## KNOWYOUR CANNABINOIDS

## How can Cannabinoids benefit you?



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## **CANNABIS HEALTH BENEFI7 PAIN & SLEEP** CBDA THC THCA Reduces pain Reduces inflammation Sleep aid Reduces sleep in animal studies **PSYCHOLOGICAL & NEUROLOGICAL** Assists with depression Relieves anxiety Reduces psychotic behavior Relieves spasms Suppresses epileptic fits Protects from neurodegenerative diseases **EATING & DIGESTIVE** Digestive aid Reduces nausea Encourages eating and appetite Reduces desire to eat Effective against bacteria Inhibits growth of microorganisms Flghts free radicals in the bloodstream **OTHER BENEFITS** Reduces diabetic symptoms Helps with Itching Helps with bone growth Antiproliferative Help for arthritic symptoms Reduces risk of artery blockage Constricting of the blood vessels Relaxes veins for better blood flow Minimizes organ rejection Reduces intraocular eye pressure