

COUNSELING RATES:

\$160: Comprehensive Assessment (1st appointment)

\$120: 60-minute counseling session

Individual Counseling | Couples Counseling | Family Counseling | Reunification Counseling | Group Counseling
Providing assessments, diagnosis, treatment, & recommendations for adults, children, couples, co-parents & families.
We offer IN-OFFICE and TELEHEALTH appointments.

Assure Therapy Center is an Out-of-Network insurance provider. We can issue superbills for clients with private insurance. It is the client's responsibility to verify out-of-network coverage with their insurance provider. Government insurance like Medicare, Medicaid, and Tricare will not allow reimbursement for services.

EVALUATIVE ASSESSMENT RATES:

Kindly be advised that these services are not charged through insurance.

Mental Health Diagnostic Assessment

A mental health assessment evaluates an individual's emotional, psychological, and social well-being. It involves gathering information through various methods such as interviews, questionnaires, and standardized instruments. The goal of the assessment is to understand the individual's current mental health state, identify any symptoms or disorders, and determine the impact of these issues on their daily life. During the assessment, professionals typically explore the person's history, including medical, psychological, and family background, as well as current functioning, such as thoughts, behaviors, emotions, and social interactions. This process informs diagnosis, guides treatment planning, and provides tailored recommendations for ongoing care. A final report is provided.

Time Frame: Typically spans 3-4 sessions.

Non-Refundable Retainer:

\$400 per individual

Sessions:

\$175 per 60 min session

Report Fee:

A base rate of \$300 plus \$150 for each additional page.

Child Custody Assessment

A child custody assessment is conducted by a mental health professional to help legal professionals and/or the court determine what is in the best interest of a child during custody disputes. The assessment encompasses interviews with the parents, the child, and other significant parties, as well as observations of the interactions between parent and child. Home visits may also be conducted if requested. The evaluation typically involves mental health assessments for the parents, a review of relevant documents, and an analysis of parenting roles, shortcomings, and possible signs of parental alienation. The provider's goal is to offer an unbiased and well-informed recommendation regarding custody and visitation arrangements that will best promote the child's well-being and development.

Time Frame: Typically spans 15 sessions.

Non-Refundable Retainer:

\$600 for each parent

\$375 for each child (for the first two children)

\$250 for each additional child starting from the third.

Sessions: \$175 per 60 min session

Interviews with other parties: \$120 per 60 min telehealth or office session

Home Visit: \$350 per visit

Report Fee: A base rate of \$300 plus \$150 for each additional page.

Parental Assessment

A parental assessment is conducted by a mental health professional to evaluate a parent's capacity to care for their child. It involves interviews, observations, and psychological testing to assess parenting skills, the parent-child relationship, and the parent's ability to meet the child's needs. Note, although it is ideal for both parents to be evaluated to provide a comprehensive overview of their parenting roles and any deficiencies, the assessment can still be effectively conducted with only one parent present.

Time Frame: Typically spans 10 sessions.

Non-Refundable Retainer:

\$450 per parent

\$375 for each child (for the first two children)

\$250 for each additional child starting from the third.

Sessions: \$175 per 60 min session

Interviews with other parties: \$120 per 60 min telehealth or office session

Report Fee: A base rate of \$300 plus \$150 for each additional page.

Parental Assessment with Co-Parenting Training

Parental Assessment with co-parenting training includes interviews, observations, psychological testing, and psychoeducational training on effective strategies for collaboratively raising their children following separation or divorce, while also assessing their ability to apply these strategies. The training emphasizes communication, conflict resolution, and establishing a stable environment for the child. The objective is to strengthen parents' collaborative skills, fostering a supportive and unified parenting approach, particularly beneficial in cases of high-conflict divorce. This process includes individual as well as joint sessions with both parents, which may feel daunting but are essential for applying the tools learned during the training.

Time Frame: Typically spans 15 sessions

Non-Refundable Retainer:

\$525 per parent

\$375 for each child (for the first two children)

\$250 for each additional child starting from the third.

Sessions: \$175 per 60 min session

Interviews with other parties: \$120 per 60 min telehealth or office session

Report Fee: A base rate of \$300 plus \$150 for each additional page.

Targeted Comprehensive Assessment

The Targeted Comprehensive Assessment is designed to assess unique and complex situations involving either families or individuals that do not fit standard evaluation categories. This assessment allows the client or a professional to provide the mental health provider with targeted goals, allowing the mental health provider to tailor interventions to achieve the desired outcome. A detailed report is generated, outlining findings, concerns, and recommendations.

Time Frame: To be determined on need

Non-Refundable Retainer:

\$600 per adult

\$375 for each child (for the first two children)

\$250 for each additional child starting from the third.

Sessions: \$175 per 60 min session

Interviews with other parties: \$120 per 60 min telehealth or office session

Report Fee: A base rate of \$300 plus \$150 for each additional page.

ATTENTION:

Please be aware that additional service fees may apply beyond those listed in this document, including but not limited to cancellation fees, phone consultations, legal-related phone calls and emails, clinical letters and reports, and court appearance fees.