

COVID-19 Prevention Plan + Guidelines

We're changing the way people view intentional self-care, by encouraging people to be proactive when it comes to their own health and feeling guilt-free about investing in themselves.

CryoFloat360 is part of the movement of disrupting our industry as we know it by building a new wellness model that helps people optimize their health and wellbeing, even during a time when close contact unfortunately poses a risk to public health. We're dedicated to delivering a full range of unique therapies and services designed to maximize relaxation, recovery, mobility, mental clarity, and personal joy.

We ask that you review these guidelines as we've had to change how we operate to meet state guidelines during COVID-19.

Thank you so much for your patience, understanding and support as we get used to this new way of doing things. Kind, constructive feedback is greatly appreciated.

CryoFloat360 already practiced high standards when it came to cleanliness, however we have adjusted some of our practice to help keep everyone safe. We want our guests and employees to feel safe, so there are two things that we want to share to help you feel comfortable in our space.

RESPECT FOR PERSONAL HEALTH

At CRYOFLOAT360, we believe that taking personal responsibility for your health is important, and that looks different for each person. We do not require our team members to get vaccinated to keep their job. We ask that you respect the privacy of our team members and do not ask them about vaccinations, just like we won't ask you. CRYOFLOAT360 is meant to be a sanctuary for every one of us to work towards staying healthy.

Commitment to Sustainability

At CRYOFLOAT360, we promise to make every effort to make decisions with the personal wellness in mind. Experts estimate that over 189 million disposable masks will be used in the spa industry alone in just one year. Switching to reusable will bring that number down to less than 4 million! CRYOFLOAT360 has only used fabric face coverings that can be laundered and reused. While masks are no longer required, requests may be made that your service provider be masked during your service. CRYOFLOAT360 has committed to the Hospitality Lifecycle textile recycling initiative, which is where the masks will go once they are worn out. We also are dedicated to using safe products within our doors to keep indoor air pollution to a minimum.

Face COVERINGS

While the state is not mandating masks in public spaces, we also understand that this could be an issue in the future and not everyone can safely wear a mask and are subject to medical exemptions. We're grateful that we have an advanced air purification system for our building. We just don't want anyone to feel bad for having asthma or COPD or anything like that.... Stress and anxiety really impact the immune system and our goal is to help keep our community

healthy! We feel confident that we'll be able to keep our guests and our team safe by physical distancing in those situations.

Non-Toxic Disinfectants

We read every ingredient of each product before bringing it into the building. MANY products have ingredients that are considered toxic and can build up in your body over time. We'll get into cleaning and retail products later.

We use a disinfectant which needs to sit on surfaces for at least 30 seconds and doesn't need to be wiped down. It is EPA Registered for being effective against the coronavirus.

Laundry Sanitization

Our process for laundry is done daily with Sanitization detergent in every load we do. Using Chemicals that are gentle on sensitive skin

Before your appointment...

We are of course concerned with any sort of contagious illness, but we ask that you pay close attention to symptoms of COVID-19 such as:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If you or anyone in your household have these symptoms, we ask that you **cancel your appointment at the earliest signs of symptoms.**

At this time, we encourage you to **bring your own water bottle**, filled, with you to your appointment.

We appreciate your honesty and ask that our guests remember to be kind to one another during this time.

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