



ESSKIA UK Training day- FAQ

Who can attend an ESSKIA Training Day?

Any skier who is part of a registered school can attend an ESSKIA UK Training Day, subject to availability.

Can skiers hire equipment for the training day?

Skiers can hire skis, boots and poles on the day at no extra charge. Other items such as a helmet, long sleeve top, long sleeve trousers and gloves, the skiers will be expected to have these prior to the training.

What is the minimum standard of ability requirement?

All skiers must be able to ski in a controlled manner from top to bottom. Skiers must also be able to use the lift independently.

Is there a minimum age requirement?

Skiers in Year 3 and above will be able to attend our training days.

Is lunch included?

Skiers will need to arrange their own food & drink. This is not provided by ESSKIA.

Can a skier still attend if they have not represented their school, but the school is registered with ESSKIA?

Yes, as long as schools are registered with ESSKIA, any skier can attend a training day subject to them meeting the suitable standard as mentioned above.

What happens if a training day is oversubscribed?

Training days are on a first come-first serve basis. Should any places become available, these will be advertised via our website and social media.

Can a skier get selected for an ESSKIA squad from a UK Training Day?

No, skiers will be required to compete in the regional races held in September each year.