





The Scientific Esthetics Symposium - November 3rd, 4th & 5th - MASTER SCHEDULE




SUBJECT TO CHANGE* **Schedule as of 8/24/24**



ALL CLASSES ARE PRESENTED IN THE EASTERN UNITED STATES TIME ZONE

TIME PRESENTATIONS - SUNDAY NOVEMBER 3rd 2024		
9:00-10:00 8:45 AM Log On 60 min.	THE GUT FACTOR – THE NATUROPATHIC AND FUNCTIONAL MEDICINE APPROACH - LECTURE GZ01: Naturopathy upholds the philosophy, concept, and practice that homeostasis is achieved when the body is in balance. Hippocrates who is considered the father of naturopathy, first stated over 2000 years ago that all disease begins in the gut, as this organ is crucial to the balance and vitality of the body. Currently, it has been estimated that over 70 million Americans are affected by some degree of dysbiosis and digestive disorders, and these disorders frequently lead to other imbalances and ailments of the body, including skin problems, arthritis, fibromyalgia, and other degenerative diseases. Join Dr. Gez Agolli, a leading expert in gut health, as he explains the mechanisms of gut dysbiosis and outlines the pathways and requirements for gut healing.	Dr. Gez Agolli PhD USA 
10:00-11:30 9:45 AM Log On 90 min.	THE PHYSIOLOGY OF MICROCURRENT - LECTURE AZ01: The use of microcurrent or micro amperage electrical neuromuscular stimulation shows promise in supporting skin health and overall well-being. It has potential benefits for aging individuals, as well as for medical applications such as wound healing and pain management. This technology provides a gentle energy boost that mimics the body's natural bioelectric current, promoting the production and use of proteins and nutrients necessary for optimal cell metabolism and supporting cell balance. Microcurrent also enhances circulation, adenosine triphosphate synthesis, and reduces inflammation. This lecture discusses the scientific research and physiological effects of microcurrent on cells, tissues, and skin health. It explores the potential applications of microcurrent in esthetics and clinical settings, providing valuable insights into why microcurrent is an important tool for facial rejuvenation and skin care.	Alex Zani LE, LEI USA 
11:30-12:30 11:15 AM Log On 60 min.	THE ACNE FORUM - LIVE OPEN Q & A - LECTURE ML01: Acne is estimated to affect 9.4% of the global population, making it the eighth most prevalent disease worldwide, and while acne vulgaris is commonly cited as being the most common form of acne – many misconceptions exist regarding the development and severity of advanced stages of cystic acne and hormonal influences. Acne indeed remains if not, the most perplexing skin concerns for both the esthetic professional and the client. Stubborn acne conditions and inflammation-prone, congested skin issues pose many questions for us - What is the science behind acne and comedonal conditions? What are the concepts to clear the condition and keep it clear? How do genetic factors, hormones, clogging cosmetic ingredients, dietary factors, and stress impact acne? Have your questions ready for our Q & A live forum with Dr. Mark Lees a leading expert and educator in acne care.	Dr. Mark Lees PhD, MS, LE USA 
12:30-1:30 12:15 PM Log On 60 min.	TRANSFORMING SELF- PERCEPTION: THE SPA PROFESSIONALS IMPACT ON CANCER PATIENTS BODY IMAGE LECTURE MC01: A spa professional's compassionate support and specialized treatments are essential for cancer patients dealing with body image issues from treatment. Understanding the physical changes and emotional toll of cancer therapy, these professionals offer customized treatments, including brow reconstruction, camouflage makeup, and methods to care for compromised skin. Beyond physical benefits, they provide a safe space for patients to express concerns, boosting self-esteem and emotional well-being. Through empathy and education, spa professionals empower patients with self-care practices for daily life. Their presence addresses physical discomfort and fosters a sense of connection and resilience, crucial for navigating the challenging journey of cancer treatment.	Morag Currin Skin Therapist Canada 
1:30-2:30 1:15 PM Log On 60 min.	CLINICAL AROMATHERAPY MEETS PSYCHODERMATOLOGY - THE HOLISTIC SYNERGY OF ESSENTIAL OILS FOR SKIN HEALTH - LECTURE JH 01: Explore the therapeutic potential of clinical aromatherapy in skin health and emotional well-being, where the science of essential oils meets the nuances of psychodermatology. This session will highlight the significant impact of emotions on the skin's barrier function and promotion of damaging inflammation. You'll gain insights into how essential oil pharmacology effectively treats conditions like acne and atopic dermatitis, often linked to emotional stress. The session covers the role of olfactory science in aromatherapy, illustrating the connection between scent, emotions, and skin health. Plus, we will introduce <i>biophilia</i> , our natural affinity for nature, and its emotional influence in enhancing plant-based skincare therapies.	Jimm Harrison Master Aromatherapist USA 



