

Unity in the Valley

Put Your Heart into Recovery
Share Your Experience, Strength and Hope

Be a Workshop Presenter

April 30, 2022 | Phoenix, Arizona | Mini Conference



We need GA workshops,
Gam-Anon workshops, &
Combination workshops
(1 GA & 1 Gam-Anon member)



Some Workshop Topic Suggestions or Bring Your Own

The Knots of Gam-Anon The 20 questions Relapse prevention plan
Progress not perfection One bet away Gam-Anon & GA Unity & Unity Steps
Work your program My journey with a compulsive gambler 12 Steps
One day at a time Recovery vs abstinence Serenity The yellow book
Making amends Honesty, open-mindedness & willingness Powerlessness
Gratitude Living one day at a time Phone calls Surrender
You're not alone My journey with a compulsive
My journey as a compulsive gambler Page 17 Experience, strength, & hope

Send an email to Bob D. at, RDICKSON6@COX.NET with the following information:

1. First name & last initial.
2. Phone number & email address.
3. Your program (Gamblers Anonymous or Gam-Anon).
4. The topic you'd like to present in a workshop.
5. Name/s of the person/s doing the presentation.



GA Chair: Penny V. 602-434-6452 (call or text), ifosterdogs@cox.net.
Gam-Anon Chair: Marc V. 602-550-4562 (call or text), ifosterdogs@cox.net.