



Coming Soon!

CHILLED SEAFOOD & RAW BAR

Signature POKE BOWLS

The Hull Poke Bowl \$22

Sushi Rice, Mixed Greens, Atlantic Salmon, Yellowfin Tuna, Edamame, Pickled Vegetables, Avocado, Alfalfa Sprouts, Cilantro, Crispy Wontons, Spicy Aioli

Land Lovers Poke Bowl \$16

Coconut Quinoa, Chopped Romaine, Hull Slow Roasted Pulled Pork Carnitas, Shredded Cheddar Cheese, Kidney Beans, Jalapenos, Pico de Gallo, Cornbread Croutons, Sriracha Cream

Kids Poke Bowl \$14

Choose Your Own Base,
Grilled Marinated Chicken Breast, Carrots, Edamame, Cucumber, Crispy Wontons, Ginger Teriyaki Sauce

Signature SALAD BOWLS

Land & Sea Salad Bowl \$16

Mixed Greens, House Made Chicken & Tuna Salad, Beefsteak Jersey Tomato, Cucumber, Red Onion, Carrots, Flatbread Crackers, Balsamic Vinaigrette

No Wake Salad Bowl \$22

Chopped Romaine, Jumbo Lump Crab, Old Bay Shrimp, Asparagus, Grape Tomatoes, Scallion, Mixed Olives, Hard Boiled Egg, Crumbled Bacon, Thousand Island Dressing

Kids Caesar Salad Bowl \$12

Chopped Romaine Lettuce, Grilled Marinated Chicken Breast, Homemade Croutons, Shaved Parm Cheese, Creamy Caesar Dressing

 **Gluten Free**

 **Vegan**

 **HOT!** (Consider yourself warned!)

 **Shellfish Allergy**

 **Nut Allergy** (Food prepared in this establishment are in close proximity of peanuts)

 **Raw** (Eating uncooked seafood may increase your risk of food borne illness)

 **Non-Vegan**

Build Your Own POKE OR SALAD BOWL

1 PICK BASE

- Sushi Rice 
- Coconut Quinoa 
- Zucchini Noodles 
- Mixed Greens 
- Chopped Romaine 
- 50/50 (Mix any 2 Bases)

2 PROTEIN

- | | | |
|---|------|-------|
| • Yellowfin Tuna  | \$19 | + \$6 |
| • Spicy Tuna  | \$20 | + \$7 |
| • Atlantic Salmon  | \$18 | + \$7 |
| • Grilled Chicken | \$15 | + \$5 |
| • Crab  | \$22 | + \$7 |
| • Old Bay Shrimp  | \$17 | + \$6 |
| • Tofu  | \$15 | + \$5 |
| • Pulled Pork | \$16 | + \$6 |
| • Chicken Salad | \$14 | + \$5 |
| • Tuna Salad | \$14 | + \$5 |
| • No Protein | \$15 | |
- (unlimited toppings)

Add
Extra 

3 TOPPINGS (Choose 4)

 

- English Cucumber
- Shelled Edamame
- Pickled Jalapenos 
- Alfalfa Sprouts
- Shredded Carrots
- Baby Radishes
- Pickled Vegetables
- Sliced Scallions

- Chick Peas
- Roasted Peppers
- Pickled Beets
- Shredded Cabbage
- Cilantro Leaves
- Chopped Mango
- Chopped Pineapple
- Slivered Asparagus

ADDITIONAL TOPPINGS (\$.75 EA)

- Hard Boiled Egg 
- Blue Cheese Crumbles 
- Shaved Parmesan 
- Shredded Cheddar 
- Sliced Red Onion
- Grape Tomatoes
- Seaweed Salad
- Avocado (+\$3)

4 SAUCES/DRESSINGS

- Spicy Aioli  
- Ginger Teriyaki 
- Citrus Ponzu 
- Basil Aioli 
- Thai Sweet Chili  
- Wasabi Aioli  
- Creamy Caesar 
- Island Dressing 
- Chunky Blue Cheese 
- Balsamic Vinaigrette 
- Zesty Ranch 
- Honey Mustard 

5 CRUNCHES (Unlimited)

- Umami Toppers 
- Crispy Onions
- Wasabi Peas 
- Garlic Croutons
- Wonton Crisps
- Sesame Seeds 
- Shredded Nori 
- Everything Spice 
- Toasted Coconut
- Roasted Cashews  
- Pumpkin Seeds 
- Bacon Bits

DOLE WHIPS & BEVERAGES

Grab & Go Beverages \$3

Dole Whip \$6

Ask about our Featured Flavors of the day!

