

## BARTS Medical Support Requirements for Alpine Disciplines

### Medical Services required from Event Organisers

The health and safety of all those involved in an alpine ski competition is a primary concern of all Event Organisers. This includes the competitors, officials, volunteers, course workers and spectators.

The specific composition of the medical support system is dependent on several variables:

- The size and level of the event being held
- The venue
- The estimated number of competitors, support staff and spectators
- The scope of responsibility for the Event Medical Organisation (competitors, support staff, spectators) should also be determined.

PLEASE NOTE: For the completion of all the tables in this document, an example form is available to consult. This form is available to download from [www.gbski.com](http://www.gbski.com) , as are blank versions of this form.

### Personnel/Staff

Specific job descriptions with requirements should be created according to the specific requirements of the event.

<b>The Organising Committee</b> must ensure that emergency medical services are available for each official day of training and competition.	Establishes an evacuation plan for injured athletes, officials and spectators -from site of injury to initial triage to hospital or trauma centre if indicated
<b>A medical plan</b> conforming to SSGB requirements should be prepared. The detailed form below should be completed to identify the plan.	Secures availability of all necessary facilities, resources and personnel to support evacuation plan.
<b>A First Aid area</b> close to competition area should be established for initial triage and minor issues for competitors, officials and spectators, with staff trained in emergency techniques.	Creates a back up plan/system that could be operational if one or more major evacuation is utilised
<b>A back up plan</b> must be available to allow for the recommencement of the official training or competition.	Defines specifically the personnel roles and responsibilities and communicates these clearly to all parties involved.
<b>Technical Delegate</b> (TD) Confirms with the Event Organising Committee (OC) that the required rescue facilities are in place before starting official training or competition	Publishes the emergency plan (see below) before the first official training.
<b>First Aid Team</b> <i>This role could be taken on by external first aiders eg St John or suitable qualified venue staff. The numbers/staffing will be determined by the nature and course of the event, including replacement in the case of an incident so as to not delay the competition.</i>	Supports the T D with the recording of all incidents that occur during official training and competition with the completion of the FIS Injury Report for each athlete injury
Act as first responders to an injured athlete, officials or spectators	<b>Information to be published</b>
Place themselves so that they always have the race course in view and/or be in contact by radio with the on course medical or race director (CoR)	Responsible First Aid group eg St John or Slope staff or .....
<b>Event Medical Director</b> <i>This role could be taken on by Chief of Champs or Race, local doctor, or person normally in charge of these arrangements (Venue Chief First Aider etc). Much of this section is part of normal planning for events.</i>	<b>Evacuation protocols</b> for each level of injury from course with criteria for external specialist transport/ambulance.
Directs and coordinates all medical services provided at the event. This person may be a member of the Organising Committee and will report to the committee regarding medical issues with the event. This individual should be competent in managing health and safety.	Contact for Event Medical Director
Outlines facilities and resources required for the event	<b>Details</b> of local available medical services to include the phone contact and address for location. This information should include:- local medical clinics, physicians, dental offices, pharmacies and hospital.

### MEDICAL ASSESSMENT FORM FOR BRITISH ARTIFICIAL SEEDING COMPETITIONS

The Organising Committee for each competition must fill in the assessment form below prior to the commencement of Training at a Competition.

**THE COMPLETED FORM MUST BE EMAILED TO THE HNGB or MEMBER GROUP RESPONSIBLE PRIOR TO THE START OF THE EVENT and posted on the official noticeboard or distributed at the team captains meeting.**

