



## ADULT WOMEN'S TWO ARM BIATHLON

WEIGHT CATEGORY	53KG	58KG	63KG	68KG	68+KG	KB WEIGHT
MSIC	110	120	130	140	150	24KG
MSIC	129	140	151	162	173	20KG
CMS	153	165	177	189	201	16KG
1	158	170	182	194	206	12KG
2	119	130	141	151	161	12KG
3	155	167	179	190	191	8KG

## ADULT WOMEN'S ONE ARM BIATHLON

WEIGHT CATEGORY	53KG	58KG	63KG	68KG	68+KG	KB WEIGHT
MSIC	208	230	252	274	280	24KG
MSIC	176	194	212	230	236	24KG
CMS	176	194	212	230	236	20KG
1	176	194	212	230	236	16KG
2	176	194	212	230	236	12KG
3	176	194	212	230	236	8KG

## ADULT WOMEN'S SNATCH

WEIGHT CATEGORY	53KG	58KG	63KG	68KG	68+KG	KB WEIGHT
MSIC	110	120	130	140	150	24KG
MSIC	90	100	110	120	130	24KG
CMS	90	100	110	120	130	20KG
1	90	100	110	120	130	16KG
2	90	100	110	120	130	12KG
3	70	80	90	100	110	8KG



## ADULT WOMEN'S TWO ARM LONG CYCLE

WEIGHT CATEGORY	53KG	58KG	63KG	68KG	68+KG	KB WEIGHT
MSIC	50	61	69	76	81	24KG
MSIC	59	70	78	85	90	20KG
CMS	64	75	83	90	95	16KG
1	64	75	83	90	95	12KG
2	50	61	69	76	81	12KG
3	64	75	83	90	95	8KG

## ADULT WOMEN'S ONE ARM LONG CYCLE

WEIGHT CATEGORY	53KG	58KG	63KG	68KG	68+KG	KB WEIGHT
MSIC	96	102	108	116	120	24KG
MSIC	80	86	92	100	104	24KG
CMS	80	86	92	100	104	20KG
1	80	86	92	100	104	16KG
2	80	86	92	100	104	12KG
3	80	86	92	100	104	8KG