

HOW?



THE HOLY GHOST

Small Group Study Guide

HOW? THE HOLY GHOST!

Key Passage: Luke 1:18, 34–35

Session Overview

This session explores the difference between the “how” of unbelief and the “how” of faith. Using Mary and Zechariah as examples, we examine how the Holy Spirit is God’s answer to life’s biggest questions and challenges.

Big Idea

When you face impossible questions—HOW will it happen? HOW will God come through?—the answer is not a formula, it’s a person: THE HOLY GHOST.

Icebreaker

- Share a time you asked “How, Lord?” about something in your life. What happened?

Scripture Reading

Read aloud: Luke 1:18, 34–35

Discussion Prompt:

- What differences do you see between Zechariah's and Mary's responses?

Key Points & Discussion Questions

1. Two Types of “How”

- Zechariah asked: “How shall I know this?” → the how of unbelief
- Mary asked: “How can this be?” → the how of faith

Discussion:

- Why do you think God responded differently to Zechariah and Mary?

- Which kind of “how” have you been asking lately—one of doubt or of trust?

2. Unbelief Silences You, Faith Releases You

“Zechariah doubted and lost his voice. Mary believed and received the promise.”

Discussion:

- Have you ever felt silenced by doubt?
- How can faith unlock God’s promises in your life?

3. The Answer is the Holy Ghost

“The Holy Ghost shall come upon you...”

Discussion:

- Why is it important to recognize the Holy Spirit as a person, not just a power?
- Where in your life do you need to stop striving and start surrendering to the Holy Ghost?

4. God Uses the Yielded, Not Just the Gifted

“Don’t disqualify yourself because you don’t understand the how.”

Discussion:

- What does it mean to be a yielded vessel?
- In what areas can you yield more to the Spirit this week?

5. Overshadowed by His Presence

“Overshadow” = enveloped in a haze of brilliance

Discussion:

- What does being overshadowed by the Spirit look like in your daily life?
- How does His overshadowing remove fear or limitation?

Practical Application

Three Ways to Cultivate His Presence:

1. Study His Word – Are you making space daily for God’s voice?
2. Speak to the Holy Spirit – Try praying directly to Him this week.
3. Sing to the Holy Spirit – Worship personally; invite His presence intentionally.

Challenge: Choose one of these to focus on this week. Share your experience in the next session.

Live the Book

“Don’t just read the Book—live it.”

Reflection:

- Are you treating Acts like a museum or a manual?
- What’s one way you can walk in the Book of Acts this week?

My Story Is My Sermon

“When I didn’t have the answers, I had the Holy Ghost.”

Personal Share (optional):

- Share your testimony of a time the Holy Spirit helped you do what you could not do on your own.

Prayer Focus

- Pray for each person’s “How.”
- Ask for a fresh baptism in the Holy Spirit.
- Declare: “Holy Ghost, overshadow every area of my life!”