

A Referral Resource. Licensed mental health professionals providing counseling for adults, adolescents, couples, co-parents, and families – including forensic, custody, and trauma-informed care.

OUR PROVIDERS



Tamra McDermott
LPC, LPCS Candidate
Clinical Director

MASTER'S MA Clinical Mental Health Counseling (Liberty)
DOCTORAL Doctoral Candidate (In Progress) – Ph.D. General Psychology (Dissertation phase)

AGES SEEN
13+ to Adults
LANGUAGES
English



Hope Bowhay
LPCA
Bilingual Therapist

MASTER'S MA Clinical Mental Health Counseling (Liberty)
DOCTORAL Doctoral Student (In Progress) – Ph.D. Psychology – Behavioral Health Leadership

AGES SEEN
11+ to Adults
LANGUAGES
English / Spanish



Brooklyn Flowers
LPCA
Therapist

MASTER'S MA Clinical Mental Health Counseling (Troy)
DOCTORAL Doctoral Student (In Progress) – Ph.D. Counselor Education & Supervision

AGES SEEN
16+ to Adults
LANGUAGES
English

SERVICES OFFERED

Individual Counseling

Couples Counseling

Coparenting

Reunification Counseling

Family Counseling

CONDITIONS TREATED

Our services address a wide range of mental health concerns, including, but not limited to:

Anxiety Disorders

Depression

Trauma / PTSD

Mood Disorders

Bipolar Disorder

Personality Disorders

Relationship Challenges

Family Conflict

Grief and Loss

Emotional / Behavioral Concerns

Life Changes

Chronic Illness Support

INSURANCE & BILLING

We accept **Blue Cross Blue Shield, Cigna / Evernorth, Aetna, and United Healthcare / Optum** (participation varies by provider).
Out-of-network superbills provided for potential reimbursement. Not enrolled with Medicaid or Medicare.

HOURS OF OPERATION

ADMIN HOURS

Monday – Thursday
10:00 AM – 5:00 PM

THERAPY APPOINTMENTS

7 days a week including weekend times, based on provider's availability

HOW TO REFER

THREE EASY WAYS

ONLINE: www.assuretherapycenter.com

EMAIL: contact@assuretherapycenter.com

CALL: 843-595-6004

Assure Therapy Center • Professional Counseling Services • 843-595-6004 • www.AssureTherapyCenter.com

Located at 101 Prather Park Dr., Ste D. Myrtle Beach, SC 29588