2:30-3:30 2:15 PM Log On 60 min.	THE BIOCHEMISTRY OF MICRONUTRIENTS AND THEIR ROLE IN SKIN HEALTH - LECTURE EMF01 Nutrition has a crucial role in how the body uses nutrients obtained from food. This involves various biochemical functions related to cellular metabolism and metabolic sequencing. Bioavailability is essential for delivering nutrients into the body, including their availability, absorption, retention, and utilization. Understanding how nutrients are absorbed and utilized is important because it affects their ability to nourish the skin. This discussion will explore how nutrients are assimilated and used within the skin, with a focus on high-quality antioxidants, proteins, and lipids as essential components for skin health and collagen development. The lecture will also cover nutritional deficiencies and their impact on skin conditions and diseases, as well as the role of vitamins, phytonutrients, and elemental minerals in skin health.	Dr. Erin Madigan-Fleck NMD 
3:30-4:30 3:15 PM Log On 60 min.	THE SCIENCE OF REIKI AND NEUROPHYSIOLOGY - LECTURE # LBO1: The holistic and integrative approach to healing considers the mind, body, and spiritual aspects of a person. More and more people are realizing this and integrating these holistic approaches into their lives today. Reiki is an energy healing therapy that has been increasingly integrated into all areas of medical care, including the care of chronic diseases. Numerous studies have illustrated the effects of Reiki on the sympathetic and parasympathetic nervous system, blood pressure, heart rate, and body temperature. Linda will provide insight into the mechanisms of Reiki and the Chakras, along with compelling research regarding the neurological connections and brain modulation that may impact relaxation, emotions, and anxiety.	Linda Bertaut LE, LEI USA 
4:30-5:30 4:15 PM Log On 60 min	THE SCIENCE AND PRACTICE OF AYURVEDA LECTURE # JL01: Ayurveda is the science of life, which was first understood by the Vedic Rishis of ancient India at least 4000 years ago. Ayurveda originated as part of the Vedic Science, an integral combination of science & philosophy with its customized therapeutic approaches relying on a variety of practices and ingredients, including botanicals, herbs and herbal combinations. Although the ancient practices remain constant, the modern approaches in botanical science and Ayurvedic medicine have firmly positioned their role in modern biomedical science, general medicine and dermatology. This lecture will explore the beauty and science of Ayurveda, as well as significant concepts in botanical science, explain the uses of plants in biomedical and bio dermatological applications of Ayurvedic plants and compounds. The lecture will further position the relevance and science of phytochemistry and physiological attributes of Ayurvedic botanicals for skin concerns.	Dr. Jayant Lokhande MD, MBA, CSO USA 
5:30 - 6:30 5:15 PM Log On 60 min.	SUPPORTIVE INGREDIENTS FOR HEALTH CHALLENGED SKIN - LECTURE # KC01: The term "health challenged" skin is increasingly common and refers to individuals whose skin is affected by medical conditions, systemic diseases, medications, and medical treatments. Diseases like diabetes, cancer, lupus, and autoimmune diseases are on the rise in the United States, and the treatments and medications used to manage them can have serious side effects on the skin. It is suggested that individuals diagnosed with a medical illness will, at some point in treatment, develop skin sensitivities. This presentation will explain the inflammatory and reactive skin pathways to illustrate the precautions that should be considered when selecting skin care products and their ingredients for these individuals. The esthetic professional should be knowledgeable about the most important ingredient selections for sensitive and compromised skin concerns. This presentation will focus on the key ingredients and their mechanisms for support.	Kris Campbell LE USA 
6:30-7:30 6:15 PM Log On 60 min.	LIGHT, MITOCHONDRIA & SKIN HEALTH - LECTURE PK01: This lecture will delve into the significant impact of light signaling and circadian biology on skin vitality. Pia will explore the symbiotic relationships between light exposure and mitochondrial function, uncovering the mechanisms that affect energy, inflammation, hormones, and cellular growth. Equipped with this knowledge, you can enhance your esthetic practice by understanding that nurturing the fundamental elements of circadian biology is essential for unlocking the full potential of skin, as well as promoting overall mind and body health and rejuvenation. In this lecture, you will discover the profound and often overlooked impact of light signaling and circadian biology on skin and systemic vitality. Understanding how mitochondria respond to light and circadian cues can transform skincare regimens, improving cellular energy production for better skin tone, texture, and overall vitality. Insights into circadian rhythms can guide strategies to alleviate inflammatory skin conditions, leading to healthier, less reactive skin. Disruption of circadian rhythms can result in hormonal imbalances, affecting skin health. By learning how light exposure and circadian rhythms influence hormone production, you can support hormonal balance and address skin issues such as acne and premature aging. Optimize cellular repair and renewal by aligning lifestyle practices with natural light-dark cycles, promoting brighter, more youthful skin. Recognize the holistic connection between skin health, mitochondrial function, and circadian rhythms for overall well-being	Pia Kynoch ND AUSTRALIA EDUCATIONAL AMBASSADOR 

