

TERPENES IN CBD OIL

THERE ARE MORE THAN 100 TERPENES IN JUST ONE CANNABIS FLOWER. HERE ARE SOME OF THE MOST WELL KNOWN TERPENES RIGHT NOW, MOST OF WHICH YOU'LL FIND IN LEGAL CANNABIS PRODUCTS IN YOUR AREA.



Bisabolol

floral

Properties

anti-inflammatory
anti-irritant
anti-microbial

Common Uses

cancer, skin lesion



Borneol

mint

Properties

anti-inflammatory
antinociceptive

Common Uses

eyesight, pain relief



Camphene

fir needles, musky earth

Properties

anti-oxidant
skin lesion

Common Uses

cardiovascular diseases



Caryophyllene

spicy

Properties

anti-bacterial
anti-inflammatory
anti-fungal

Common Uses

insomnia, muscle spasms
pain relief



Delta 3 Carene

pine, rosemary

Properties

anti-inflammatory
bone stimulant

Common Uses

memory



Eucalyptol

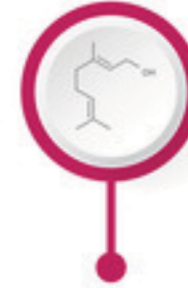
mint

Properties

anti-bacterial
anti-fungal

Common Uses

alzheimer's
pain Relief



Geraniol

peach, rose grass

Properties

anti-cancer
anti-oxidant
neuroprotectant

Common Uses

cancer, pain relief



Humulene

earthy

Properties

anti-bacterial
anti-inflammatory
anti-tumor effects

Common Uses

cancer, infections
appetite suppression



Limonene

bitter citrus

Properties

anti-anxiety
anti-cancer
digestion, gallstones

Common Uses

liver detoxification
weight loss, sleep aid



Linalool

floral

Properties

anti-anxiety
anti-epileptic
anti-psychotic
pain killing

Common Uses

depression, convulsions
insomnia, pain relief



Myrcene

citrus, cloves

Properties

relaxing
sedating

Common Uses

inflammation, insomnia
spasms, pain



Pinene

pine

Properties

anti-depressant
anti-inflammatory
anti-microbial

Common Uses

asthma, bronchitis
cancer, depression
memory, mental alertness



Phytol

balsamic, floral

Properties

anti-insomnia
anti-inflammatory
immunosuppressant

Common Uses

reduce itching
sleep aid
wound healing



Terpinolene

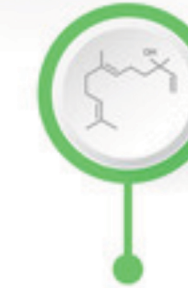
smoky, woody

Properties

anti-bacterial
anti-fungal
anti-insomnia
antiseptic

Common Uses

cancer
heart disease
sleep aid



Trans-nerolidol

citrus, rose

Properties

anti-cancer
anti-microbial
anti-oxidant,
anti-parasitic

Common Uses

relaxing
skin lesion



Valencene

sweet citrus

Properties

anti-inflammatory
anti-melanogenesis
antiallergic

Common Uses

memory
skin lesion