Event Venue	HEMEL SNOW CENTRE	CoR	
Event Dates	JUNE 24 <sup>TH</sup> 2024	Event Status	<b>ESSKIA INDOOR 2024</b>
Event Doctor <i>(if appropriate)</i>	N/A	Phone: +44.....	
First Aid provided by name:	HEMEL SNOW CENTRE SLOPE PATROL	First aider or Paramedic <i>delete as appropriate</i>	
Local Surgery or NHS 'walk-in' centre <i>(if appropriate)</i>	<p><b>Address:</b> Hemel Urgent Care Centre, Ground Floor, Jubilee Wing, Hemel Hempstead Hospital, Hillfield Road, Hemel Hempstead, Hertfordshire, HP2 4AD</p> <p><b>Phone:</b> 01442 287 452</p> <p><b>From Venue:</b> 10 min (4 miles) with ambulance/car</p> <p><b>Directions:</b> turn left out of the Snow Centre, left at roundabout, left at t junction, left at main roundabout, follow signs for Urgent Care Centre</p>	Level of Care: minor accidents, NOT HEAD INJURIES - may not have X-Ray facilities at weekends	
Hospital	<p><b>Address:</b> Watford General Hospital, Vicarage Road, Watford, Hertfordshire, WD18 0HB</p> <p><b>Phone:</b> 01923 244 366</p> <p><b>From Venue:</b> 24 min (9.5 miles ) with ambulance/car</p> <p><b>Directions:</b> Turn Right out of Snow Centre and follow road until you come to Magic Roundabout in Hemel Town Centre, follow directions to A41. Continue under M25 and follow directions for Watford. Continue towards Watford Town Centre where hospital sign is posted</p>	Level of Care: A&E, Trauma Centre, X-Ray facility	
Pharmacy	<p><b>Address:</b> Tesco Extra, Harman Park, Hemel Hempstead</p> <p><b>Phone:</b> 0345 6779 34903</p> <p><b>From Venue:</b> 10 mins by car</p>	Level of Care: Self Medication	

	Directions: Turn Left out of Snow Centre, Turn Left at T Junction, first turn at Roundabout, first right at second roundabout	
Slope patrol	In contact by Ski Centre and Radio.	Slope patrol on-site during open practice and racing. Generally located at top of slope and at lift bases, as well as within Rental Area.
Ambulance	In contact by phone 999 or via Snow Centre staff	Location Hemel Hempstead From Venue: 10 minutes Note: Bottom of slope accessible by Ambulance crew
Slope accident Protocol	First aid located at: on slope  Doctor located at: n/a  In contact by:Radio	<ol style="list-style-type: none"> <li>1. First Aid located at foot and top of slope</li> <li>2. Snow Centre provides a stocked First Aid Kit and a dedicated First Aid room, with stock to H&amp;S standards for use by qualified First Aiders</li> <li>3. No medication is carried.</li> <li>4. Officials will halt competition on accident, summon First Aid</li> <li>5. First Aider to assess whether victim can be moved from slope or not</li> <li>6. If moved, slope cleared and race restarted on instruction of Chief of Race</li> <li>7. If left in situ then race suspended until appropriate next level support (inc Ambulance) attends and course is cleared. Restarted only on instruction of Chief of Race.</li> <li>8. First Aid to notify Hemel Snow Centre Duty Manager, who is responsible for incident and will call Ambulance if necessary.</li> <li>9. Backup First Aider to be called and in situ prior to recommencement.</li> <li>10. Chief of Race completes accident form or notes on report.</li> </ol>
Crowd / Public Protocol <i>Only if different from above</i>	First aid located at:  Doctor located at:  In contact by:	All as above
Back-up plan	Slope staff on duty also have basic first aid training. The Snow Centre has stretcher if required.	
Defibrillator Equipment	Is there a Defibrillator (AED) on site?  Where is it located?  Is there a person on site trained to use the equipment?	Yes/portable  First Aid room behind Ski Rental  Yes

	If not on site, nearest Defibrillator located at:	Details n/a
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The Medical arrangements fully meet the criteria for BARTS competitions				Yes/ No If no identify issue below
Description	Yes/No	Complies fully with Rule 1? Y/N	Degree of compliance 1-5 (where 5 = fully in place)	If not fully complied, reason
Medical Cover	Yes	No	3	Doctor not necessary, technical race in controlled environment. Hospital nearby.
<b>Signed:</b>	David Burns	<b>Race Secretary</b>	<b>Date:</b>	

*The plan should be discussed on setting up contract with venue and prior to publication of Acceptance Bulletin.  
The document should be agreed and signed by Chief of Race/Medical Director/Chief of Championships plus TD (if applicable).*  
Please email completed forms to sponsoring constituent group.