TIME	PRESENTATIONS - MONDAY NOVEMBER 4 th 2024	EDUCATOR
9:00 10:00 8:45 AM Log On 90 min.	IMMUNE SYSTEM DISORDERS AND SKIN INVOLVEMENT/ESTHETIC PERSPECTIVES LECTURE EMF-02 One of the most critical health concerns in the United States today is the increase in autoimmune diseases, particularly among women. It is estimated that approximately 50 million Americans suffer from autoimmune diseases, with as many as 30 million women affected by one or more of these diseases. The immune system is a complex network of organs, cells, and proteins that defend the body against infection and protect the body's cells. Immune system abnormalities can lead to allergic disease, immunodeficiencies, and autoimmune disorders, many of which can affect the skin. Because the skin is considered an immunologic organ, cutaneous immunology emphasizes the study of immune activity and immunohistology in the skin's SIS (Skin Immune System). This lecture will introduce important physiological factors concerning the immune system, immunology and essential considerations in esthetic care for individuals with compromised immune systems and related health concerns.	Dr. Erin Madigan-Fleck NMD USA 
10:00- 10:30	AWARDS PRESENTATION - HONORARY RECOGNITION ELINA FEDOTOVA – Philanthropy Award PIA KYNOCH – Global Educational Ambassador DAVID BLOW – Honorary International Speaker CLIVE WITHAM – Honorary International Speaker	
10:30- 11:30 10:15 AM Log On 60 min.	THE NATURAL SCIENCE OF GUA SHA - LECTURE CW01: Gua sha is a therapeutic technique from within Chinese Medicine that involves scraping on the surface of the skin with a tool to induce a change in the tissue beneath and is employed in the treatment of common ailments, chronic and acute illnesses, and is used to enhance beauty and treat facial features in a combined approach called <i>Facial Gua sha</i> . Gua sha and its various forms, are based on the improvement of blood circulation, the effect on the anti-inflammatory and immune responses, and the structural change in the biomatrix of the body. While Gua sha can appear deceptively simple with the repetitive movements of the tool - it is in fact a highly sophisticated technique and to understand Gua sha, it requires study in anatomical and physiological structures and what transpires within the body. Join our distinguished acupuncturist, global health expert, celebrated author, educator and Gua Sha expert for this extraordinary presentation on Gua Sha and how the universal patterns of nature of the ancient Chinese can transform how we understand the face, beauty and health.	Clive Witham L.A.c, MNc. SPAIN Honorary International Speaker 
11:30- 12:30 11:15 AM Log On 90 min.	NUTRITIONAL CONCEPTS AND DEFINING FUNCTIONAL NUTRITION - LECTURE #JA01: Nutrition and the way the body utilizes nutrients obtained from food involves several biochemical processes and functions involving the status of the digestive system, cellular metabolism, and metabolic sequencing. Bioavailability is an essential transportation method for delivering nutrients and includes the availability, absorption, retention, and utilization of nutrients consumed. How nutrients are delivered and utilized in the body, has consequential effects regarding the ability to provide nourishment to the skin. Join our amazing functional nutrition expert as she helps us navigate through primary concepts in nutritional science. Defining functional nutrition, why nutrition is not one size fits all, understanding the connections between diet, skin, and gut health and how to stay within your scope of practice when making nutrition recommendations to your clients.	Jenny Askew MS, RD, LD USA 
12:30- 1:30 12:15 PM Log On 60 Min.	HORMONES, THE ENDOCRINE SYSTEM AND SKIN HEALTH- LECTURE ST01: Hormonal imbalances in the body can lead to various symptoms such as sleep disorders, weight gain, skin conditions, low energy, hair loss, and menstrual difficulties. These imbalances are influenced by different factors and the relationships between various hormones. Dr. Tanner will explain the primary functions of the endocrine system and hormones, as well as provide an overview of the implications of common hormonal imbalances, methods used to determine imbalances, and options to support hormone balance and overall wellness	Dr. Susan Tanner MD USA 
1:30 = 3:00 1:15 PM Log On 90 min.	CORNEOTHERAPY: BRIDGING THE GAP BETWEEN MEDICAL AND HOLISTIC ESTHETICS LECTURE # RS01: In today's era, the distinction between traditional medicine and holistic practices is becoming increasingly blurred. This presents a unique opportunity for estheticians, holistic practitioners, dermatologists, and naturopathic doctors to combine these approaches for the betterment of skin health. This lecture delves into how corneotherapy aligns with and can enhance the principles of holistic esthetics. Corneotherapy is based on the idea that the skin's main function is to act as a barrier, which needs nourishment, care, and sometimes intervention to perform effectively. The lecture will explore the scientific basis of corneotherapy and show how it can work alongside medical treatments to promote holistic balance and healthier skin. Key concepts covered will include: The Science of Corneotherapy: An introduction to corneotherapy's fundamental principles and its role in maintaining and restoring the skin barrier function.- Holistic Skin Health: Exploring how corneotherapy complements holistic esthetic practices by providing the skin with what it needs.to achieve balance and Integration Strategies: Practical insights into incorporating corneotherapy into a holistic esthetic setting and blending this approach with other treatments for improved skin health outcomes.	Rene ´ Serbon Skin Therapist Corneotherapy Expert CANADA 

