



Problem Solving with the Six Thinking Hats

Description:

Our own thinking can be a limiting factor when working independently and in groups. The Six Thinking Hats methodology can be used to broaden our own thinking and improve our ability to communicate our thoughts to others when working to solve problems and make decisions.

Participants will learn to use the Six Thinking Hats to achieve the many benefits including improving communication, problem solving efficiency, ability to work with a diverse group of people with varied skill sets, cultural backgrounds, and experience levels.

Participants will also become more aware of their own biases, opinions and other thoughts that hamper problem solving. They will become more effective problem solvers by focusing on one aspect of a problem at a time.

Participants will explore how the Six Thinking Hats can be incorporated with other problem solving and decision-making methodologies. We use small lectures, discussion, individual and small team activities and lots of practice.

Learning Objectives:

Upon completion of this workshop participants will be able to:

- Describe the Six Thinking Hats methodology
- Use the Six Thinking Hats as a framework for systems thinking
- List several benefits of using the Six Hats methodology to improve problem solving
- Learn how to leverage an entire team's strengths to aid in problem solving and decision making
- Learn how to approach problem solving and decision making constructively
- Improve problem solving efficiency

Length:

1 Day