

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Kids Jiu Jitsu Gi Ages 5-8 4:30-5:15 pm		Kids Jiu Jitsu Gi Ages 5-8 4:30-5:15 pm			
Adults Fundamentals No-Gi 5:00-6:00 pm	Kids Jiu-Jitsu Gi Ages 9-12 5:15-6:00 pm	Kids No-Gi Intermediate 5:00-5:45 pm	Kids Jiu-Jitsu Gi Ages 9-12 5:15-6:00 pm	Adults All Levels No-Gi 5:00-6:00 pm	Kids Jiu-Jitsu All Ages Gi 9:00-10:00 am	Private Lessons 7:00-12:00 pm
	Adults Interm/Adv Gi 6:00-7:15 pm	Adults Fundamentals Gi 6:00-7:00 pm	Adults Interm/Adv No-Gi 6:00-7:15 pm		Adults All Levels Gi 10:00-11:15 am	
		Adults All Levels No-Gi 7:00-8:00 pm				
Private Lessons Available Upon Request For All Days						