3:00 4:30 2:45 PM Log On 90 min.	BIOMECHANICS OF LYMPHATIC DRAINAGE - FACE AND NECK – LECTURE GLO1 The MLD© technique was first introduced to beauty therapists in the 1930s in France by Dr. Emil and Estrid Vodder. It has been extensively studied and endorsed by holistic physicians and therapists as the "Elixir of Life." The lymphatic system's intricate network and structures serve as indicators of tissue congestion, which can impact various skin and circulation issues such as edema and puffiness. The benefits of MLD© are achieved through specific techniques that emphasize comprehensive hand and fingertip dexterity, manipulation, sensory pressure, and anatomical perception. Since MLD is a manual technique, it cannot be rushed and requires a specific treatment time that should be tailored to everyone's clinical situation. MLD© provides practitioners with an effective methodology for addressing a range of concerns related to facial, body, and paramedical support. SES is pleased to have Gay Lee, a leading global expert, present the anatomical, physiological, and clinical aspects of MLD for the face and neck, highlighting the role of the lymphatic system in overall health, vitality, and recovery.	Gay Lee Gulbrandson CLT, LANA, NCTMB AMTA NLN Lymphatics Health Science 
4:30- 6:00 4:15 PM Log On 90 min.	FACIAL REJUVENATION – CIT & CONSTITUTIONAL FACIAL ACUPUNCTURE - LECTURE FJ01 Join Franck Joly, our special expert, as he presents his signature groundbreaking approach to anti-aging. Franck combines the wisdom of Eastern medicine with the precision of Western techniques. With his extensive background in Traditional Oriental Medicine and mastery of Advanced Constitutional Facial Acupuncture, he is a leader in the field of holistic skincare. Franck's treatments also incorporate Percutaneous Collagen Induction Therapy (CIT), mentored by Dr. Des Fernandes, which stimulates collagen production for smoother and firmer skin. His signature treatments combine modalities such as medical and surgical micro-needling, "Constitutional Cosmetic Facial Acupuncture," LED light therapy, and medical-grade skincare for comprehensive skin rejuvenation. Franck is committed to sharing his expertise through training and lectures to empower others to offer high-quality anti-aging treatments to their patients. His contributions to the field of anti-aging are invaluable, offering individuals a pathway to rejuvenation that embraces the art and science of skincare.	Franck Joly L.Ac., MTOM Dipl.OM 
6:00 7:30 5:45 PM Log On 90 min.	CULTIVATING CALM AND CLARITY: A WORKSHOP FPOR ESTHETICIANS- LECTURE RG01 While many of us cherish our roles as estheticians, the truth is that it's not always the most stress-free profession. Striving to deliver top-notch services to clients requires us to be on top of our game. To achieve this, it's beneficial to develop certain skills that can sharpen our focus, bring peace to our minds, and let go of unhelpful thoughts. This 90-minute workshop offers the opportunity to learn these skills, including breathwork, polyvagal exercises, and a 2-minute meditation technique that can be easily practiced throughout the day, regardless of where you are. At the end of the workshop, a special guided meditation tailored specifically for estheticians will be offered.	Rebecca Gadberry LE, CMT USA 

