

RAENA WADDELL

Dance Artist

EDMONTON, AB • raena@telus.net • IG @raena.waddell

I am a dedicated artist with 25+ years of experience in dance performance, teaching and creation with a home base in Edmonton, Alberta. I am devoted to communicating through movement, ongoing professional development and a training history with artists such as James D'Silva, Heidi Bunting, Brian Webb, Justine Chambers and Jill Henis.

COMPANY WORK (SELECTED)

Mile Zero Dance (Edmonton)

- Movement instructor Sep 2017-present
- Education Outreach performer and instructor Sep 2001-2013
- Company dancer under Artistic Direction of Bobbie Todd and Kathy Metzger Oct 2001-Oct 2003

Brian Webb Dance Company (Edmonton)

- Choreographer **Here.Now.** Nov 2014
- Dancer in **AIDA** with Edmonton Opera Oct 2012
- Choreographer **The Surrender Method**, toured with Prairie Dance Circuit Oct 2010-Jan 2011
- Choreographer **Mermaid Tales** Jan 2007

Heidi Bunting Dance (Edmonton)

- Company dancer and rehearsal director in **Untitled** Oct 2011 & Mar 2013
- Company dancer and rehearsal director in **Matter** Mar 2011 & Sep 2012
- Company dancer in **Everything Has a Face** Aug 2006-Jul 2008

CHOREOGRAPHY, DIRECTION AND CREATION – RAENA WADDELL (SELECTED)

WORLDS WITHIN, BWDC/ Raphael Weinroth-Browne commissioned Instagram Reel Apr 2023

WILDHEART, Dance Blitz with Mile Zero Dance, Chez Pierre Theatre Apr 2019

SYNAPSE, Mile Zero Dance Film Presentation Jan 2016

HERE.NOW. Brian Webb Dance Company Prairie Dance Circuit, John L Haar Theatre Nov 2014

A MATTER OF LIFE AND BREATH, Expanse Festival, Roxy Theatre Mar 2011

THE SURRENDER METHOD, Brian Webb Dance Company Prairie Dance Circuit Tour 2010-2011

MERMAID TALES, Brian Webb Dance Company, Catalyst Theatre Jan 2007

INDEPENDENT ARTISTIC WORK (SELECTED)

DANCER in WHAT REMAINS Commission with Choreographer Jill Henis	Present
Currently underway with the support of the Edmonton Arts Council	
DANCER in LIFE MAP 25 by Kathy Metzger	
Dance Code	Jan 2026
DANCER in GO WHERE THE LIGHT IS by Jen Mesch Dance Conspiracy	
Mile Zero Dance	Mar 2023
DANCER in THE PARTICULARS by Punctuate Theatre Matthew Mackenzie/Alida Kendell	
La Cite Francophone Theatre	Nov 2019
DANCER in POD by Alida Kendell, Good Women Dance	
Alberta Art Gallery Ledcor Theatre	Jun 2012
DANCER in THIS DISPLACE by Ainsley Hillyard, Good Women Dance	
Expanse Festival, Westbury Theatre	Mar 2012
CO-ARTISTIC DIRECTOR/DANCER in A CELEBRATION OF DANCE GRANT MACEWAN	
NewDance Collective Tribute to the Grant MacEwan Dance Program, Haar Theatre	Jun 2006
DANCER in HOUSE DANCE by Gerry Morita, Mile Zero Dance	
	Jan 2004
DANCER in V by Tonya Lockyer, Mile Zero Dance	
	Apr 2003
DANCER in UNTITLED by Neah Kalcounis, Mile Zero Dance	
	Apr 2002

LEADERSHIP (SELECTED)

We Move	Oct 2025 - present
Edmonton Contemporary dance class in partnership with Jill Henis	
Movement With Raena	Mar 2020 - present
Business owner and instructor online across Canada and in-person in Edmonton	
Contemporary Teachers Collective Co-Founder	Jan 2012-2015
Twice weekly contemporary training class initiative partnered with Linda Turnbull and Ainsley Hillyard	
ArtsHub 118 Housing Cooperative	Sep 2011 - present
Founding Member, Resident, Board Member, Membership and Policy Committee	
City of Edmonton Recreation Facilities and School Programming	Sep 2009 - present
Movement Instructor, Educator and Facilitator	

LEADERSHIP (CONTINUED)

Jury Member

Sessional for Edmonton Arts Council and Alberta Foundation for the Arts

Aug 2014 - Dec 2025

Adjudicator

BC Board of Performing Arts and Chilliwack Dance Festival

May 2013 & Feb 2016

Rehearsal Director

Seven by Justine Chambers

Jan 2017

Faceless Headwoman by Joshua Beamish

Jan 2010

Co-Founder and Artistic Director of NewDance Collective

Jan 2004 - Dec 2006

Creator, instructor, facilitator and performer along with Linda Turnbull and Cheryl Fontaine

AWARDS AND GRANTS (SELECTED)

- Edmonton Arts Council Project Grant **2006, 2009, 2014, 2025**
 - Edmonton Artist Trust Fund Award **2012**
 - Alberta Foundation for the Arts Project Grant **2011**
 - Enbridge Emerging Artist Award **2007**
 - Brian Webb Dance Company Award **2000**

FORMAL EDUCATION (SELECTED)

Trauma Informed Yoga Teacher Training 20 Hours – Amanda Whiting

Sep 2024

Within You Yoga, Edmonton

Hatha Yoga Teaching Training 200 Hours – Melanie Checknita

Apr 2018

Yoga Within, Edmonton

Yin Yoga Teacher Training 25 Hours - Melanie Checknita

Apr 2017

Yoga Within, Edmonton

Garuda Matwork, Apparatus, Barre Certifications– James D'Silva

Oct 2013

True Movement, Edmonton

Yin Yoga Teacher Training 15 hours – Joe Barnett

Dec 2012

Shanti studio, Edmonton

Pilates Method Alliance Mat and Equipment 450 Hours– Tracy Friesen

Jun 2004

Integration Studio, Edmonton

Grant MacEwan University Dance Diploma

Apr 2000

Edmonton, AB