Question #3: | Can you push yourself in a manual chair |
| Notes: |  |
| Question #4: | Do you primarily use a power wheelchair or a manual wheelchair? If a manual, can you push yourself for more than 10 minutes at a time? |
| Notes: |  |
| Question #5: | Will you be bringing a guest to the competition? If so who? |
| Notes: |  |
| Question #6: | Is there anything else that you’d like for us to know that would assist us in you helping you during the competitions? |
| Notes: |  |

## Additional Notes

Enter Additional Notes.