TIME	PRESENTATIONS - TUESDAY NOVEMBER 5 TH 2024	EDUCATOR
9:00- 10:00 8:45 AM Log On 60 min.	DERMOTAPING © & LYMPHATICS - DECOMPRESSION TAPING - LECTURE #DB01: DermoTaping® is an elastic decompression taping method that originated in Italy in 2000 by David Blow. The system is based on the innovative Neuro Muscular Taping concept used in neurological and orthopedic rehabilitation. Initial guidelines were established, and a series of training sessions in specific treatment areas were offered, covering the body, face, décolleté, in combination with medical surgical interventions and oncological skin healthcare programs. The objective of DermoTaping is to "nourish from the inside." This dilation and decompressive taping method helps improve blood circulation, skin oxygenation, nutrition, and fluidification by activating continuous fluid exchange in the treated area. DermoTaping is a functional dynamic treatment system that can be used in several areas of aesthetics.	David Blow L.A.c., LMT, CEO ITALY Honorary International 
10:00- 11:30 9:45 AM Log On 90 min	THE SKIN MICROBOME - LECTURE TS01: The Skin Microbiome: This lecture examines the role of the skin's microbiome and the microbiota and reviews the use of live bacteria as biotherapeutics in the management of skin concerns. Chronic low-level inflammation is the primary driver of acne and many other inflammatory skin conditions that are now common in industrialized populations. Topically applied live biotherapeutics have been shown to improve barrier function and reduce inflammation in skin. Live biotherapeutics have also been used successfully in promoting wound healing and reducing scarring, with many studies now showing their efficacy and mechanisms of action. This presentation will summarize the progress in this field and give a glimpse of what the future might hold.	Trevor Steyn M.S SOUTH AFRICA 

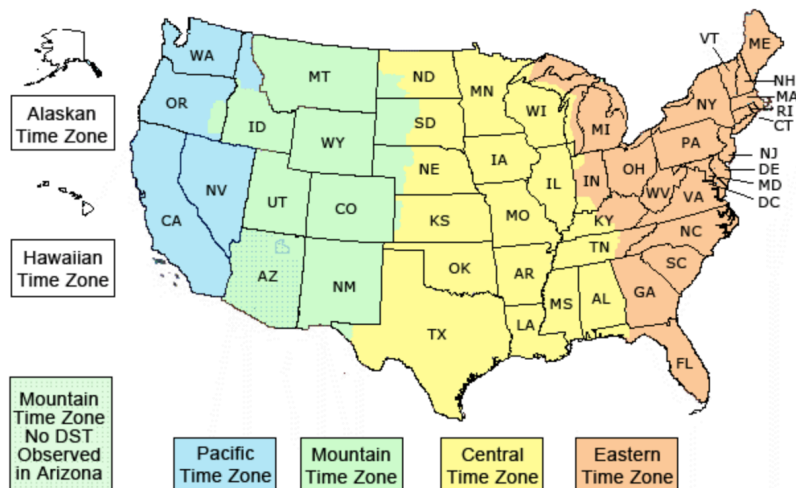
11:30 1:00 11:15 AM Log On 90 Min.	ELECTROPHYSIOLOGY OF MODALITIES & CUTANEOUS THERMOREGULATION -LECTURE# EMF03 Electrotherapeutics uses various technologies to deliver different forms of electrical current and impulses that have a significant impact on the skin and tissues. These effects can include stimulating metabolic activity in the mitochondria, tightening of tissues, and mesoporation through the lipid bilayers of the skin. Thermoregulation is a crucial system in response to both cold and heat stress. It is essential for maintaining the body's temperature at around 37 °C, which is necessary for normal cellular activity and for the body's ability to produce a coordinated set of autonomic responses. Thermoregulation also involves various mechanisms such as the skin barrier, heat shock proteins, and metabolic potential, and how they can influence the body's temperature, pH, and phagocytosis. It's important to note that cutaneous nerves play a role in detecting environmental temperature and regulating body temperature. This lecture will explore how temperature, electrical impulses, and gradient pressure affect the skin, skin cells, and facial anatomy. It will evaluate the use of heat, pressure, cold, and various current modalities, including microcurrent, RF, cryotherapy, and ultrasound.	Dr. Erin Madigan-Fleck NMD USA 
1:00- 2:00 12:45 PM Log On 60 min.	UNDERSTANDING DETOXIFICATION AND GUT DISORDERS -LECTURE #SC01 The human gut microbiome can be easily disturbed by exposure to various toxic environmental agents. Imbalances in the gut microbiome caused by environmental factors are often associated with general health concerns and skin issues, and they pose a high risk for human diseases. Damage to the gut microbiome resulting from environmental exposure leads to microbiome toxicity. This toxicity establishes a link between the harmful effects of different environmental agents and conditions associated with the microbiota. Dr. Curtis will provide information supporting the concept of how internal toxins affect the skin's integrity and vitality. The presentation will cover topics such as sources of external and internal toxins, symptoms of toxicity in the gut microbiome and skin issues, detoxification phases and organ systems, the three body systems, detoxification benefits, and precautions and contraindications of detox protocols.	Dr. Sonza Curtis ND, PA-C USA 
2:00- 3:00 1:45 PM Log On 60 min.	ENHANCE YOUR SPA'S OFFERINGS: EMBRACE THE HEALING POTENTIAL OF REFLEXOLOGY LYMPHATIC DRAINAGE: LECTURE MC02 Reflexology lymph drainage operates through sequential flows, with each reflex playing a vital role in stimulating drainage. This holistic approach can trigger a positive ripple effect on quality of life. As swelling diminishes and lost self-confidence returns, individuals often experience an uplift in overall well-being. By targeting specific points on the feet corresponding to lymphatic pathways, this therapy aims to restore balance and promote healing. While scientific evidence may be limited, many attest to its potential benefits. Reflexology lymph drainage should complement, not replace, medical care, and consulting with a qualified reflexologist training in this modality is essential for personalized guidance and to maximize the potential benefits of this holistic approach.	Morag Currin Skin Therapist CANADA 
3:00 - 3:45 2:45 PM Log On 45 min.	PERSPECTIVES ON BEAUTY & AGING - LECTURE LZ01 Impressions and attitudes about greying, aging, and wrinkles are evolving with a fresh perspective from pro-aging advocates and contemporary concepts. Influential sources endorse a healthful mindset and attitude about pro-aging, with an increasing awareness of self-love, self-care, and physical and emotional wellness. Allure Magazine author Michelle Lee announced some years ago that the publication would no longer use the phrase "anti-aging" and that "changing the way we think about aging begins with the way we talk about aging." For the esthetic professional, understanding the physiological changes surrounding aging, along with initiating proactive practices to support our own health and beauty, can help communicate a healthier, more diverse philosophy about beauty and pro-aging. Join Lee, a leading pro-aging advocate, for a heartfelt look at the beauty of aging, flourishing gracefully, and how the esthetic professional may offer education, support, and advice through compassion and care with our clients as they journey through the pathways and perspectives of change.	Lee Zavorskas LE, NAP USA 
4:00 - 5:00 3:35 PM Log On 60 min.	MORPHOLOGY OF SKIN AGING & PROAGING CONCEPTS - LECTURE # BZ01 This presentation will delve into the considerations surrounding intrinsic and extrinsic aging and their impact on cells and the skin. The origins of these factors involve multiple influences that have both internal and external indications on cellular function, as well as on facial morphology and physiology. In recent years, these aspects have advanced to include many synergistic relationships involving environmental, biological, and metabolic circumstances. Air pollution, chemicals, irradiation, medications, nutrient deficiencies, immune function, and other factors play a role in the aging of the skin and cellular senescence. Physiologically, as the skin undergoes aging, morphological changes occur with various influences and challenges. We will also present some preventive measures to reduce the risks of free radical damage.	Dr. Yuliya Boryzch PhD UKRAINE 

5:00-6:00 4:45 PM Log On 60 min.	<p>PHILOSOPHY OF NATURAL THERAPEUTICS PHYTO AND BIOACTIVE COMPOUNDS- LECTURE EMF04</p> <p>The use of plant-based materials for medicines and cosmetics predates synthetic alternatives. Natural therapeutics, rooted in disciplines like naturopathy and homeopathy, rely on the specific chemical attributes of botanical compounds. These products contain beneficial components such as vitamins, antioxidants, essential oils, and proteins, which influence the biological functions of the skin. For example, they can modulate antioxidant enzymes, chelate metal ions, and trigger anti-inflammatory reactions. This lecture will explore the philosophical and biochemical aspects of plant compounds, including their functions and interactions with the skin, its barrier, and its protective and restorative properties.</p>	<p>Dr. Erin Madigan-Fleck NMD USA</p> 
6:00-7:00 Log On	<p>SOMATIC CARE FOR THE PRACTITIONER AND CLIENT - LECTURE PK02</p> <p>In today's fast-paced world, prioritizing somatic care is essential, especially for practitioners dedicated to facilitating healing journeys. This masterclass offers a transformative opportunity to explore the intricacies of neuroception, polyvagal theory, and somatic practices. Delving into these profound realms, practitioners can enhance their ability to connect deeply with clients and guide them toward greater well-being. Through understanding neuroception, practitioners can navigate the nuances of the nervous system, fostering safety and trust in therapeutic interactions. Polyvagal theory offers insights into the physiological underpinnings of human connection and regulation, empowering practitioners to co-regulate with clients and facilitate profound healing. Somatic practices provide practical tools to embody therapeutic presence and attunement, enriching the therapeutic experience for both practitioner and client. This masterclass invites practitioners to embark on a journey of self-discovery and professional growth, ultimately enhancing their capacity to facilitate profound healing and transformation. When vulnerability is coupled with a high level of competence, empathy, effectiveness, and presence, it becomes a potent force in leadership. By acknowledging our own patterns and challenges, we can all create an environment where others feel safe to do the same, fostering deeper relationships and collaboration. This approach allows leaders to fully see, hear, and hold space for both others and them, leading to more meaningful interactions and outcomes</p>	<p>Pia Kynoch ND AUSTRALIA EDUCATIONAL AMBASSADOR</p> 

Thank You! We look forward to seeing you next year!



UNITED STATES TIME ZONES



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Hawaii Time	Alaska Time	Pacific Time	Mountain Time	Central Time	Eastern Time
Tuesday 10/13/2020 4:30 PM HST	Tuesday 10/13/2020 6:30 PM AKDT	Tuesday 10/13/2020 7:30 PM PDT	Tuesday 10/13/2020 8:30 PM MDT	Tuesday 10/13/2020 9:30 PM CDT	Tuesday 10/13/2020 10:30 PM EDT

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